



Truck Transportation

Program 5791



Planning a trip

Student's name: _____

860-353

Competency 6

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Competency 6

Information for the trip

Lesson Objectives:

- Understanding competency 6
- Collection of appropriate data in travel documents
- Correctly interpret the dispatcher's instructions regarding the trip to be made

1- Description of competency 6

OBJECTIVE of the competency: To plan an entire trip.

Start date: _____ End date : _____

Competency Element:

You will learn how to collect information about the trip to be made.

Lesson Plan:

Duration:

06.01 - Travel Info

90 min

Competency Element:

You will learn how to search for information on maps, to make the necessary calculations to plan the trip, to determine simple routes, and to understand the way to use the various tools.

Lesson Plans:

Duration:

06.02 - Traditional provincial map and structure of the Quebec road network

180 min

06.03 - Traditional municipal map

150 min

06.04 - Traditional municipal map (*learning assistance*)

30 min.

06.05 - Possibilities of a GPS

30 min

06.06 - Operation of an electronic road map

180 min

06.07 - Traditional national and international maps, operation and information

180 min

06.08 - Preventive recovery 1 of 2

150 min



Competency Element:

You will learn how to collect information about the trip to be made, to search for information on maps, to make the necessary calculations to plan the trip, and to determine routes.

Lesson Plans:

Duration:

06.09 - Planning trips in an urban environment	180 min
06.10 - Planning trips related to competency 8	180 min
06.11 - Planning trips related to competency 9	180 min
06.12 - Planning national trips	180 min
06.13 - Planning international trips	180 min
06.14 - Preventive recovery 2 of 2	180 min
06.16 - Evaluation for completion purposes	180 min
06.17 - Passage at a border crossing	30 min

Evaluation:

Date: _____

Evaluation Strategy: Practical (theoretical) knowledge

Duration: 3 hours

Passing grade: 80%

Students are entitled to their notes and documents. Yes No

Additional lesson plans:

Duration:

06.18 - Recovery	180 min
06.19 - Recovery (continued) and resumption of assessments	180 min

Total number of hours of the competency: 45 hours

You will be able to apply this knowledge during the different practical competencies sessions.



2- Identify the fields in the travel documents (physical or electronic) in which the data relevant to the planning of a trip to be made is located

Collect appropriate data from travel documents

Bill of lading



17 000, rue Aubin
Mirabel (Québec) J7J 1B1
Téléphone : (450) 435-0167
Télécopieur : (450) 435-0933

**CONNAISSANCE NON NÉGOCIABLE NO DE CONN. :
BILL OF LADING NOT NEGOCIABLE B/L No.**

1. Expéditeur ou agent (nom & adresse/Consignor or agent (name & address))		2. No. gds. expéditeur/Consignor's acct. no.		3. Date		5. No. ref. expéditeur/Consignor's ref. no.	
7. Consignataire (nom et adresse/Consignee (name & address))		5. Nom du transporteur/Name of carrier		6. No. ref. transporteur/Carrier's ref. no.		Nir : R-543051-8	
3. Partie à notifier - Courtier en douane/Notify party - Customs broker*		8. Reçu au point d'origine, à la date et de l'expéditeur mentionné aux présentes les marchandises ci-après décrites en bon état apparent (le contenu des colis et sa condition étant notamment marquées, contremarquées et destinées tel que ci-après mentionné, que le transporteur consent à transporter et à délivrer à leur consignataire au point de destination si ce point se trouve sur la route qu'il est autorisé à desservir, sinon à faire transporter et à délivrer par un autre transporteur autorisé à se faire et ce, aux frais et à la classification en vigueur à la date de l'expédition. It est mutuellement convenu que chaque transporteur transportera les marchandises en tout et en partie sur le parcours entier ou une portion quelconque de celui-ci jusqu'à destination et que tout intéressé à ladite expédition pour tout service à effectuer en vertu des présentes, est sujet à toutes les conditions imprimées ou écrites non prohibées par la loi, incluant les conditions contenues au verso des présentes qui sont acceptées par l'expéditeur pour lui-même et ses ayants droit. Received at the point of origin on the date specified, from the consignor mentioned herein, the property herein described, in apparent good order, and as noted (conditions and contents of packages checked/inspected, weighed and declared as indicated below, which the carrier agrees to carry and to deliver to the consignees at the said destination, if on its own authorized route or otherwise to cause to be carried by another carrier on the route to said destination, subject to the rates and classification in effect on the date of shipment. It is mutually agreed, as to each carrier of all or any portion of the route to destination, and as to each party of any time interested in all or any of the goods, that every service to be performed hereunder shall be subject to all the conditions not prohibited by law, whether printed or written, including conditions on back hereof, which are hereby agreed by the consignor and accept for himself and his assigns.					
10. Point d'origine/Point of origin		19. VALEUR DÉCLARÉE / DECLARED VALUATION Responsabilité maximum de 4.415 par kilogramme selon le poids total de l'expédition à moins qu'une valeur supérieure n'ait été déclarée au verso par l'expéditeur (Conditions 9 et 10 au verso). Maximum liability of 4.415 per kilogram, depending on the total weight of the shipment, unless the shipper has declared a higher value on the front of the bill of lading (Conditions 9 and 10 back).					
11. Et/ Destination and		13. Marques et numéros? / Marks & numbers*		14. Nombre(s) total de colis? / Total no. of packages*		15. Description générale de l'expédition? / General description of shipment*	
				16. No. du véhicule? / Vehicle no.?		17. Poids brut et volume? / Total weight & volume*	
N.B. Assurez-vous de remplir les cases 3-16-18-19-20-33.							
16. Nombre et type de paquets? / Number and type of packages		18. Description des marchandises et particularités? / Particulars of goods, marks and exceptions		20. Poids/Weight		21. Taux/Tariff	
						22. Montant/Amount	
						23. FRAIS DE TRANSPORT? / FREIGHT CHARGES À percevoir/Collect <input type="checkbox"/> Payés d'avance / Prepaid <input type="checkbox"/> Les frais seront à percevoir à moins d'être payés d'avance / Freight charges will be collect unless market prepaid	
						24. Si au risque de l'expéditeur, réexpédier ou si au risque du consignateur, écrire ou stamp here	
						25. Envois contre remboursement / C.O.D. SHIPMENT Frais de recouvrement / Collection charges: À percevoir/Collect <input type="checkbox"/> Payés d'avance / Prepaid <input type="checkbox"/> Montant/Amount <input type="text"/>	
						26. Entente spéciale entre l'expéditeur et le transporteur, y faire référence / Special agreement between consignor & carrier, advise here	
						27. AVIS DE RÉCLAMATION a) L'expéditeur est responsable de pertes, de dommages ou de retards aux marchandises transportées qui sont décrites au connaissement, qu'à la condition qu'un avis écrit précisant l'origine des marchandises, leur destination, la date d'expédition et le montant approximatif réclamé en réparation de la perte, des dommages ou du retard ne soit signifié au transporteur initial ou au transporteur de destination, dans les quarante (40) jours suivant la date de la livraison des marchandises ou dans le cas de non livraison, dans un délai de neuf (9) mois suivant la date de l'expédition. b) La présentation de la réclamation faite accompagnée d'une preuve du paiement des frais de transport doit être soumise au transporteur dans un délai de neuf (9) mois suivant la date de l'expédition. NOTICE OF CLAIM a) The carrier is liable for loss, damage or delay to any goods carried under the Bill of Lading unless a notice therefor setting out particulars of the origin, destination and date of shipment of the goods and the estimated amount claimed in respect of such loss, damage or delay is given in writing to the originating carrier or the delivering carrier, within sixty (60) days after the delivery of the goods or, in the case of failure to make delivery, within nine (9) months from the date of shipment. b) This final statement of this claim must be filed within nine (9) months from the date of shipment together with a copy of the paid freight bill.	
						28. Total <input type="text"/>	
						29. Au-delà? / Beyond? <input type="text"/>	
						31. Autres (spécifier)? / Others (specify)? <input type="text"/>	
N.B. VEUILLEZ PRENDRE CONNAISSANCE DES CONDITIONS AU VERSO, QUI SONT ACCEPTÉES PAR LES PRÉSENTES! / N.B. NOTE CAREFULLY CONDITIONS ON BACK HEREOF WHICH ARE HEREBY ACCEPTED							
32. Expéditeur/Consignor		33. Transporteur/Carrier		34. Consignataire/Consignee		35. Total des frais? / Total charges* <input type="text"/>	
Date* <input type="text"/>		Date* <input type="text"/>		Date* <input type="text"/>		Par/Per <input type="text"/>	
Par/Per <input type="text"/>		Par/Per <input type="text"/>		Par/Per <input type="text"/>		Par/Per <input type="text"/>	

* Information facultative / Optional information

Find information on travel documents

Shipper: the person who sends something, who has sent it on his or her own behalf or on behalf of someone else.

Consignee: a person who is entrusted with goods either to keep them in deposit or to distribute them.

Additional information: exact time and date at which the delivery has to be made. The time indicated may sometimes be a walk-in period, so you will have at your disposal the range of reception hours.

Content of the load: number of pallets or packages, description of the goods, weight of the goods.

Expéditeur



17 000, rue Aubin
Mirabel (Québec) J7J 1B1
Téléphone : (450) 435-0167
Télécopieur : (450) 435-0933

CONNAISSEMENT NON NÉGOCIABLE NO DE CONN. : BILL OF LADING NOT NEGOCIABLE B/L No.

1. Expéditeur ou agent (nom & adresse)/Consignor or agent (name & address) Abitibi Consolidated 123 rue du papier Saguenay, QC		2. No cpts expéditeur/Consignor's acct. no.	3. Date	3. No ref. expéditeur/Consignor's ref. no.
7. Consignataire (nom et adresse)/Consignee (name & address) Midland Farms, Inc. 375 Broadway, Menands, NY, États-Unis		5. Nom du transporteur/Name of carrier		6. No ref. transporteur/Carrier's ref. no. Nir : R-543051-8
8. Reçu au point d'origine, à la date et de l'expéditeur mentionné aux présentes les marchandises ou après dicelles en bon état apparent (En contenu des cotes et sa condition étant inconnues, corrigées et dérivées tel que ci-après mentionné, que le transporteur consent à transporter et à délivrer à leur consignataire au point de destination si ce point se trouve dans le territoire du Canada.) I hereby acknowledge that the goods mentioned herein are presented to me at the place and date specified, and that I have received them in apparent good order, except as noted (contents and conditions of contents of package unknown) marked, consigned and delivered as indicated above, which the carrier agrees to carry and to deliver to the consignees at the said destinations, if on its own authorized route or otherwise to be carried by another carrier on the route to said destination, subject to the rates and classification in effect on the date of shipment. Il est mutuellement convenu que chaque transporteur transportera les marchandises en tout et en partie sur le parcours entier ou une portion quelconque de celui-ci jusqu'à destination et que tout intéressé à ladite expédition pour tout service à effectuer en vertu des présentes est sujet à toutes les conditions imprimées ou écrites non prohibées par la loi, incluant les conditions contenues au verso des présentes qui sont acceptées par l'expéditeur pour lui-même et ses agents. Received at the point of origin on the date specified, from the consignor mentioned herein, the property herein described, in apparent good order, except as noted (contents and conditions of contents of package unknown) marked, consigned and delivered as indicated above, which the carrier agrees to carry and to deliver to the consignees at the said destinations, if on its own authorized route or otherwise to be carried by another carrier on the route to said destination, subject to the rates and classification in effect on the date of shipment. It is mutually agreed, as to each carrier of all or any of the goods, that every service to be performed hereunder shall be subject to all the conditions not prohibited by law, whether printed or written, including conditions on back hereof, which are hereby agreed by the consignor and accept for himself and his assigns.				
9. Partie à notifier - Courrier en douane/Notify party - Customs broker		10. Point d'origine/Point of origin		
11. Et route/Destination and		12. VALEUR DÉCLARÉE / DECLARED VALUATION Responsabilité maximum de 4.41\$ par kilogramme selon le poids total de l'expédition à moins qu'une valeur supérieure n'ait été déclarée au verso par l'expéditeur (Conditions 9 et 10 au verso). Maximum liability of 4.41\$ per kilogram, depending on the total weight of the shipment, unless the shipper has declared a higher value on the front of the bill of lading (Conditions 9 and 10 back).		
13. Marques et numéros? / Marks & numbers?		14. Nombre total de colis? / Total no. of packages?	15. Description générale de l'expédition? / General description of shipment?	16. No. de véhicule? / Vehicle no.?
17. Poids brut et colisage? / Total weight & collage?		23. FRAIS DE TRANSPORT? / FREIGHT CHARGES À percevoir/ Collect <input type="checkbox"/> Payés d'avance / Prepaid <input type="checkbox"/> Les frais seront à percevoir à moins d'être cotés! / Freight charges will be collect unless a market prepaid		
18. Nombre et type de paquets? / Number and type of packages		19. Description des marchandises et particularités? / Particulars of goods, marks and exceptions	20. Poids/Weight	21. Taux/Rate
22. Montant/Amount		24. Si au risque de l'expéditeur, indiquez-le ici / If at consignor's risk, write or stamp here		
25. Envois contre remboursement? / Collection charges		26. Entente spéciale entre l'expéditeur et le transporteur, y faire référence / Special agreement between consignor & carrier, advise here		
27. AVIS DE RÉCLAMATION a) Le transporteur n'est responsable de pertes, de dommages ou de retards aux marchandises transportées qui sont déclarés au connaissement, qu'à la condition qu'un avis écrit précisant l'origine des marchandises, leur destination, leur date d'expédition et le montant approximatif réclamé en réparation de la perte, des dommages ou du retard ne soit signé au transporteur initial ou au transporteur de destination, dans les soixante (60) jours suivant la date de la livraison des marchandises ou dans les cas de non-livraison, dans un délai de neuf (9) mois suivant la date de l'expédition. b) La présentation de la réclamation finale accompagnée d'une preuve de paiement des frais de transport doit être soumise au transporteur dans un délai de neuf (9) mois suivant la date de l'expédition.		NOTICE OF CLAIM a) No carrier is liable for loss, damage or delay to any goods carried under the Bill of Lading unless notice thereof setting out particulars of the origin, destination and date of shipment of the goods and the estimated amount claimed in respect of such loss, damage or delay is given in writing to the originating carrier or the delivering carrier, within sixty (60) days after the delivery of the goods or, in the case of failure to make delivery, within nine (9) months from the date of shipment. b) The final statement of the claim must be filed within nine (9) months from the date of shipment together with a copy of the paid freight bill.		
28. Frais de recouvrement/Collection charges		29. Total		
A percevoir/Collect <input type="checkbox"/>		A l'arrivée/Inbound? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Au-delà/ Beyond? \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
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28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
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Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
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A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
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A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
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A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		
Payés d'avance / Prepaid <input type="checkbox"/>		Total \$		
Montant/Amount		31. Autres précisions? / Others (specify)?		
C. \$		Total des frais? / Total charges? \$		
O. \$		Total \$		
28. Frais de recouvrement/Collection charges		31. Autres précisions? / Others (specify)?		
A percevoir/Collect <input type="checkbox"/>		Total des frais? / Total charges? \$		

From a fleet management system

You will receive information that is on the bill of lading as well as some additional information that will be important to the smooth running of your trip.

