

CLASS 1 APPRENTICE TRAINING

CHAPTER 11 HOURS OF DRIVING AND REST (Activity Report)



Commission scolaire
de la Rivière-du-Nord



Verify the compliance of an activity report

When analyzing an activity report, it is important to keep in mind the requirements for driving, working, and off-duty hours of a day.

Number of mandatory hours of rest per day:

Maximum number of driving hours per day:

Verify the compliance of an activity report

When analyzing an activity report, it is important to keep in mind the requirements for driving, working, and off-duty hours of a day.

Number of mandatory hours of rest per day: **10**

Maximum number of driving hours per day: **13**

Verify the compliance of an activity report

When analyzing an activity report, it is important to keep in mind the requirements for driving, working and off-duty hours of a day.

Maximum number of working hours per day:

Maximum number of hours elapsed

since the start of the shift:

Verify the compliance of an activity report

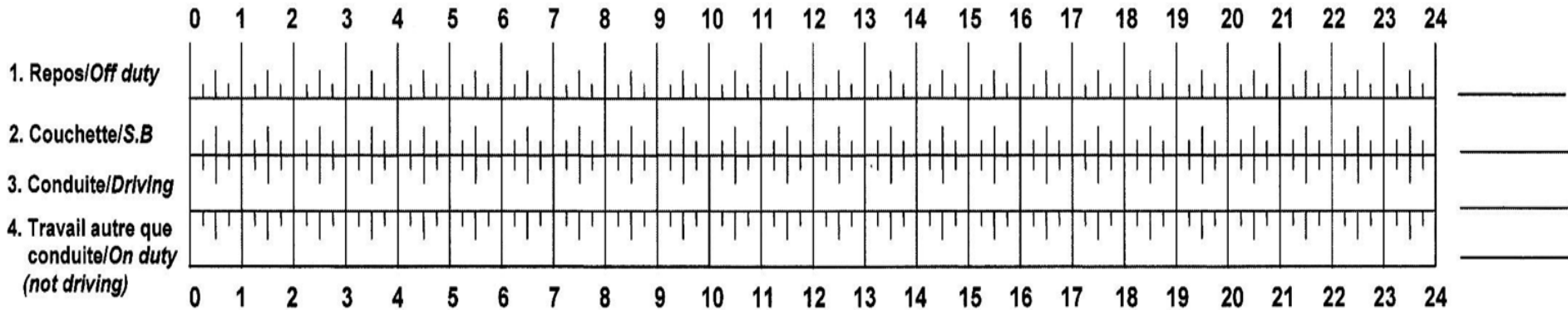
When analyzing an activity report, it is important to keep in mind the requirements for driving, working and off-duty hours of a day.

Maximum number of working hours per day: **14**

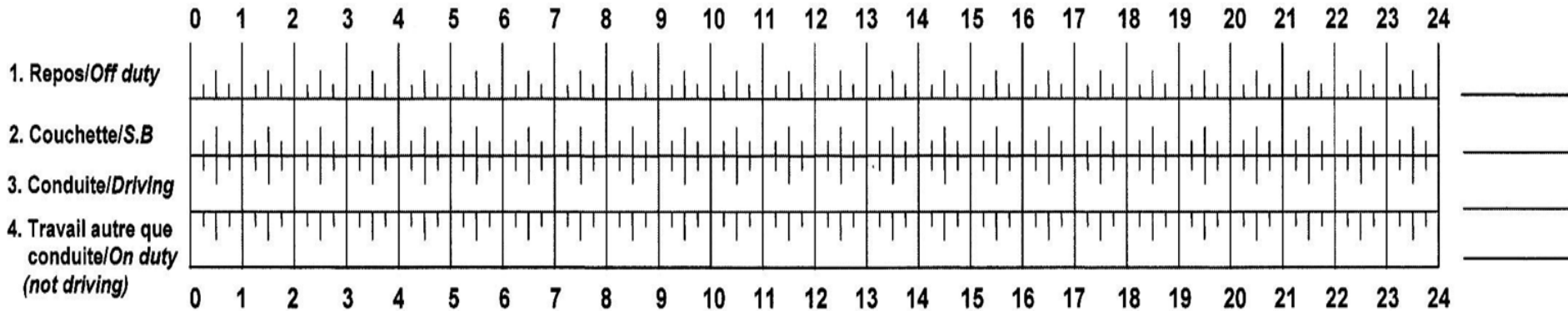
Maximum number of hours elapsed
since the start of the shift:

16

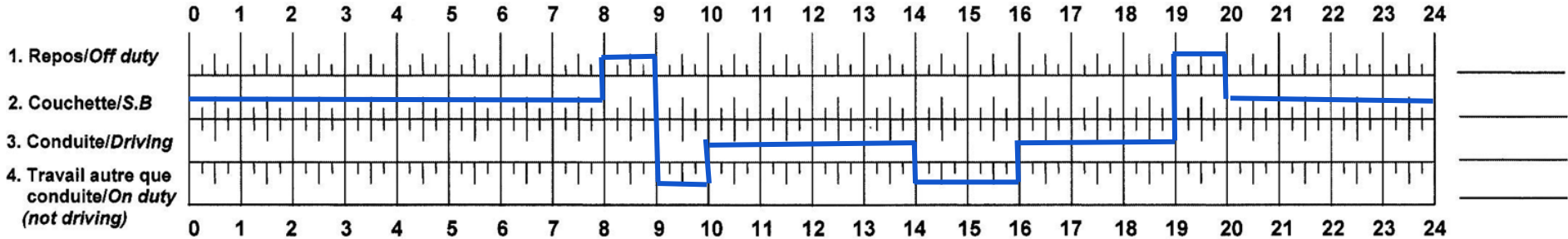
- On line 1: The hours of
- On line 2: The hours of
- On line 3: The hours of
- On line 4: The hours of



- On line 1: The hours of **Off duty**
- On line 2: The hours of **Seat bunk**
- On line 3: The hours of **Driving**
- On line 4: The hours of **On duty (not driving)**



Let's check if this report complies with the regulations.



Minimum daily Off duty hours required:

Sheet :

Maximum daily driving hours:

Sheet :

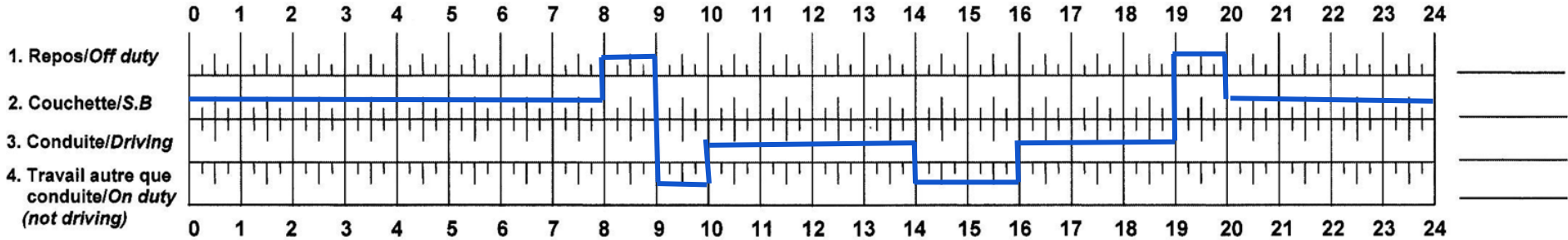
Maximum daily On duty (not drivint) hours:

Sheet :

Maximum time elapsed since the start of the shift:

Sheet :

Let's check if this report complies with the regulations.



