

Appendix 2

Procedure – Coupling a semi-trailer

Santé sécurité

During this exercise, it is essential to always apply these basic rules.

- § **Personal protective equipment required:** gloves, bib.
- § **Parking brake:** always make sure you have a parking brake applied before checking the vehicle.
- § **Getting on and off:**
 - ú Use the devices provided for this purpose, where available;
 - ú Always be in front of the vehicle, with three (3) support points;
 - ú Do not jump off the vehicle.
- § **Driving around the vehicle:**
 - ú Rotation, always face danger (e.g. traffic);
 - ú Do not cross under the semi-trailer.
- § **Safety reminder when reversing:**
 - ú Hazard warning lights must be activated
 - ú The left side window must be lowered.
- § **Supply hoses:** connect hoses from the ground, when possible.
- § **Landing gears:** avoid quick movements that could cause back injuries.

These elements are part of the skill to be developed and will be checked regularly throughout your training.

To carry out the coupling, your teacher makes sure that you know and master the knowledge related to the following tasks.

Task-related knowledge	Related knowledge mastered by the student and approved by the teacher
Tractor reversing in front of the semi-trailer	
Knowing how to judge the height of the semi-trailer vs. the fifth wheel	
Knowing the fifth wheel an incorrectly engaged harness	
Distinguishing between types of air suspension activation mechanism	
Correct use of the landing gears: speeds, direction of rotation, positioning of the handle and its storage	
Always apply gloves when performing work outside the truck	
Safely gets on and off vehicles	
Compliance with the steps of the method and 90% verifications	

Step 1: Approach and Coupling

Step 2: Circle check (Part 1)

Step 3: Circle check (Part 2)

Step 4: Interior

Step 5: Documents