3- Identify some of the instructions that a dispatcher can give

Instructions from a dispatcher are normally sent to the driver electronically. Sometimes, though, you will receive an assignment on paper and, occasionally, you will receive one verbally. These instructions will be the following: the date, the address of the shipper and the consignee, the description of the shipment, and the deadline for the delivery. But unlike the bill of lading, the electronic information will include additional information such as the number of miles paid for the trip, information related to customs, GPS coordinates and any other specific information needed.



Complete this questionnaire during or after the viewing of the video related to the dispatcher.

1. What systems does the dispatcher use to communicate with long haul drivers? (check one or more answers)
 - Isaac
 - Mike
 - Phone
 - In person

2. What macro should a driver send to the dispatcher once the delivery is made? (check the right answer)
 - Departure from customs
 - Departure from the shipper's site
 - Arrival at the consignee's site
 - Departure from the consignee's site
 - Arrival at the shipper's site

3. In which city and State must Alain, the driver, make his delivery according to the assignment received from the dispatcher? (check the right answer)
 - Archdale NC
 - Glendale AZ
 - Allandale PA
 - Allentown PA
 - Stokesdale NC

4. Only _____ truck(s) can deliver their cargo at the same time to a customer? (check the right answer)
 - 1 truck (mine)
 - 2 trucks
 - 3 trucks
 - 4 trucks

5. What is the appointment time on Monday for the delivery? (check the right answer)
 - 7 h
 - 8 h
 - 9 h
 - 10 h

A driver's point of view!

Questionnaire to be taken during or after the viewing of the driver's video.

1. Nowadays, how does the dispatcher communicate with the drivers for the Friday assignment? (check the right answer)
 - Isaac
 - In person
 - By phone
 - By fax

2. How many cities will the driver have to list to explain how the assignment of trip choices is done in the context of the beginning of the week assignment?
 - 1
 - 2
 - 3
 - 4
 - 5

3. When the driver shows us his last trip on Isaac, what will be the last information to have been transmitted? (check one or more answers)
 - Shipper's address
 - Customs information
 - Instructions
 - Consignee's address

During your training at the CFTR, your teachers will take on the role of a company dispatcher.

It will then be very important (as important as in a real company context) to listen carefully, and then interpret and retain all the instructions provided by him.

Whether it's to make a delivery trip or as a training instruction, this is part of the skills of a good truck driver.

Your teachers represent your future employers!



6.1)



Competency 6

Traditional provincial map and structure of the Quebec road network

Lesson Objectives:

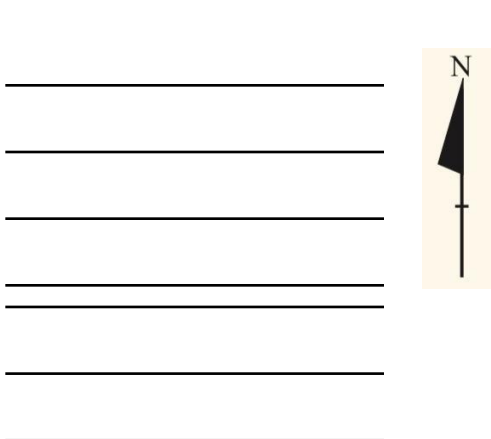
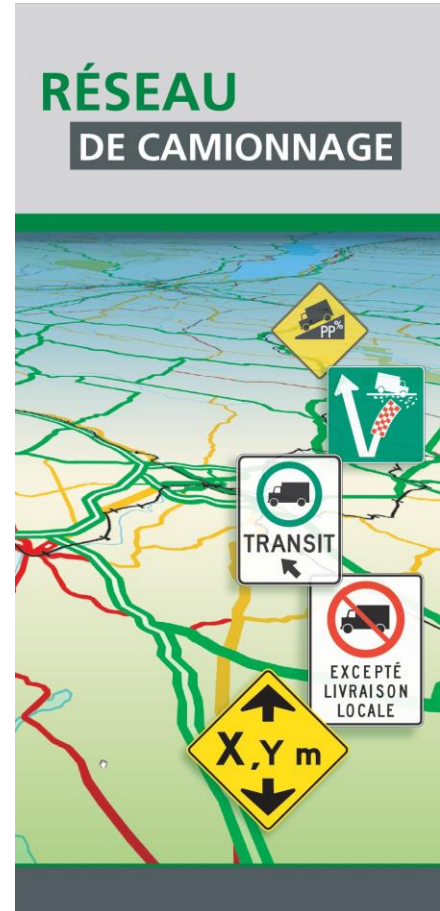
- Know how a traditional provincial map works
- Correctly estimate the distance
- Determine a route between two locations
- Know the structure of the Quebec road network

The map used for this lesson is the Quebec trucking network map.

1. Establish the cardinal points

As a guiding system, the cardinal points are used on road maps. These maps display a compass rose to indicate where true north is located. Usually, north is located towards the top of the map. The four axes are: north, south, east and west.

However, in relation to the Quebec road network, the wind rose is slightly shifted. The St. Lawrence River is the reference and represents the east-west axis.



Types of roads on the map

CLASSIFICATION DU RÉSEAU DE CAMIONNAGE

Routes de transit
Routes dont l'accès est autorisé à tout véhicule lourd. Ces routes comportent un minimum de restrictions à la circulation des véhicules lourds.
Note : Le niveau de restriction minimale pour le camionneur sur ce réseau fait en sorte que ce dernier devrait être incité à l'emprunter le plus souvent possible.

Routes restreintes
Routes dont l'accès est autorisé à tout véhicule lourd. Ces routes comportent certaines restrictions à la circulation des véhicules lourds.
Exemple : Pont et viaduc faisant l'objet d'une restriction de charge, viaduc de faible hauteur, pente raide, route sinueuse et étroite, etc.

Routes interdites partiellement
Routes dont l'accès est interdit partiellement aux véhicules lourds. Les caractéristiques motivant une telle classification peuvent concerner :
-des périodes d'interdiction (heures, jours);
-une limite en ce qui a trait au nombre d'essieux autorisé;
-une limite en ce qui concerne le poids des véhicules (tonnage);
-une limite concernant la longueur des véhicules autorisés à circuler sur le chemin à codifier.

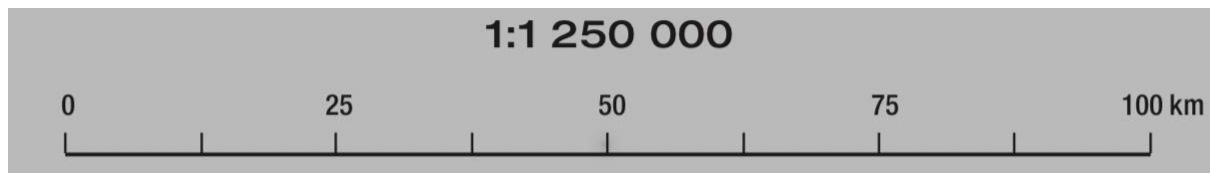
Routes interdites
Routes dont l'accès est interdit aux véhicules lourds. Des exceptions sont prévues essentiellement pour les besoins de transport local. Ces routes comportent de nombreuses restrictions à la circulation des véhicules lourds.
Note : Ces routes sont identifiées par le panneau de signalisation « Accès interdit aux véhicules lourds » auquel est joint un panneau « Excepté livraison locale ».

Autres routes ou chemins
Routes ou chemins non classifiés.

3. Determine distances accurately

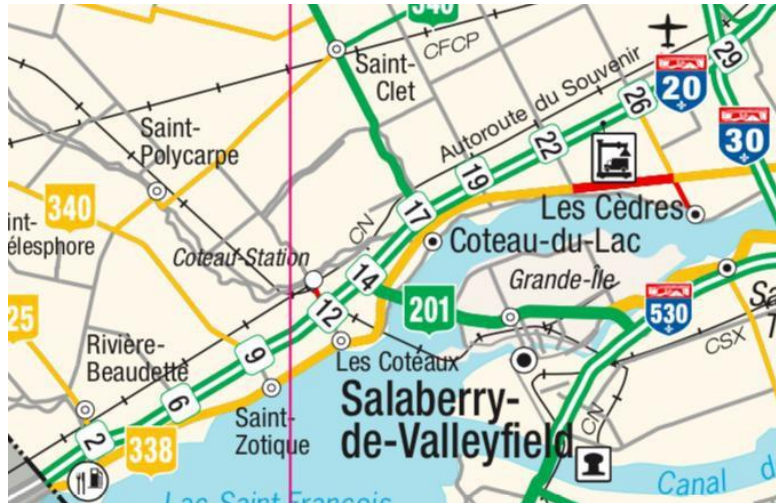
Here are the tools that are available to you to determine a distance on a map.

Scale



Exit numbers on highways

There is another way to determine the distance between two points. In Quebec, highway exit numbers represent the distance from the beginning of the highway. Even-numbered highways start in the west of the province and odd-numbered highways start in the south. Thus, the distance in kilometres increases from the west to the east and from the south to the north.



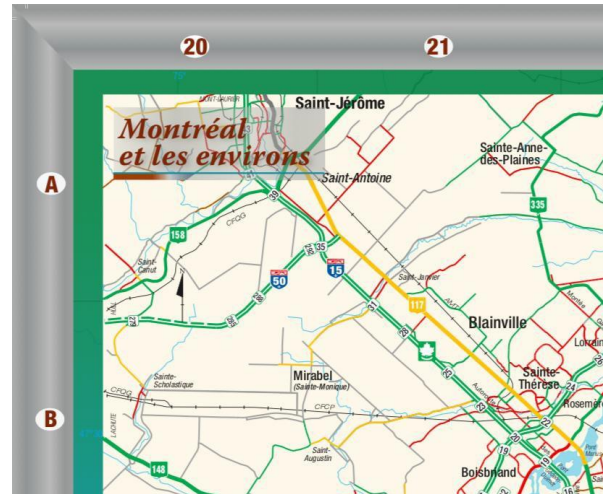
4. Locate places on the map

The index

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
...

Coordinates

Maps are divided into squares to make it easier to locate various points. Vertically, we see letters, and horizontally, numbers. The combination of the letter and the number (the coordinate) forms a square.



5. Make appropriate choices of routes between two locations

Simple steps to establish an optimal journey:

Example: From Drummondville to Saint-Denis-de-Brompton

- Identify the place of departure and arrival.
 - Find the information needed.
 - Find the locations with the help of the coordinates.
- Determine the route.
 - Draw an imaginary line between these two points.
 - Locate the main roads (give preference to highways in your choice)
 - Analyze constraints (tolls, restrictions, rush hours, etc.).
- Write the route to follow.

Step 1	On the 55 south, take exit 58 towards route 222 west.
Step 2	

6. The structure of the Quebec road network and the provincial map

Orientation (with the St. Lawrence River as the point of reference)

- The even number: east-west axis.



- The odd number: north-south axis.



Different types of roads

National roads

- The prefix is 1.



Regional roads

- The prefix is 2 (south of the river).



- The prefix is 3 (north of the river).



Highways: the symbol with the drawing of a highway in red and its number in blue.



Diversionsary (bypass) highways



- The hundreds digit is even (4 and more).
- It is used to bypass a major element (example: the city of Montréal).

Collector highways

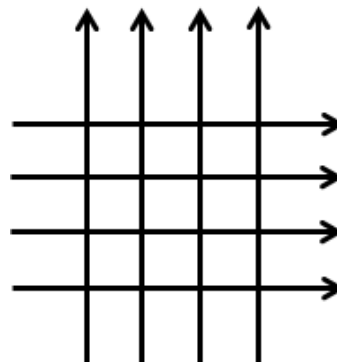
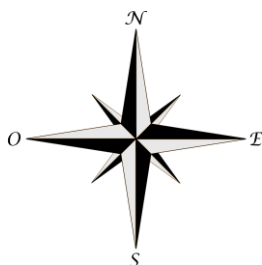


- The hundreds digit is odd (5 and more).
- It is used to connect to a center of interest (e.g. the downtown area of a city and a highway).

Layout of roads and highways in the province

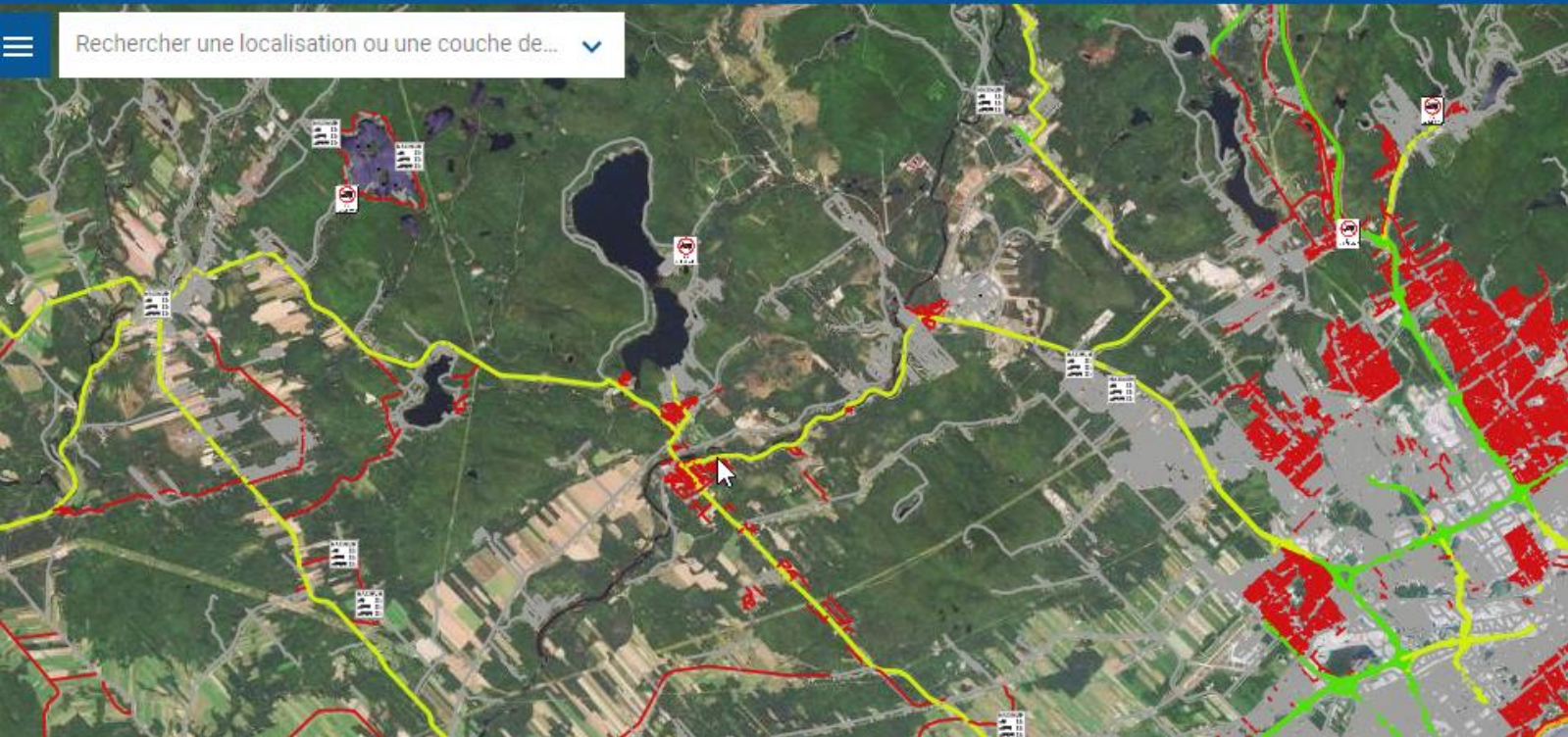
Numbered routes of the same type are in ascending order:

- From the west to the east;
- From the south to the north.