Minimum daily Off duty hours required: **10**

Sheet : 2 Off duty + 12 Side Bed = 14 ✓

Maximum daily driving hours: **13**

Sheet : 7 ✓

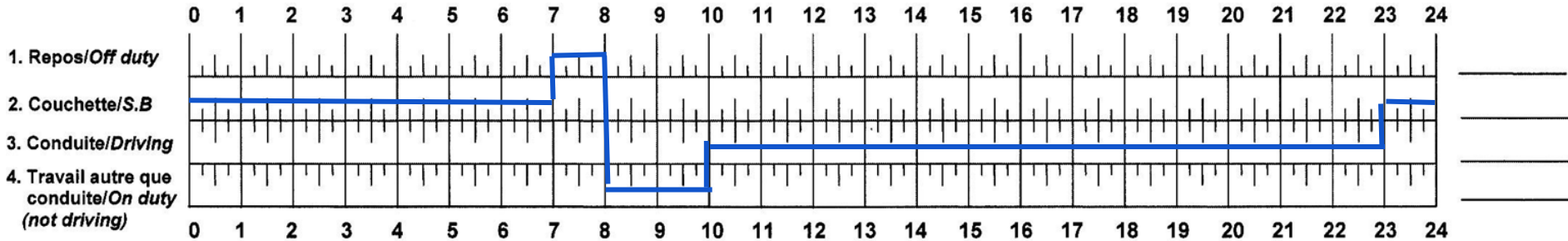
Maximum daily On duty (not drivint) hours: **14**

Sheet : 7 driving et 3 On Duty = 10 ✓

Maximum time elapsed since the start of the shift: **16 Hours**

Sheet : 8 to 20 hours = 12 ✓

Let's check if this report complies with the regulations.



Minimum daily Off duty hours required:

Sheet:

Maximum daily driving hours:

Sheet:

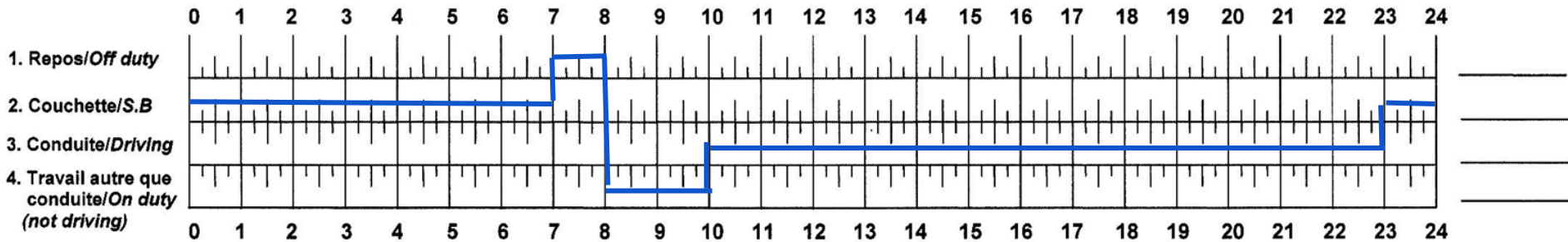
Maximum daily On duty hours:

Sheet:

Maximum time elapsed since the start of the shift:

Sheet:

Let's check if this report complies with the regulations.



Minimum daily Off duty hours required: **10**

Sheet: 1 rest + 8 Side Bed = 9



Maximum daily driving hours: **13**

Sheet: 13



Maximum daily On duty hours: **14**

Sheet: 13 driving and 2 on duty = 15



Maximum time elapsed since the start of the shift: **16 Hours**

Record: 7 to 23 hours = 16



Verify the compliance of an activity report

Don't forget! You must add up the hours of rest and sleeper (lines 1 and 2) to determine the total number of hours of rest. Also, you must add up the driving and working hours (lines 3 and 4) to determine the total number of hours worked.

Verify the compliance of an activity report

Number of mandatory hours of Off duty per day:

Maximum number of driving hours per day:

Maximum number of working hours per day:

**Maximum number of hours elapsed
since the start of the shift:**

Verify the compliance of an activity report

Number of mandatory hours of Off duty per day: 10

Maximum number of driving hours per day: 13

Maximum number of working hours per day: 14

Maximum number of hours elapsed since the start of the shift: 16