Interactive (dynamic) map of the Quebec trucking network

https://geoegl.msp.gouv.qc.ca/igo2/apercu-qc/?context=mtq&zoom=11¢er=-71.33426223996061,46.7943085758472&visiblelayers=aq_camion,pes_v_limtn_charg,satellite&invisiblelayers=*



Simple trip planning exercise with the Quebec trucking network map

Trip from Matane (QC) to New Carlisle (QC)

Trip planning document	
Municipality of departure:	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Step 12	
Municipality of arrival:	
Travel distance:	

1.1 How to navigate the map

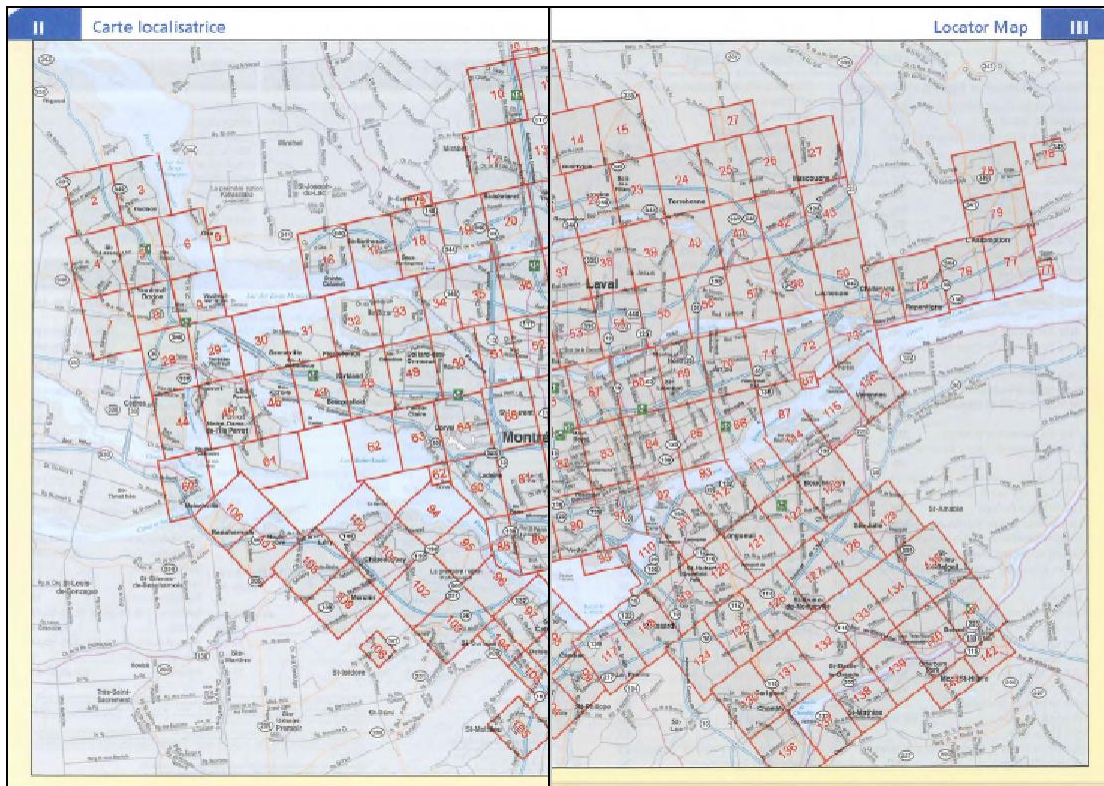
Contenu (Table des matières)

The sections of the map that are most useful to you.

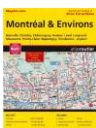
→	Légende	Face interne de la couverture
→	Carte localisatrice	II–III
→	Liste composante	IV–VII
→	Plan du métro	VII
→	Carte régionale	VIII–XI
→	Montréal Centre-ville	XII–XV
→	Carte des codes postaux	XVI–XIX
→	Plans des villes	2–142
→	Index de rue	143–209
→	Tableau des distances	214

2 Locate places and addresses on the map

2.1 Locator Map

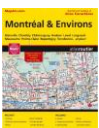
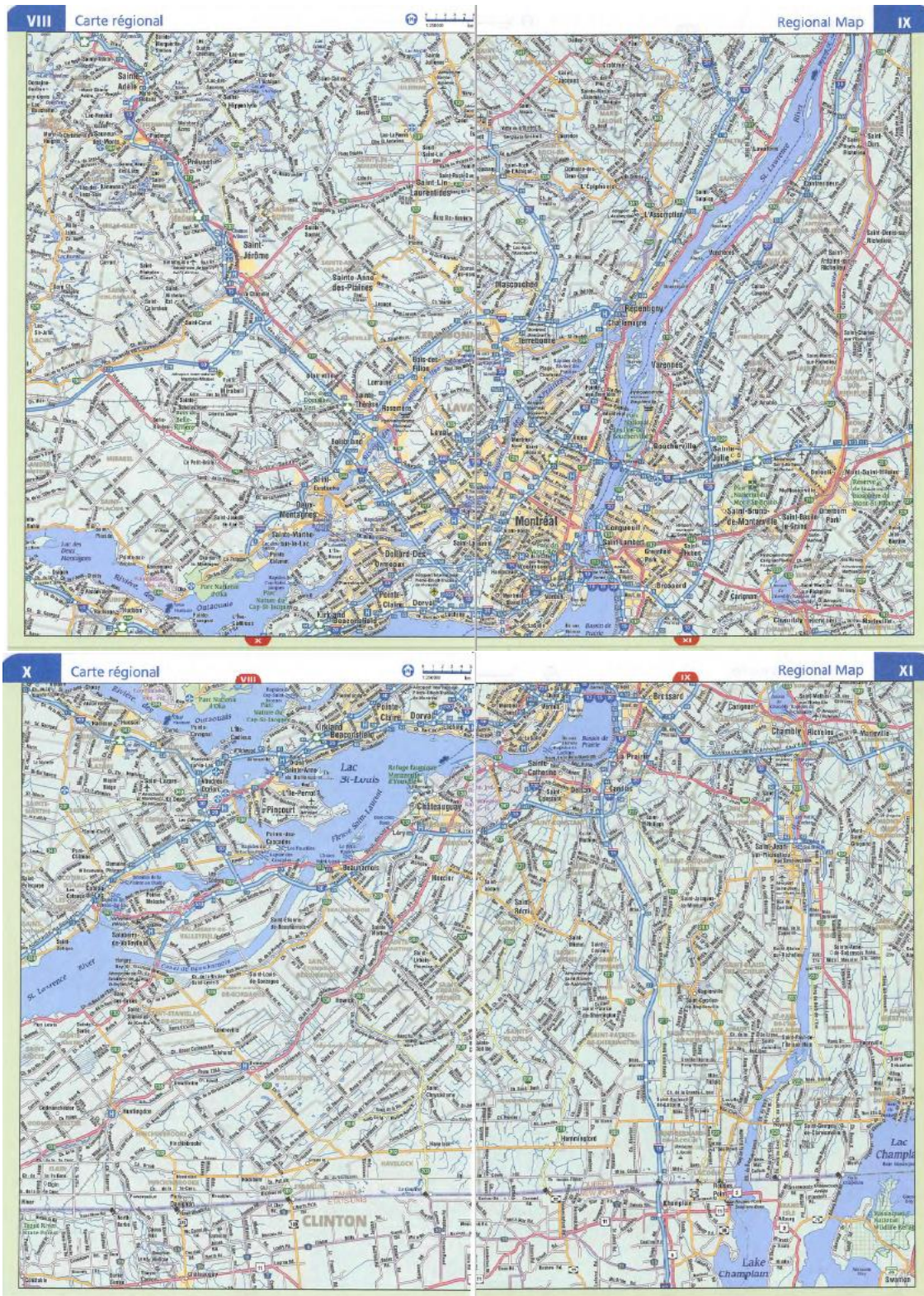


Notes:



2.2 Regional map

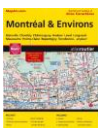
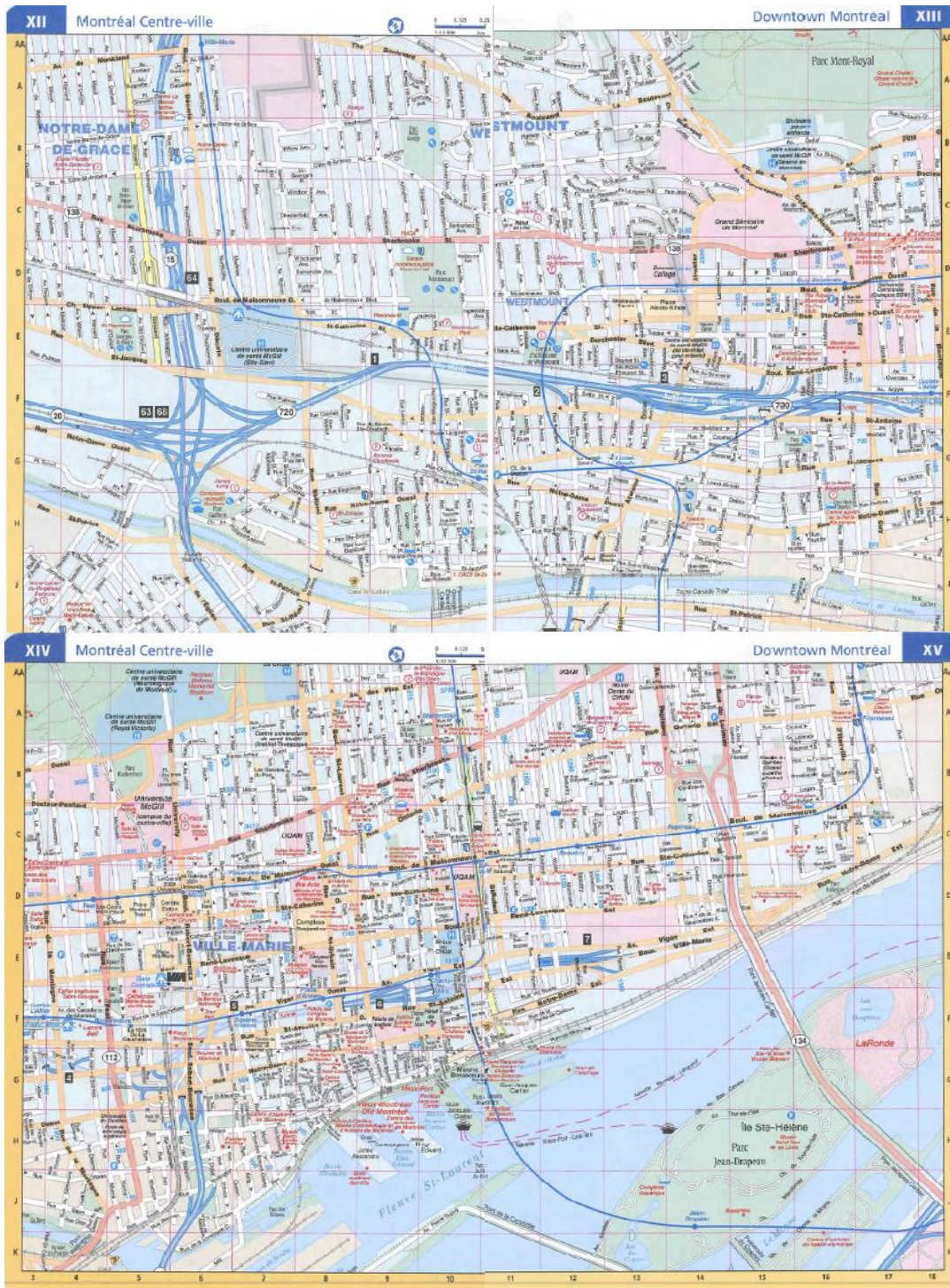
This map, which is not listed in the index, shows an enlargement of Montréal-Nord and the south of Montréal.



(6.3)

2.3 Map of downtown Montréal

This map, which is listed in the index, provides a more accurate enlargement of downtown Montréal in the north and downtown Montréal in the south.

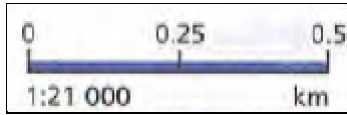


(6.3)

3. Determine distances accurately

When you need to determine a distance on this map, here are the tools at your disposal.

Scale



Distance chart

214 Tableau des distances / Québec Distance Chart

From/To	Baie-Comeau	Drummondville	Gaspé
Baie-Comeau	0	575	337
Drummondville	575	0	869
Gaspé	337	869	0

Notes:

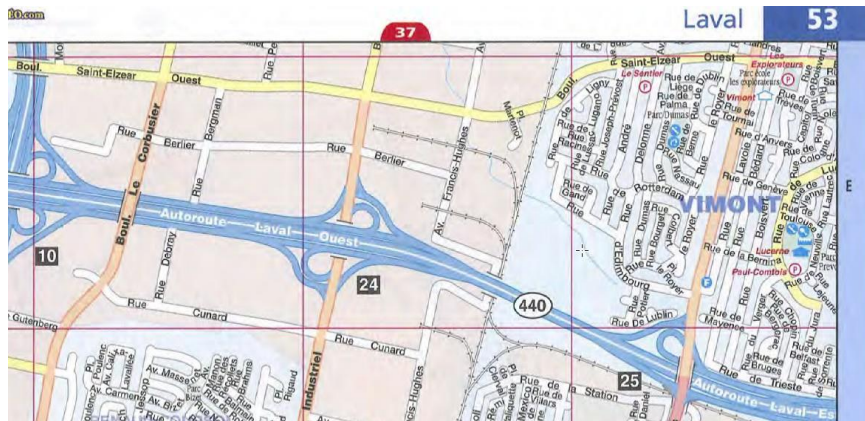
	Baie-Comeau	Drummondville	Gaspé
Baie-Comeau	0	575	337
Drummondville	575	0	869
Gaspé	337	869	0



(6.3)

3.1 Exit numbers on highways

Determine the distance between two points when they are connected by a highway. Similarly, the other maps show highway exit numbers representing the distance from the exit to the beginning of the highway.



4. Make appropriate route choices between two addresses

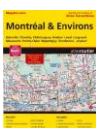
Here, we use the same steps as the ones used for a provincial map, as they are mentioned above.

- Identify the place of departure and arrival.
- Determine the route.
- Write the route to follow.

The big difference is in the method to be used between two ADDRESSES instead of two CITIES or VILLAGES.

The principles still apply:


- Follow a straight line as closely as possible between the two points using major roads to determine the route.
- When writing your route, note the landmarks for each step (turns, highway entrances and exits, etc.) to be followed.

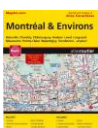


Exercise 1 PLANNING A TRIP

For this exercise, you will need the municipal map of Montréal & area.

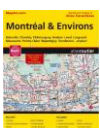
Here is your delivery ticket.

 17000 RUE AUBIN MIRABEL, QC J7J 2B1	ORIG. DEST	DATE A.Y. MO. J.D.	N° FACTURE FRET FREIGHT BILL NO.	PAGE
	Terrebonne-Laval	Aujourd'hui		
EXPÉDITEUR - SHIPPER		CONSIGNATAIRE - CONSIGNEE		CONNAISSEMENT - B/L
Les Entrepôts A.B. Inc 61 rue Théodore-Viau, Terrebonne, QC		Canarm 2555 rue Bernard Lefebvre, Laval Est, QC H7C 0A5		
REÇU DE - RECEIVED FROM			UNIT #	CARGO #
			CUEIL. #	
QUANT.	DESCRIPTION	POIDS - WEIGHT	TAUX - RATE	FRAIS - CHARGES
24	Return of damaged furniture	20 000 kg		
INFORMATION SUPPLÉMENTAIRE			TAXE	
			VEUILLEZ PAYER CE MONTANT PLEASE PAY THIS AMOUNT	



(6.3)


Trip planning document	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Step 12	
Step 13	
Step 14	
Step 15	
Name and address of the destination	CANARM 2555 Bernard-Lefebvre Street, Laval Est (QC)



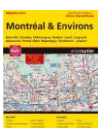
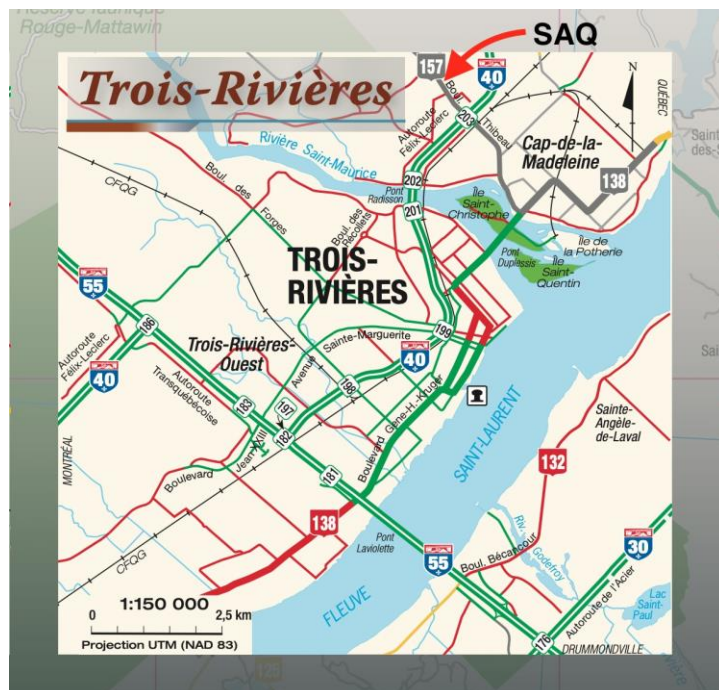
Exercise 2 PLANNING A TRIP

For this exercise, you will need the municipal map of Montréal and the Quebec trucking network map.

Here is your delivery ticket.

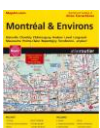
 17000 RUE AUBIN MIRABEL, QC J7J 2B1		ORIG. DEST	DATE A.Y. MO. J.D.	N° FACTURE FRET FREIGHT BILL NO.	PAGE
		Trois-Rivières-Montréal	Aujourd'hui		
EXPÉDITEUR - SHIPPER		CONSIGNATAIRE - CONSIGNEE		CONNAISSEMENT - B/L	
SAQ 635 Blvd. Thibeau (route 157), Trois-Rivières, QC.		Bureau en gros 3660 Blvd. de la Côte-Vertu, Saint-Laurent, QC.			
REÇU DE - RECEIVED FROM				UNIT # CARGO # CUEIL. #	
QUANT.	DESCRIPTION	POIDS - WEIGHT	TAUX - RATE	FRAIS - CHARGES	
4	Return of damaged furniture	500 kg			
INFORMATION SUPPLÉMENTAIRE				TAXE	
				VEUILLEZ PAYER CE MONTANT PLEASE PAY THIS AMOUNT	

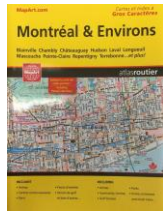
Enlargement – Trois-Rivières
Trucking network map. Starting point: SAQ.



(6.3)

Trip planning document	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Step 12	
Step 13	
Step 14	
Step 15	
Name and address of the destination	Wholesale Office 3660 de la Côte-Vertu Blvd., Saint-Laurent, QC.





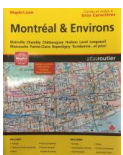
Competency 6

Traditional Municipal Maps

Lesson Objectives:

- Know how a municipal map works
- Establish a simple route

The content of this lesson is primarily designed so as to complete the learning assistance assessment related to Lesson 6.3 on traditional municipal maps.





Competency 6

Possibilities of a GPS with truck specific applications

Lesson Objective:

- Know the possibilities and functionalities of a GPS tool in the planning of a trip with a truck

Benefits and uses

The main uses and functionalities of a GPS are, among other things: to calculate time and distance, to determine the moment of arrival and to set the particularities related to the transportation assignment to be carried out.

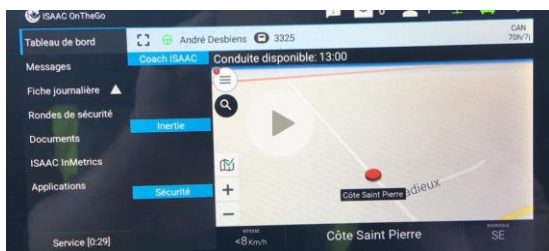
Most devices provide the same information, both at the start of the trip.

Devices designed specifically for trucks will take into account roads that are off-limits to trucks, **but** with large gaps. They give you the opportunity to change the information specific to your transportation situation. These devices will take this information into account when choosing the routes they offer you. They can also give you information about the current and remaining hours of service and rest depending on the regulations you choose in the settings.

Examples of this particular information are:

1. Your vehicle's total loaded mass (TLM);
2. The dimensions of your vehicle(s);
3. The content of the goods, which influences the routes to be taken; for example, the transportation of dangerous goods requiring specific plates.

[Click on this link](#)



Generally speaking, once you have given the device the signal to start the trip, the information provided at departure and on the road are the following:

1. The time of arrival at your destination. This information will be useful, for example, to inform your customers or your dispatcher of the arrival time if they want to know;
2. The current time according to the time zone where you are located;
3. The total distance to reach the destination;
4. The distance to the next highway, road or street junction to be taken to continue the route;
5. The speed at which you are driving and the speed limit in the area where you are located;
6. The road you are driving on in real time, as well as the direction you are going;
7. The image configuration of the road ahead.

All this information and the settings of these devices are obviously advantages for you.

Disadvantages

Many people think that these devices are foolproof.

MISTAKE!

Even if the device is specially designed for trucks, it remains a database that establishes a proposed route for you.

The information in this database must still be inserted manually. It is not uncommon for authorities not to inform the supplier of your device of possible changes. It is also possible for the information to be transferred or interpreted incorrectly.

Moreover, it is not simply a matter of entering the address of your destination and starting the navigation function when using such a device. It is important to set up the route yourself. This does not mean copying the details given by Google Maps as information when the device suggests a route, but rather using the device as a tool and not as an absolute authority. In short, you must be well prepared.



(6.5)

Recommended working method

You need to analyze the roads you will take on your trip.

← from 17000 Rue Aubin, Mirabel, QC J7J 1B1
to Saint-André-d'Argenteuil, Quebec J0V 1X0

33 min (41.7 km)

via A Guy-Lafleur
Fastest route now due to traffic conditions

17000 Rue Aubin
Mirabel, QC J7J 1B1

- > Follow Bd du Curé-Labelle S/QC-117 S to A Guy-Lafleur
6 min (3.3 km)
- > Follow A Guy-Lafleur to Av. Béthany in Lachute. Take exit 260 from A. 50 O
19 min (31.7 km)
- > Take CH Côteau Des Hêtres to Rue du Souvenir in Saint-André-d'Argenteuil
7 min (6.7 km)

Saint-André-d'Argenteuil
Quebec J0V 1X0

Example: 117 north, 50 west, 327 north.

Centre de formation professionnelle Performance Plus

3,3 ★★★★★ (3)
Centre d'éducation des adultes

Itinéraires Enregistrer À proximité Envoyer vers votre téléphone Partager

462 Avenue d'Argenteuil, Lachute, QC J8H 1W9
JM02+FX Lachute, Québec
cfppperformanceplus.com
(450) 566-7587

Map showing route: Centre de formation professionnelle Performance Plus → Mirabel → Saint-Jérôme → Lac-Massie → Lac-Hughes → Wentworth.

Then, you can program/set up a GPS when preparing for a trip.



(6.5)

What does programming/setting up mean?

1. Enter the destination address.

[Click on this link](#)



2. Analyze the route proposed by the GPS.
3. Compare it with **your** route.
4. If necessary, change the GPS route to match the route you set.

[Click on this link](#)



5. Finally, press the "Start" or "Browse" button.

[Click on this link](#)



(6.5)



Competency 6

Electronic Maps

Lesson Objective:

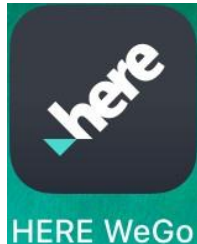
- Use an electronic map on a mobile device and perform the necessary calculations to plan a trip

First of all, a mobile device may or may not include Internet data.

- Use with a constant Internet connection (some examples).



- Use with maps downloaded in the device (some examples).



Most electronic maps offer similar working tools for competitive purposes. **The objective of this lesson will be to know and adopt good working methods without necessarily learning in detail how a particular electronic road map works.**

For these purposes, we will use Google Maps to perform our experiments.

You will learn what to do for things to go well on the road when you don't have an Internet connection.

In Google Maps, you can download maps. Go to the menu and then to the search field. There, click on the "Offline Maps" tab and download the maps.

Let's start from the beginning

1. Locate places and addresses, and add stops with the electronic tool

[Video 1-2 Search by address.](#)



Search for the following address:

3155, boulevard des Entreprises, Terrebonne (QC) J6X 4J9

A. What is the name of the business at this address?

Return to your location point after your search.

Clear your previous search and search with the following company name: Matritech inc.

B. What is that company's address?

2. Interpret symbols and data in the electronic road map

[Video 4 Locating areas.](#)



A. Using the satellite map, at the corner of Letendre and Bergeron streets in Drummondville (QC), are you in a residential or in industrial area?



(6.6)

- B. Visualize Berlinguet Street coming from route 157 in Trois-Rivières (QC), which leads you to Unibeton Du Cap. Does this street pass through a residential area?

- C. Is route 198 between L'Anse-Pleureuse and Gaspé (QC) in a mountainous or flat area?

[Video 5 Street view mode.](#)



- A. You are heading south on Pie-IX Boulevard at the corner of Jean-Talon Street. You want to turn left to go to the Canadian Tire store and make your delivery. Can you turn left at this point? If not, explain your answer.

- B. What is the maximum speed posted at the entrance to the property of Maxi Canada Inc. at 688, rue du Parc, Saint-Lin-Laurentides (QC) J5M 3B4, where the security guard's post is located?



(6.6)

[Video 6 Previsualization.](#)



Do the following search:

Departure:

Guadeloupe Cement Industries Inc. 238, 14th Avenue, La Guadeloupe (QC) G0M 1G0.

Arrival:

5105 John Molson Street, Québec (QC) G1X 3X4. Set Cement Industries as your starting point.

- A. Do the previsualization and, on the second segment, identify the business on the left, at the corner of Route 108 and Route 173 North.

- B. On the same route, after have crossed the Pierre-Laporte Bridge, which of the four lanes identified by Google should you stay on?

- C. Still on the same route, give the number of the exit to take on Highway 73 North to access the last parts of the route to get to the intended address.

3. Working method for manually creating a route with an electronic road map

[Video 7 Creating a route manually](#)



(6.6)

Perform the following steps:

1. Enter the following first address in the search tool: 630, boul. Rideau, Rouyn-Noranda (QC) J9X 7G1.
2. Find your way on the map. You will need to remember where you are located.
3. Clear the previous search and then enter the following address: 3070 Regent St, Sudbury (ON) P3E 5H7.
4. Return to the location of your first search in Rouyn-Noranda by navigating the map and place a marker by pressing on the right spot. Zoom out to see your two markers.

Determine by yourself the roads you would like to take from Rouyn-Noranda to Sudbury by looking at the map between the two points. Write the roads in the table below.

Table of roads to take	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	

Perform the following steps:

1. Enter the following address in the search tool: 4422 Route 112, Ascot Corner (QC) J0B 1A0.
2. Make sure you locate this place accurately on the map yourself. You will need to remember where you are located.



(6.6)

3. Delete the previous search and enter the following address: 2275, 107^e Rue, Saint-Georges (QC) G5Y 8G6.
4. Return to the location of your first search in Ascot Corner by navigating the map and place a marker there by pressing on the right spot. Zoom out to see your two markers.

Determine by yourself the roads you would like to take from Ascot Corner to Saint-Georges by looking at the map between the two points. Record the roads in the table below.

Table of roads to take	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	

4. Estimate the distance of a chosen route and the time required to cover it

[Video 8 Estimate a distance](#)



[Rule of three](#)



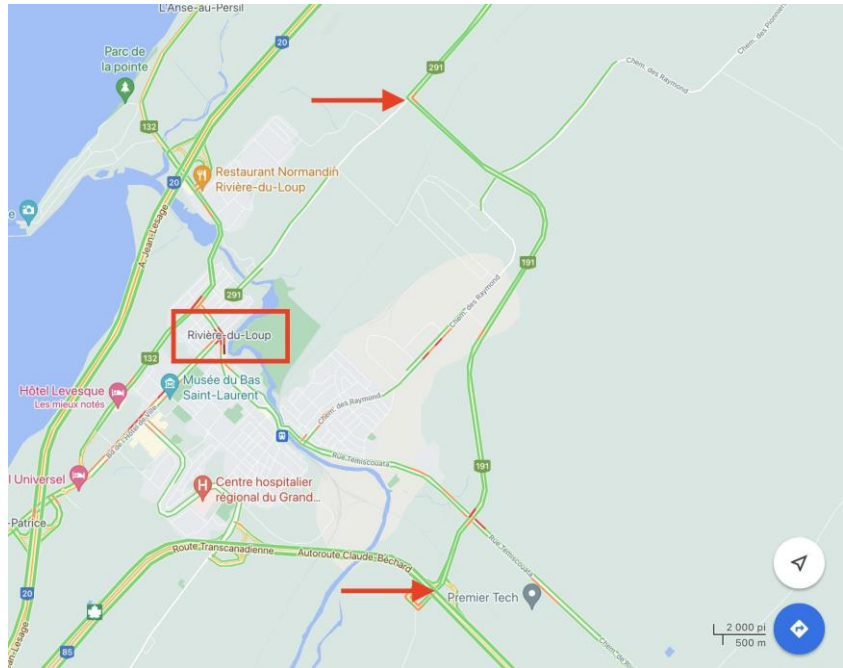
- A. What is the distance between Warwick (QC) and Kingsey Falls (QC)?
-



(6.6)

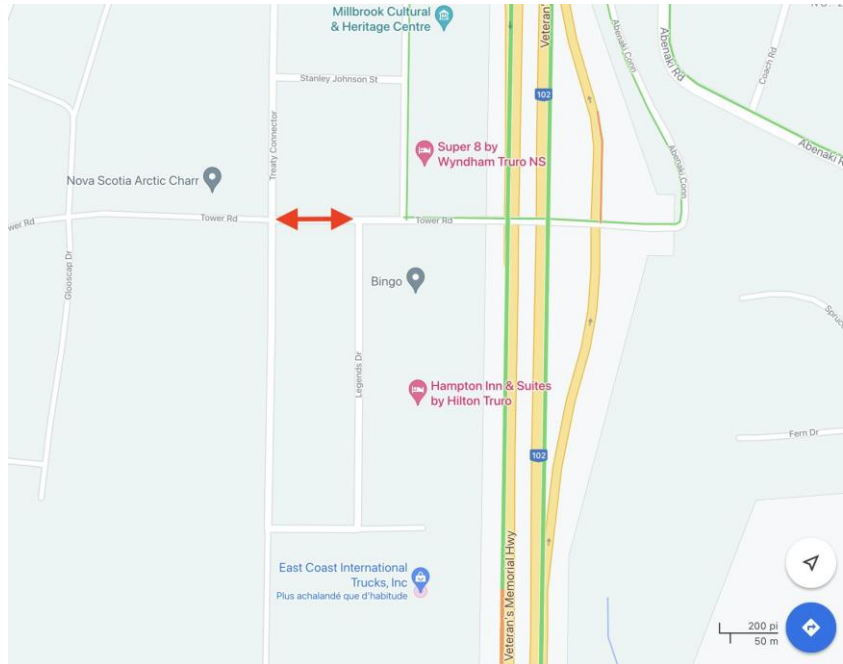
B. What is the approximate distance to travel on route 191 in Quebec between route 291 and 85 in the Rivière-du-Loup (QC) area?

Answer: _____



C. In Truro, N.S., what is the distance on Tower Rd. between Legends Dr. and Treaty Connector Street? (landmark: Hampton Inn & Suites, Truro)

Answer: _____



(6.6)

Rule of three

Notes:

D. How much truck driving time (average of 80 km/h) will it take for you to get to Banff, AB from Red Deer, AB?

E. With regards to the previous question, what is the difference between what you calculated and what Google gives you as driving time?

F. How long will it take by truck (average of 60 km/h, depending on the terrain) to get from Baie-Comeau (QC) to Labrador City (NL)?

5. Determine appropriate locations for mandatory stops (hours of service, tie-down, etc.) during a trip

[Video 9 Working method for planning stops](#)



1. Travel scenario

You are leaving from Vaudreuil-Dorion (QC) and need to go to Cornwall (ON). You have enough fuel, but have planned to fill up on the way. Your transportation company provides you with a card to fuel up at Flying J truck stops.



(6.6)

- A. Establish a stop at a Flying J truck stop on your route to refuel.

2. Travel scenario

You are picking up a load in Chicoutimi (QC) and have to deliver it to Québec (QC).

- A. Do you think you can stop 80 km from your loading point to check the tie-down?

- B. Where is a safe place for you to stop in order to comply with the regulations about checking the tie-down and how far from your loading point is it?

3. Travel scenario

You leave from Rouyn-Noranda (QC) to go to Albany (NY). You expect to be in the Saint-Jérôme area around dinner time and you plan to take a one-hour break in this area before leaving for your destination.

- A. Is there an appropriate place to make such a stop and which one would you choose?



(6.6)

6. Recognize potential problems (traffic, accidents, etc.) that can be expected to occur on the routes and take them into account when choosing the optimal route

[Video 10 Recognizing potential problems](#)



- A. You are picking up a load of gasoline requiring placards at Suncor Energy on Sherbrooke Street East in the Anjou borough (QC). You must make the delivery at Esso Couche-Tard on Nobel Street, in Boucherville (QC).

Are you going to take the route suggested by Google?

- B. You leave from 9510, rue Saint-Patrick, LaSalle (QC) to 845, rang Notre-Dame, Saint-Chrysostome (QC). The Google search engine suggests the following roads: 138 West - 132 West - 207 South - 221 South and 209 South.

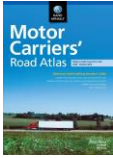
Are all these roads suitable for trucks?

- C. You leave from Robert Transport in Saint-Nicolas (QC) to get to Costco Wholesale on Watt Avenue in Québec (QC). Is there congestion on highway 540 right now in the direction where you need to go?

- D. In relation to the previous question, what would have been the alternative route in case of congestion?



(6.6)



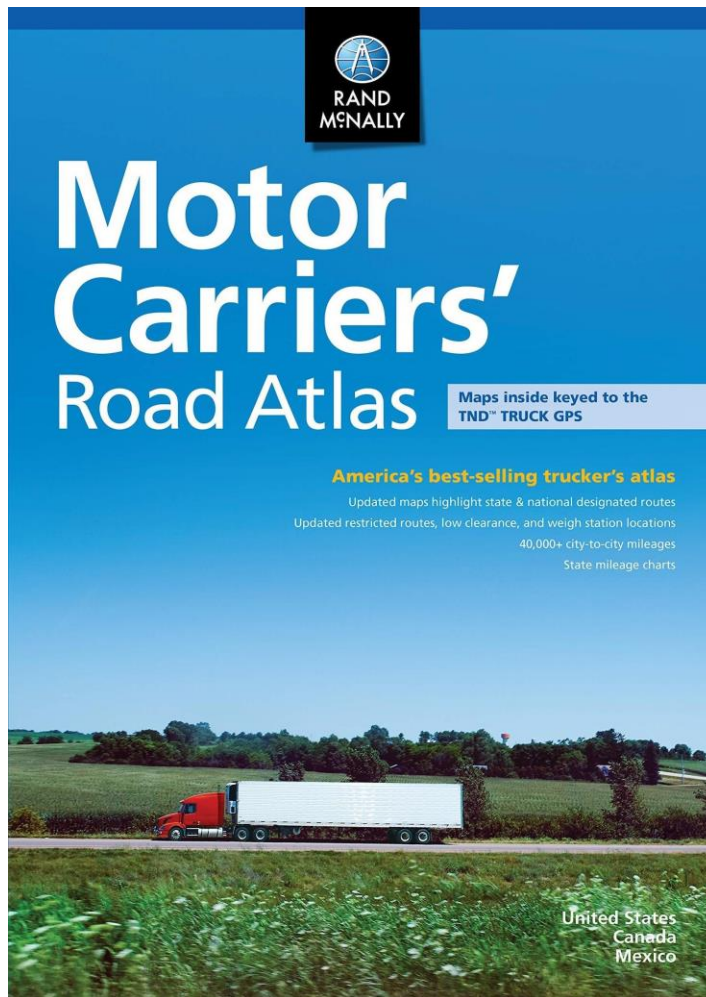
Competency 6

Traditional National and International Maps

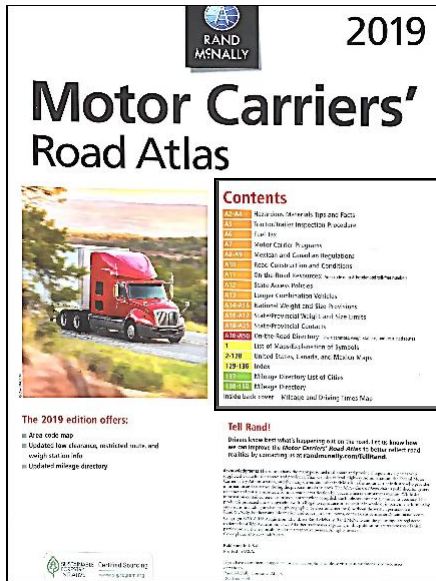
Lesson Objectives:

- Know how a national map and an international map work
- Establish a simple route and estimate the distance

Introduction to the National and International Atlas



Structure of the Rand McNally Atlas



Orange section

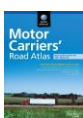
Red section

Yellow section

Green section

Contenu

A2-A4	Conseils et faits sur les Matières Dangereuses
A5	Procédures de Ronde De Sécurité du tracteur/Semi-Remorque
A6	Taxes sur le Carburant
A7	Programme de Transporteur Routier
A8-A9	Réglementation Mexicaine et Canadienne
A10	Construction et État des Routes
A11	Ressources Sur La Route: Carte d'indicatif régional et numéros sans frais d'hôtel/motel
A12	Politiques d'accès des États
A13	Véhicules Combinés plus Longs
A14-A15	Dispositions National en matière de Poids et de Taille
A16-A17	Limites de Poids et de Taille des États/Provinces
A18-A25	Contacts des États/Provinces
A26-A50	L'annuaire routier: Hauteurs limitées, postes de pesage, routes restreintes
1	Liste des Cartes/Explications des Symboles
2-128	Cartes des États-Unis, Canada et du Mexique
129-136	Index
137	Annuaire de Kilométrage et liste des Villes
138-158	Annuaire de Kilométrage
L'avant-dernière page Kilométrage et Carte des temps de conduite	



(6.7)

Orange section

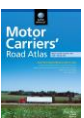
From page A2 to A25 5 research exercises:

1)
2)
3)
4)
5)

Red section

From page A26 to A50 research exercises:

1)
2)
3)
4)
5)



Yellow section

From page 1 to 136 research exercises:









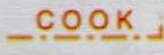




Map legend translated into English

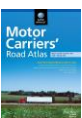
- Weigh-in and roads designated for trucks;
- Other roads and symbols;
- Cities and villages;
- Recreational points and parks;
- Observation points;
- Other symbols.

MAP LEGEND / LÉGENDE

	Poste de pesée
	Routes désignées pour véhicules avec dimensions autorisées STAA (Surface Transportation Assistance Act)
Symboles reliés aux routes	
	Autoroute sans péage à accès limité ; Route à péage
	Nouvelle route (en construction)
	Autre autoroute à plusieurs voies
	Autoroute principale
	Autre autoroute
	Autre route (usage local suggéré conditions variables)
	Route non pavée (usage local suggéré conditions variables)
	Bretelle d'accès ou de sortie ; route sens unique
	Traversier payant pour automobiles
	Tunnel ; passage à travers une montagne
	Voie ferrée ; Passage d'eau intercôtier
	Autoroute Inter-état ; Autoroute Inter-état pour centre d'affaires
	Autoroute Américaine ; Autoroute Américaine pour centre d'affaires
	Autoroute Transcanadienne ; Autoroute
	Autoroute Mexicaine ou Autoroute Centrale Américaine
	Route provinciale (État) ; Route secondaire/provinciale ou régionale
	Aire de service ; poste de péage
	Échangeurs et numéros de sortie
	<p>Pour la plupart des états, le millage entre les échangeurs peut-être déterminé par la soustraction d'un chiffre moins l'autre. Ex: 10 - 2 = 8</p>
	<p>Distances sur les autoroutes (segment d'un mille ou moins non illustré):</p> <p>Total en milles (rouge): distance entre les flèches</p> <p>Total en kilomètres (bleu): distance entre les flèches</p> <p>Unité en milles (noir): distance entre les jonctions de routes et les localités</p>
Comparatif de distance	
1 mille = 1.609 kilomètres 1 kilomètre = 0.621 mille	

Villes et communautés <small>taille des caractères indique le rapport de population</small>	
 	Capitale nationale ; Capitale de l'État ou de la province
 	Emplacement du comté ou ville indépendante
 	Ville, Communauté, ou endroit connu - intégré ; non-intégré
	Secteur urbain
	Villes séparées à l'intérieur d'un secteur métropolitain
Parcs, secteur récréatif, et autres points d'intérêts	
	Parc national Américain ou Canadien
	Secteur récréatif national Américain ou Centre de services américains de pêche et de vie animale
	Autre secteur de service pour les parcs nationaux américains, ou secteur de système de parcs d'état ou provincial
	Forest national, Prairie nationale, ou par municipal ; secteur sauvage
	Système de parc national avec terrains de camping ; sans terrains de camping
	Terrain de camping ; parc sur le bord ou sur le côté de la route
	Point d'intérêt, monument ou site historique
	Aéroport
	Édifice
	Sentiers pédestres
	Terrain de golf ; centre de ski
	Hôpital ou centre médical
	Terre de nation Amérindienne Américaine
	Centre d'information touristique ; poste de douane
	Installation gouvernementale ou militaire ; aéroport militaire
	Aire de repos avec toilettes ; sans toilettes

Fonctionnalités physiques	
	Sommet de montagne ; point le plus haut dans l'état/ province
	Lac ; lac occasionnel ; lac asséché
	Rivière ; rivière occasionnelle
	Désert ; glacier
	Marais ou marais tropical (bayou)
	Délimitation continentale
Autres symboles	
	Secteur illustrer en plus grands détails sur une autre carte
	Indication de la page sur une autre carte (si pas à la même page)
	Nom et limite du comté ou de la paroisse
	Limite de l'État ou de la province
	Limite nationale
	Limite du fuseau horaire
	Latitude ; longitude



Symbols related to roads (see legend)

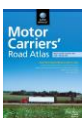
	1)
	2)
	3)
	4)
	5)
	6)
	7)
	8)

Distance comparison (see legend)






1)

Cities and communities (see legend)



	1)
--	----



Parks, recreational areas and other points of interest (see legend)

	1)
	2)
	3)
	4)
	5)

Other symbols (see legend)

	1)
	2)

LOCATOR CARD

With the help of this map, you can determine the best route between two cities.

Please note, this map is very small.

Locator map for Canada on page 117.

The Interstate Route System (similar to Quebec)

Signs with two digits

- 68: Even numbers indicate East-West routes
- 75: Odd numbers indicate North-South routes
- 81, 96: Loop to an industrial centre
- 96: Direct connection to an industrial centre

Three-digit signs

- 265: First even number: route through or around a city
- 195: First odd number: direct connection to a city South routes

Yellow section

Maps of the United States, Canada and Mexico

4 Alabama

Nickname: The Heart of Dixie
 Capital: Montgomery, J-8
 Land area: 50,645 sq. mi. (rank: 28th)
 Population: 4,779,736 (rank: 23rd)
 Largest city: Birmingham, 212,237, F-7

Index of cities Pg. 129 Map legend Pg. 1

Route planning & on-the-road resources

Low clearances, weigh stations, & restricted routes: **Page A26**

- Weigh station location
- Designated route for vehicles with STAA-authorized dimensions

Road Conditions & Construction
 (888) 588-2848; www.dot.state.al.us, alitsvweb2.dot.state.al.us/RoadConditions

Toll Road Information
 No tolls on state or federal highways

Determining Distances

Cumulative miles (red): the distance between red arrows
 Intermediate miles (black): the distance between intersections & places

Mileage between cities	Atlanta, GA	Birmingham, AL	Chattanooga, TN	Decatur, GA	Dallas, TX	Florence, AL	Gadsden, AL	Huntsville, AL	Jackson, MS	Madison, MS	Mobile, AL	Montgomery, AL	Pensacola, FL	Phoenix City, AZ	St. Louis, MO	Tampa, FL	Tulsa, OK			
ATLANTA, GA	252	90	109	147	117	196	207	156	244	120	188	184	289	329	161	324	109	211	195	201
BIRMINGHAM, AL	181	84	147	119	146	83	196	175	118	62	102	39	146	238	90	253	140	87	140	58
CHATTANOOGA, TN	323	119	117	222	146	126	320	246	172	89	102	184	291	359	232	394	222	238	282	203
DOTHAN, AL	80	215	202	121	196	320	226	52	311	324	295	233	253	116	106	150	160	150	56	210
HUNTSVILLE, AL	280	104	188	212	102	102	25	295	274	72	75	96	243	357	189	352	242	186	239	155
MOBILE, AL	124	285	329	223	258	399	338	196	250	228	315	357	294	135	187	57	254	161	172	204
MONTGOMERY, AL	91	118	161	96	90	232	170	106	85	206	148	189	127	153	167	183	87	50	50	104
TUSCALOOSA, AL	194	118	201	159	56	203	138	210	135	128	118	155	60	94	284	104	242	189	75	153

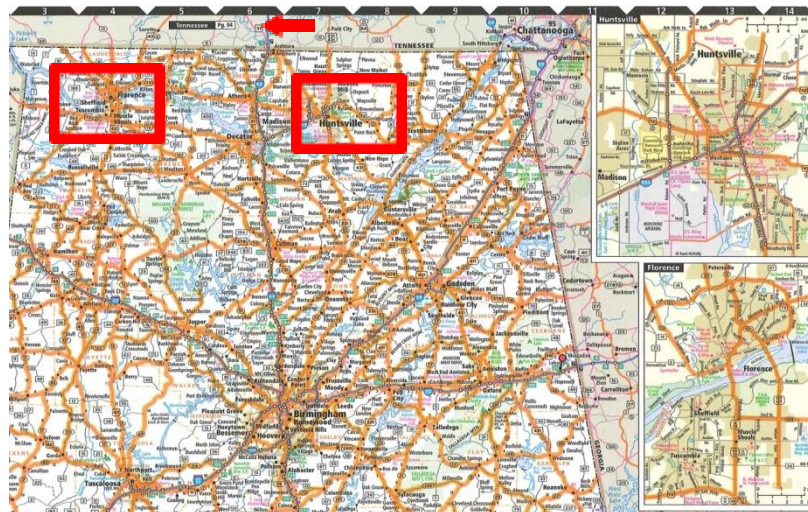
Total mileage through Alabama
 66 miles 241 miles
 215 miles 367 miles

For more than 40,000 interstate mileages, see the Mileage Directory on page 137



Alabama 5

Top of page, compass rose:



4 Alabama
 Nickname: The Heart of Dixie
 Capital: Montgomery, J-8
 Land area: 50,645 sq. mi. (rank: 28th)
 Population: 4,779,736 (rank: 23rd)
 Largest city: Birmingham, 212,237, F-7

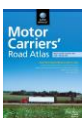
Route planning & on-the-road resources
 Low clearances, weigh stations, & restricted routes: **Page A26**
 Weigh station location
 Designated route for vehicles with STAA-authorized dimensions

Road Conditions & Construction
 (888) 588-2848; www.dot.state.al.us, alitsvweb2.dot.state.al.us/RoadConditions

Toll Road Information
 No tolls on state or federal highways

Determining Distances
 Cumulative miles (red): the distance between red arrows
 Intermediate miles (black): the distance between intersections & places

Light grey framed enlargements:



PROVINCE AND STATE ABBREVIATIONS



Canada							
Alberta	AB	New Brunswick	NB	Ontario	ON	Newfoundland and Labrador	NL
British Columbia	BC	Nova Scotia	NS	Quebec	QC	Yukon	YT
Prince Edward Island	PE	Nunavut	NU	Saskatchewan	SK	Northwest Territories	NT
Manitoba	MB						

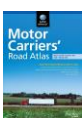
Decimals	Minutes
0.25	15 minutes
0.5	30 minutes
0.75	45 minutes
<p><u>Round the decimal up (in increments of 0.25) and then convert to minutes (in increments of 15 minutes)</u></p> <p>Examples:</p> <p>6.59 hours = is rounded up to 6.75, which results in 6 hours 45 minutes</p>	

Presentation of a working and research method with an electronic map combined with traditional paper maps.

Link to video tutorial:

<https://monurl.ca/tuto06.7>

or QR code:



**Make appropriate choices of routes between two locations only
with the Atlas**

Instructions for exercise 1

TLM of 36,500 kg

Starting point: Banff, Alberta

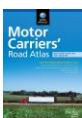
Midland Transport, which is located at the junction of highway 73 and highway 440 in Québec (QC), Canada.

Port of entry: Jackman (ME)

Arrival point:

Walmart Distribution Center, which is located on Alfred A. Plourde Pkwy, at exit 80 on interstate 95, in the city of Lewiston (ME), United States.

International Trip Planning Document	
Port of entry into the United States:	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Total trip distance:	



Instructions for exercise 2

TLM of 52,600 kg

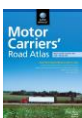
Starting point: Banff, Alberta

Midland Transport, which is located at the junction of highway 73 and highway 440 in Québec (QC), Canada.

Arrival point:

Home Depot, which is located on Lacewood Drive, at exit 2A on highway 102, in the city of Halifax (NS).

International Trip Planning Document	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Total trip distance:	





Competency 6

Preventive recovery 1 of 2

Lesson Objective:

- Recover specific and deficient competency elements with the struggling student(s) in reference to previous lessons

This time will be used to review the content of lessons 6.1, 6.2, 6.4, 6.6 and 6.9.

Depending on the needs (difficulties) related to lessons 6.1, 6.2, 6.4, 6.6 and 6.9, the teacher will provide you with the necessary material (a questionnaire, planning grids, bills of lading, delivery tickets, etc.).

List of lessons to be recovered.

Lesson 6.1 - Travel Info

Lesson 6.2 - Traditional provincial map and structure of the Quebec road network

Lesson 6.4 - Traditional municipal map (learning assistance)

Lesson 6.6 - Operation of an electronic road map

Lesson 6.9 - Planning trips in an urban environment

Have a good review!



Competency 6

Planning a trip in an urban environment

Lesson Objective:

- Plan (analyze) one or several trips in an urban environment to be used during driving practice periods as routes to follow

Description of the lesson

Plan (analyze) one or several trips in an urban environment to be used as driving routes during the practice periods related to skill 8.

In teams of two, you will have to analyze routes based on information contained in a transportation scenario and fill out a trip planning grid.

Description of the procedure

Your dispatcher (teacher) will give you streets or roads on which to make your way and the information contained in the transportation scenarios. You must plan the trip and fill out a grid for each trip (each student fills out their own grid).

You must also consider your type of transportation and note the specific details.

Then, you will have to validate your route. Check to see if you are complying with the regulations (transits, a tunnel in relation to dangerous goods, etc.) and if the spaces for making turns are adequate.

Some tips for planning a trip in an urban environment

You can use traditional maps as well as electronic maps, including the interactive trucking network map. Use the tool you want, depending on your needs, to see what you need to consult about the strategic locations of the proposed route. Remember that you need to put down markers so that you can anticipate where or when there will be turns to make. During the practice, the teacher will help you by suggesting strategic points along the route.

Regarding the markers

- A clue that indicates that the next road or street to take is getting closer. Examples: the exit number on the highway, the name of the street **before** the one I have to take, the name of a business that stands **before** the street to take, a river or a bridge. In short, everything that is visible on a paper or electronic map, that stands **before** the junction (JCT) of roads we need to take and that will be visible along the route.
- Determine the direction to take with cardinal points or by indicating left or right using words or a drawing.

Driver's name:

Truck type:

Type of semi-trailer:

Load type and weight:

Urban Trip Planning Document

Planned locations for meals or breaks, if applicable	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Step 12	



Feedback on the student's work from the teacher after analyzing the student's planning

Teacher's name

Feedback to be given based on the following criteria:

1. Research done individually without constant peer collaboration;
2. Clear and credible markers that allow for good location of the route;
3. Methodical and meticulous work;
4. Combination of electronic tools and paper tools, when necessary;
5. Readable writing;
6. Strategies for using the tools (electronic maps, paper maps, Internet search engines, etc.).

Teacher's feedback:





Competency 6

Planning trips for practice periods related to competency 8 (rural and highway driving)

Lesson Objective:

- Plan (analyze) trips to be taken in relation to competency 8 (rural and highway driving) that will be used during driving practice periods as routes to follow

Description of the lesson

Plan (analyze) one or several trips in rural and highway environments (competency 8) that will be used during driving practice periods as routes to follow.

In teams of two, you will have to create trips based on the information contained in a transportation scenario and fill out the planning grid.

Description of the procedure

Your dispatcher (teacher) gives you the names of the streets, roads or highways on which to make your way as well as relevant information contained in transportation scenarios. You must plan the trip and fill out a grid for each trip (each student must fill out their own grid). Then, you will have to validate the route by checking if you are complying with the regulations (transits, restricted roads, etc.).

You may also need to consider your load (weight, type of merchandise) and the type of vehicle that will be included in the scenario.

Example of potential problems: transits, in relation to dangerous goods, or loads.

You will need to make some calculations to estimate the driving time and to plan possible stopping locations.

Tips for planning a trip in rural and highway environments to create a route

You can use the traditional provincial maps, the trucking network, road atlases as well as electronic maps (Google Maps, interactive map of the trucking network), that is to say, the tool you require depending on what you need to plan for with regards to strategic locations in the proposed routes. Remember that you need to establish markers in order to anticipate where there will be turns to make or junctions to take. If necessary, during the practice, the teacher will help you along the route so that you can familiarize yourself with the strategic points.



When establishing markers, you can:

- use the name of the next street to be taken;
- use a clue that indicates that the next road or street to take is getting closer (the exit number on the highway, the name of the street **before** the one I have to take, the name of a business that stands **before** the street to take, a river or a bridge, etc.). In short, everything that is visible on a paper or electronic map, that stands **before** the junction (JCT) of roads we need to take and that will be visible on the road;
- determine the direction to take with cardinal points or by indicating left or right using words or a drawing.



(6.10)

Rural and Highway Trip Planning Document

Driver's name:

Truck type:

Type of semi-trailer:

Type of goods and weight:

Rural and Highway Trip Planning Document	
Starting location:	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Step 12	
Step 13	
Step 14	
Step 15	



Step 16	
Step 17	
Step 18	
Step 19	
Step 20	
Step 21	
Step 22	
Step 23	
Step 24	
Step 25	
Step 26	
Step 27	
Step 28	
Step 29	
Step 30	

Place of arrival or location where to stop for a meal or a change of drivers:

Travel distance:

Calculation of estimated driving time based on an average speed of 75 km/h on this type of route (mostly rural with some highway sections).

Estimated travel time:



While driving, it would be appropriate to view the road you are approaching on a GPS device to better locate the place/intersection where you should turn or take another road.

Feedback on the student's work from the teacher after completing the route

Teacher's name:

Feedback based on the following criteria:

Feedback to be given based on the following criteria:

1. Research done individually without constant peer collaboration;
2. Clear and credible markers that allow for good location of the route;
3. Methodical and meticulous work;
4. Combination of electronic tools and paper tools, when necessary;
5. Readable writing;
6. Strategies for using the tools (electronic maps, paper maps, Internet search engines, etc.).

Teacher's feedback:





Competency 6

Planning trips for practice periods related to competency 9
(trips with delivery)

Lesson Objective:

Plan trips to be taken in relation to competency 9 (trips with delivery) that will be used during driving practice periods as routes to follow

Tips for planning a trip related to competency 9 (trip with delivery) following the guidelines given by the teacher (addresses)

1. Search for the roads and highways to take on paper or electronic maps. Check if the chosen roads are appropriate with regards to the trucking tools.
2. Write your own route on a document, ideally structured by steps.
3. To be entered in the chart or grid:
 - The name of the next street to be taken.
 - A marker that indicates that the next road or street to take is getting closer (the exit number on the highway, the name of the street **before** the one I have to take, the name of a business that stands **before** the street to take, a river or a bridge, etc.). In short, everything that is visible on a paper or electronic map, that stands **before** the junction (JCT) of roads we need to take and that will be visible on the road.
4. Establish the direction to take with cardinal points or by indicating left or right using words or a drawing.
5. Programming/setting up the GPS device according to the personal planning you did before is a great way to make tracking your route easier. If you wish to, you can also use, as a guide, the paper chart on which you will have written the route to follow by steps to make the trip in the truck.

Driver's name:

Truck number:

Semi-trailer number:

Planning document for a trip with delivery

Starting location:	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Step 12	
Step 13	
Step 14	
Step 15	
Step 16	
Step 17	



Step 18	
Step 19	
Step 20	
Place of arrival or location where to stop for a meal:	
Travel distance:	
Calculation of estimated driving time, which is based on an <u>average speed of 70 km/h</u> for this type of route:	
Estimated travel time to get to the customer's location:	

Amount of fuel
Consumption: TLC of 41 500 kg and less = 35 litres/100 km:
From the location of the last customer to your point of service:
Approximate amount remaining in your tank(s) at the location of the last customer:

Feedback on the student's work from the teacher after completing the route.

Teacher s name:

Feedback to be given based on the following criteria:

1. Research done individually without constant peer collaboration;
2. Clear and credible markers that allow for good location of the route;
3. Methodical and meticulous work;
4. Combination of electronic tools and paper tools, when necessary;
5. Readable writing;
6. Strategies for using the tools (electronic maps, paper maps, Internet search engines, etc.).

Teacher's feedback:





Competency 6

Planning national trips

Lesson Objective:

- Plan trips to be made in Canadian provinces

*Fuel consumption chart at the end of the lesson

National Trip Planning Exercise

Your home terminal is at 11445 Rivet Street, Montréal-Est (QC) H1B 1A9. It is 8:00 am on a Monday morning in July.

Dispatcher's instructions

- You have to go to the customer's location with the tractor unit to couple the semi-trailer, which will already be loaded and ready to go.
- The delivery of the merchandise is scheduled for Tuesday morning, at 8:00 am.
- The other information you need to plan the trip can be found on your bill of lading (B/L).
- If you need to get fuel, you can only go to Petro-Pass locations.
- Once the delivery is complete, the customer will load your trailer with new goods and you will return to the location of the original customer to redeliver.

Contact me by text message when the delivery is made in Ontario. Have a nice trip!

Here is your equipment:

Total capacity of your two fuel tanks: 600 liters. Average consumption of the vehicle for this type of route: 45 litres/100 km.



17 000 Aubin Street
 Mirabel, Quebec
 J7J 1B1
 Telephone: (450) 435-0167
 Fax: (450) 435-0933

CONNAISSEMENT NON NÉGOCIABLE NO DE CONN.
BILL OF LADING NOT NEGOCIABLE B/L no

1. Expéditeur ou agent (nom & adresse)/Consignor or agent (name & address) Nexans 460 Durocher Avenue, Montréal-Est, QC, H1B 5H6		2. No cpts expéditeur/Consignor's acct no	3. Date	3. No ref. expéditeur/Consignor's ref. no	
7. Consignataire (nom et adresse)/Consignee (name & address) Manitoulin Transport 75 Mumford Road, Sudbury, ON, P3Y 1L1		5. Nom du transporteur/Name of carrier		6. No ref. transporteur/Carrier's ref. no	
9. Partie à notifier - Courtier en douane*/Notify party - Customs broker*		8. Reçu au point d'origine, à la date et de l'expéditeur mentionné aux présentes les marchandises ci-après décrites en bon état apparent (le contenu des colis et sa condition étant inconnus) marqué, contresigné et destinées tel que ci-après mentionné, que le transporteur consent à transporter et à délivrer à leur consignataire au point de destination si ce point se trouve sur la route qu'il est autorisé à desservir, sinon à faire transporter et délivrer par un autre transporteur autorisé à se faire et ce, aux taux et à la classification en vigueur à la date de l'expédition. Il est mutuellement convenu que chaque transporteur transportant lesdites marchandises en tout et en partie sur le parcours entier ou une portion quelconque de celui-ci jusqu'à destination et que tout intéressé à ladite expédition pour tout service à effectuer en vertu des présentes est sujet à toutes les conditions imprimées ou écrites non prohibées par la loi, incluant les conditions contenues au verso des présentes qui sont acceptées par l'expéditeur pour lui-même et ses ayants droit. 8. Received at the point of origin on the date specified, from the consignor mentioned herein, the property herein described, in apparent good order, exempt as noted (contents and conditions of contents of package unknown) marked, consigned and destined as indicated below, which the carrier agrees to carry and to deliver to the consignees at the said destinations, if on its own authorized route or otherwise to cause to be carried by another carrier on the route to said destination, subject to the rates and classification in effect on the date of shipment. It is mutually agreed, as to each carrier of all or any the goods over all or any portion of the route to destination, and as to each party of any time interested in all or any of the goods, that every service to be performed hereunder shall be subject to all the conditions not prohibited by law, whether printed or written, including conditions on back here of, which are hereby agreed by the consignor and accept for himself and his assigns.			
10. Point d'origine/Point of origin Montréal, QC		12. VALEUR DECLARÉE / DECLARED VALUATION Responsabilité maximum de 4,41 \$ par kilogramme selon le poids total de l'expédition à moins qu'une valeur supérieure n'ait été déclarée au recto par l'expéditeur (Conditions 9 et 10 au verso). Maximum liability of \$4.41 per kilogram, depending on the total weight of the shipment, unless the shipper has declared a higher value on the front of the bill of lading (Conditions 9 and 10 back).			
11. Et route/Destination and		13. Marques et numéros*/ Marks & numbers*			
14. Nombres total de colis*/ Total no of packages*		15. Description générale de l'expédition*/ General description of shipment*		16. No du véhicule*/ Vehicle no*	
17. Poids brut et cubage*/ Total weight & cubage*		23. FRAIS DE TRANSPORT/FREIGHT CHARGES À percevoir/Collect Payés d'avance/ Prepaid Les frais seront à percevoir à moins d'avis contraire/ Freight charges will be collect unless market prepaid			
18. Nombre et type de paquets/ Number and type of packages		19. Description des marchandises et particularités/ Particulars of goods, marks and exceptions		20. Poids/Weight	
21. Taux/Rate		22. Montant/Amount		25. Envois contre remboursement/ C.O.D. SHIPMENT Frais de recouvrement/ Collection charges À percevoir/Collect Payés d'avance/Prepaid	
6		copper anodes		31 500 KG	
Instructions spéciales :		26. Entente spéciale entre l'expéditeur et le transporteur, y faire référence/ Special agreement between consignor & carrier, advise here			
27. AVIS DE RÉCLAMATION a) Le transporteur n'est responsable de pertes, de dommages ou de retards aux marchandises transportées qui sont décrites au connaissement, qu'à la condition qu'un avis écrit précisant l'origine des marchandises, leurs destinations, leur date d'expédition et le montant approximatif réclamé en réparation de la perte, des dommages ou du retard ne soit signifié au transporteur initial ou au transporteur de destination, dans les soixante (60) jours suivants la date de la livraison des marchandises ou dans les cas de non-livraison, dans un délai de neuf (9) mois suivants la date de l'expédition.		NOTICE OF CLAIM a) No carrier is liable for loss, damage or delay to any goods carried under the Bill of Lading unless notice therefor setting out particulars of the origin, destination and date of shipment of the goods and the estimated amount claimed in respect of such loss, damage or delay is given in writing to the originating carrier or the delivering carrier, within sixty (60) days after the delivery of the goods or, in the case of failure to make delivery, within nine (9) months from the date of shipment		Frais de recouvrement/Collection charges \$	
N.B. VEUILLEZ PRENDRE CONNAISSANCE DES CONDITIONS AU VERSO, QUI SONT ACCEPTÉES PAR LES PRÉSENTES/ N.B. NOTE CAREFULLY CONDITIONS ON BACK HEREOF WHICH ARE HEREBY ACCEPTED		31. Autres (précisez)*/ Others (specify)*		Total D. \$	
32. Expéditeur/Consignor Date* Par/Per		33. Transporteur/Carrier Date* Par/Per		28. À l'arrivée*/Inbound* \$	
34. Consignataire/Consigner Date* Par/Per		35. Total des frais*/ Total charges* \$		29. Au-delà*/Beyond* \$	

* Information facultative / Optional information



National Trip Planning Document	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
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Step 11	
Step 12	
Step 13	
Step 14	
Step 15	
Step 16	
Step 17	
Step 18	
Step 19	
Step 20	
Step 21	
Step 22	
Step 23	
Step 24	



Step 25	
Step 26	
Step 27	
Step 28	
<p>The average speed for this type of trip with these loads is 75 km/h.</p>	

Stopping locations for mandatory consecutive rest periods

Location 1:

Location 2:

Location 3:

Location 4:

Location 5:

Places to get fuel in case of need:

Places to take a shower:

Delivery location 1:

Delivery location 2:



Total distance of the outbound trip:
Total distance of the return trip :
Estimated time to complete the trip for client 1:
Estimated time to complete the trip for client 2:
Latest possible time of departure for the outbound trip:
Amount of fuel required for the entire trip (round trip) :
Regulatory loads on the axles and on the whole vehicle: YES <input type="checkbox"/> NO <input type="checkbox"/>

<u>Data for fuel consumption calculation in this lesson, for the exercises below</u>
- TLC of 41,500 kg and less = 35 litres/100 km (including transportation to the United States)
- TLC between 41,501 kg and 49,500 kg = 45 litres/100 km
- TLC of 49,501 kg and more = 55 litres/100 km
<u>Data for converting miles in kilometres and kilometres in miles. This information is also given as reference in the Rand McNally atlas, in the legend page.</u>
<u>mile = 1.609 km (multiply miles by 1.609)</u>
<u>km = 0.622 mile (multiply kilometres by 0.622)</u>





Competency 6

Planning international trips

Lesson Objective:

- Plan trips to be made between Canada and the United States

Planning trips between Canada and the United States

Task Time Table

Initial tasks for the workstation (1 h)	Time spent at the customer's location	Border crossing (1 h)	Rest (10 h)	Driving (Canada 13 h) (USA 11 h)
<ul style="list-style-type: none"> • Circle check • Coupling • Documents • Planning • Fuel • Checks en route 	<ul style="list-style-type: none"> • Equipment exchange (1 h) • Loading or unloading (2 h) 	<ul style="list-style-type: none"> • Documents • Checks 	<ul style="list-style-type: none"> • Meals • Rest • Bunk • Personal hygiene 	Average speed: 80 km/h

Situation:

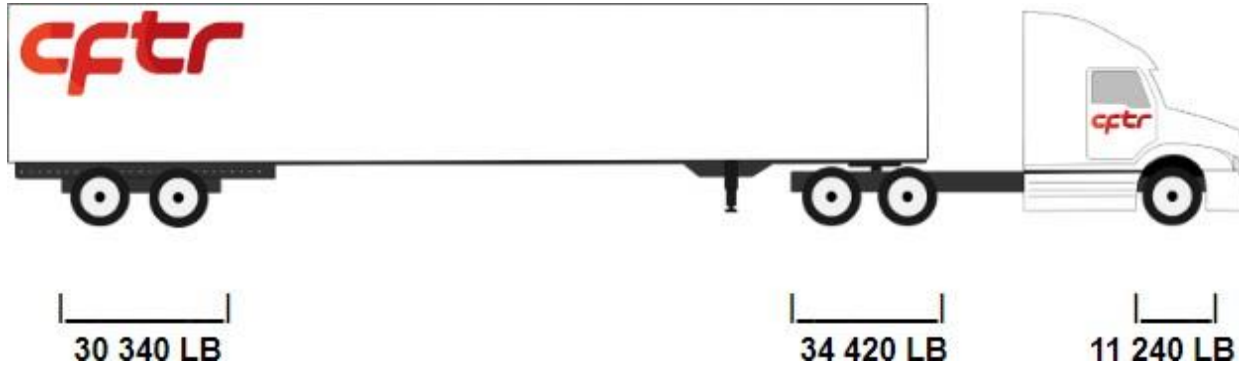
Your dispatcher sends you the documents for your next trip to the United States. Here are his instructions:

- The scheduled tolls are paid with transponders in the truck.
- You will need to determine to put fuel in your tanks at the appropriate time. When you leave, your truck is full of fuel.
- You can fuel up at Exit 17 (Truck Stop) on 91 in Vermont.
- Your port of entry is in Derby Line (VT).
- Once the delivery is made, you must return to Québec.

You will also have to plan your trip with the information on your bill of lading.

Here is your equipment.

Total capacity of your two fuel tanks: 400 liters.



cftr		17 000, rue Aubin Mirabel (Québec) J7J 1B1 Téléphone : (450) 435-0167 Télécopieur : (450) 435-0933	
CONNAISSANCE NON NEGOCIABLE NO DE CONN. : BILL OF LADING NOT NEGOCIABLE B/L No.			
1. Expéditeur / Shipper (Nom complet, adresse, numéro de téléphone et adresse électronique)	2. No. des Incidents / Consignments No.	3. Date	4. No. de l'expédition / Consignment No.
Université Laval 2325 rue de l'Université Québec, QC G1V 0B4			
5. Destinataire / Consignee (Nom complet, adresse, numéro de téléphone et adresse électronique)	6. No. du Transporteur / Carrier	7. No. de l'expédition / Consignment No.	
Université de Hartford 200 Bloomfield Ave. West Hartford, CT, 06117		Nir : R-543051-8	
8. Poids et nombre / Weight and quantity (Indiquer le poids net et le nombre de colis, les unités de mesure et le type de colis)	9. Description des marchandises / Description of goods (Indiquer le nom des marchandises, les unités de mesure et le type de colis)		
22 Palettes	English / French dictionary		
26 400 lbs			
10. Point d'origine / Point of origin	11. No. de l'expédition / Consignment No.		
12. No. de l'expédition / Consignment No.	13. No. de l'expédition / Consignment No.	14. No. de l'expédition / Consignment No.	15. No. de l'expédition / Consignment No.
16. No. de l'expédition / Consignment No.	17. No. de l'expédition / Consignment No.	18. No. de l'expédition / Consignment No.	19. No. de l'expédition / Consignment No.
20. No. de l'expédition / Consignment No.	21. No. de l'expédition / Consignment No.	22. No. de l'expédition / Consignment No.	23. No. de l'expédition / Consignment No.
Instructions spéciales : Rendez-vous de livraison: lundi 17 sept à 13h00			
24. Entente spéciale entre l'expéditeur et le transporteur, y faire référence / Special agreement between consignor and carrier, advise here			
25. No. de l'expédition / Consignment No.			
26. No. de l'expédition / Consignment No.			
27. No. de l'expédition / Consignment No.			
28. No. de l'expédition / Consignment No.			
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96. No. de l'expédition / Consignment No.			
97. No. de l'expédition / Consignment No.			
98. No. de l'expédition / Consignment No.			
99. No. de l'expédition / Consignment No.			
100. No. de l'expédition / Consignment No.			



Steps in the process of creating an optimal route

The use of electronic tools in combination with traditional paper tools is strongly suggested in order to make the necessary validations so as to confirm if the selected routes are accessible to trucks.

Exercises

1. Create the route between the shipper's location and the consignee's location through the port of entry indicated on the bill of lading.

International Trip Planning Document

Port of entry into the United States:	
Step 1	
Step 2	
Step 3	
Step 4	
Step 5	
Step 6	
Step 7	
Step 8	
Step 9	
Step 10	
Step 11	
Step 12	
Step 13	
Step 14	
Place of delivery (consignee):	
Total trip distance:	
Estimated time to complete the trip to the client's location based solely on the task time table:	
Fuel consumption for this trip (35 litres/100 km):	

Stopping places to comply with U.S. regulations (hours of service, driving and rest):

Stop(s): _____

Stop(s): _____

Stop(s): _____

Stop(s): _____

Stopping place(s) to get fuel:

Stop(s): _____

Determine the departure time, taking into account that you will take your 10 consecutive hours of rest (U.S.) on the customer's property before your delivery appointment (day and time):

Payment at tollbooths is planned: **In cash** **By transponder**

Acceptable charges on the axles and the whole vehicle:

YES **NO**



Competency 6

Preventive recovery 2 of 2

Lesson Objective:

- Recover specific and deficient competency elements with the struggling student(s) in reference to previous lessons

This period will be used to review the content of lessons 6.5, 6.7, 6.10, 6.11, 6.12 and 6.13.

Depending on the needs (difficulties) related to lessons 6.5, 6.7, 6.10, 6.11, 6.12 and 6.13, the teacher will provide you with the necessary material (a questionnaire, planning grids, bills of lading, delivery tickets, etc.).

List of lessons to be recovered:

Lesson 6.5 - GPS

Lesson 6.7 - Traditional national and international maps, operation and information

Lesson 6.10 - Planning trips related to competency 8

Lesson 6.11 - Planning trips related to competency 9

Lesson 6.12 - Planning national trips

Lesson 6.13 - Planning international trips



Competency 6

Evaluation for completion purposes

Lesson Objective:

- Determine your skill level in planning a trip

Evaluation time: 3 hours

Course notes allowed: yes

Pass mark: 80%





Competency 6

Border crossing

Lesson Objective:

- Know the due process regarding passage at a border crossing

During this period, you will have to recognize a border crossing as well as know and understand the role of the actors involved (agents and brokers).

In addition, you will need to understand the steps of the procedure regarding passage at border crossings and know the documents required for a regular passage.

Border crossing and actors involved

First of all, you must be able to know the border crossing you will have to pass through in order to make a good choice of route for the trip. This information will be included in your documents (usually on the bill of lading) or as part of the instructions given by your dispatcher.

CUSTOM BROKER

[Video link](#) (in French only)



A customs broker is a private firm that represents the importer who brings a shipment into a country.

The customs broker makes sure that import or export taxes as well as the GST and QST are paid. The broker will collect the money from the importer for a fee. It's the importer who chooses the broker.

The customs broker then opens a file with Canadian or American customs authorities to obtain the authorization for the cargo to enter into the desired area.

The truck driver rarely needs to be in contact with the customs broker. Still, it is the customs broker who organizes the documentation for the passage through customs based on the _____ which are _____ to him after you have loaded the cargo at the shipper's location.

These _____ are often transmitted to the broker by the driver, by the shipper himself or by your transportation company after you have transmitted them to your dispatcher. It all depends on the agreement between the parties. As a driver, you will have to adapt to the operating mode of the company you are working for regarding the transfer of documents to the customs broker.

The customs broker is _____ between the carrier, the shipper and the consignee.

Customs officers – CUSTOMS AND BORDER PROTECTION



These people are responsible for enforcing the process related to the passage of goods and people at the border. They are the _____ stakeholders with whom you will have contact upon arrival at the border.

It is to the person there that you will have to _____ the documents required to prove the clearance of the _____ as well as the document(s) _____ required for you to cross the border.

It is necessary to obey these peoples' orders and to answer their questions in a genuine and professional manner.



(6.17)



Immigration officers

These individuals are responsible for verifying the _____ of persons wishing to enter a country and to approve or deny their passage.

Generally, the customs officer is the first person who makes contact with you and you do not have to meet with an immigration officer.

Food and Drug Officers

FDA – Food and Drug Administration

These officers are responsible for verifying the origin and quality of _____, as well as the quality and compliance of _____ entering the United States. If you are transporting these types of goods, you will be regularly required to meet with such FDA officers at their office, located in the same building as that of the customs officers.

If you are unsure, ask your dispatcher if you should follow this process.



Example of a regular border crossing procedure

1. When you arrive at the border with your truck, you will usually pass in front of the border crossing facilities of the country in which you are. _____

2. Next, it is important to follow the directions to get to the commercial truck area at the border crossing facilities of the country you wish to enter.

3. Once in the truck lane, you will have to stop in front of the booth, where an officer will be waiting for you for the primary inspection. You will have to stop your vehicle **without applying the parking brake.**

4. At this point, you will need to show the documents regarding the commodities you are transporting as well as the document(s) related to your own passage.

The documents

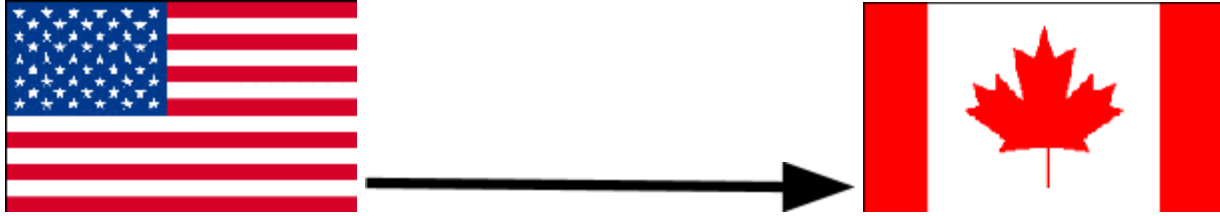


Commodities: Automated Commercial Environment (ACE) document with entry number written on it.

Your own passage: Fast/Express Card or passport. Regarding the Fast/Express Card, place it in the lower left corner of your windshield as you approach the booth with your vehicle. A device placed on the officer's booth will capture in advance the remote information about you.



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Commodity: Advance Commercial Information (ACI) eManifest with entry number written on it.

Your own passage: Fast/Express Card or passport.

At customs, the officer will check all the information and maybe ask you some questions. Answer with confidence.

Continuation of the procedure

1. The officer will give you your documents and confirm that you can pass through. If there is a problem, he will ask you to park in the designated area so that you can go and see the customs broker or another officer.

2. The officer may also ask you to go for an X-ray, commonly called "VACIS" (Vehicle and Cargo Inspection System). Follow the appropriate directions to do so. Once there, follow the orders of the other customs officers. The exercise consists of doing a complete gamma scan of your vehicle to check its contents. Usually, it takes only a few minutes. Once the inspection is complete, you should have the verbal _____ from the officers that you can leave.

Generally, a regular border crossing will take you about 15 to 20 minutes, sometimes less. However, it can sometimes be longer.



A small parenthesis regarding a non-regular passage system at a border crossing (passage with the Fast/Express program)

This is a privilege for the very large companies (shippers) that carry out commercial activities internationally very regularly and with very large quantities of merchandise.

In order for you to benefit from this privilege and use the "Fast" corridor at border crossings, the shipper, carrier and driver must all have the Fast/Express accreditation.

Accreditation won't be useful for a carrier if the shipper does not also have it.

All these actors must have completed all the steps of the program and comply with the requirements of the responsible authorities

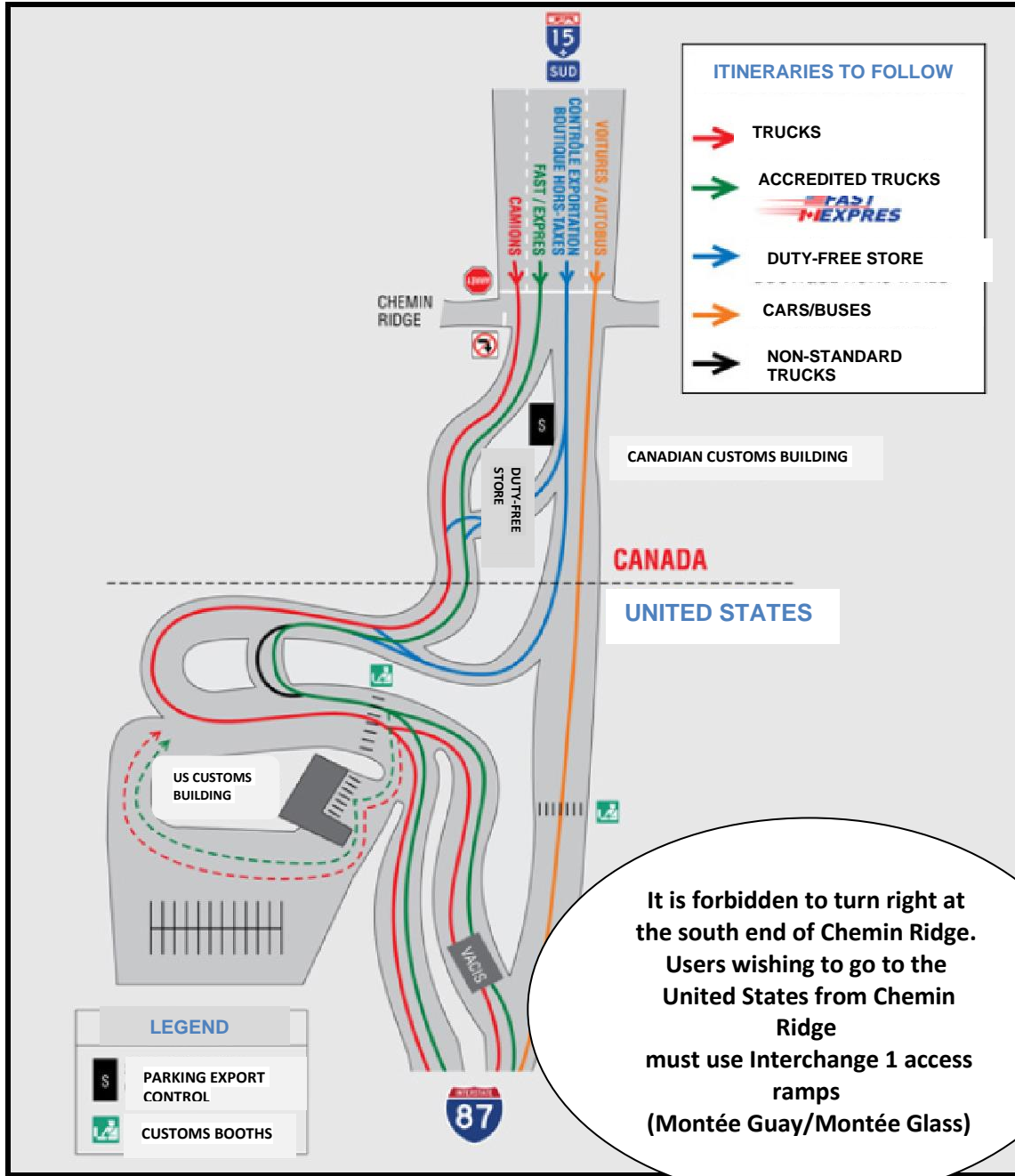
for this system to be in operation. This privilege is costly and complex for small and medium-sized companies that do not do a lot of international trade and that do not carry out such activities on a regular basis. So, you will understand that this type of cross-border passage occurs on a small scale.

As a driver, you can apply for your accreditation. This will not automatically grant you the privilege of entering through the "FAST" corridor, but _____ your regular passage.

Here is an example of the routes to take at the Lacolle-Champlain border crossing.



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Required documents

As in several work situations, there are all sorts of exceptions. This is especially true when it comes to the documentation required for passage through customs. The carrier that hires you will be responsible for providing you with adequate training according to his mode of operation. Here is a list of terms and documents you will need to have on hand.

Vocabulary to understand each other

ACE manifest	Document required to pass through US customs
PAPS (Pre-Arrival Processing System)	Bar code that must appear on one of the shipping documents and that must be indicated on the ACE eManifest
ACI eManifest	Document required to go through customs
PARS (Pre-Arrival Review System)	Bar code that must appear on one of the shipping documents and that must be indicated on the ACE eManifest
Customs Invoice or Proforma Invoice	Generally given during the merchandise pickup (for Canada and the United States)
Entry Number	Number authorizing passage through customs (United States)
Transaction Number	Number authorizing passage through customs (Canada)
Carrier	Your employer
Customs Department (of the carrier)	The staff of the transport company or a subcontractor acting as an intermediary between the driver and the customs broker

For a shipment from Canada to the United States

You could pick up goods directly from a shipper. Or, you could leave your carrier's property with a load that was previously picked up by another driver on the Canadian side.

You must have the following documents in your possession:

- The bill of lading
- A **PAPS** bar code affixed to one of the shipping documents;
- The **customs invoice**;
- The **ACE eManifest** form completed with your shipment information.



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Here is a procedure:

- A Once the goods have been cleared by the **customs broker**, the **customs department (of the carrier)** will send you an **entry number** through the fleet management system (ISAAC or other) or by any other necessary means. **THIS NUMBER IS MANDATORY! DO NOT SHOW UP AT CUSTOMS WITHOUT THIS NUMBER!** OTHERWISE, YOU OR YOUR CARRIER MAY BE IMPOSED A SIGNIFICANT FINE, depending on the case.

Then, you will only have to add the important missing information (**the entry number is shown in red**) and you will be able to give this document to the customs officer without concern.

Many carriers will opt for an **ACE eManifest** to be filled out in the company's name (like this one), in which you put the relevant information yourself, making sure to include the **entry number** when you receive it (shown in red for the purposes of this example).




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Here is another procedure:

- B The **customs department** will send you, to an email address of your choice, the **ACE eManifest** document with an **entry number**, like the one below.

ACE eManifest
Company: CFTR
Trip Number: 1234567


1234567

Port of Arrival: Champlain, NY
Driver Name: Denis Houle
Fast Card Id:123456789

Entry Number: 587439546804

Truck and Trailer Information
Truck Number: 3338
License Plate: L12345 (PQ)

Trailer Number: 5336
License Plate: FB2345 (PQ)

Seal Numbers: 0084804

In such a case, you will need to have a portable printer to print this type of **ACE eManifest** and give it to the customs officer, or pick up this document at a designated location (Transflo Truckstop Kiosk).



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For a shipment from the United States to Canada

You will be picking up goods directly from a shipper. You must have the following documents in your possession:

- The bill of lading
- A **PARS** bar code affixed to one of the shipping documents;
- The **customs invoice**;
- The **ACI eManifest** form completed with your shipment information.
- Use ArriveCAN to enter into Canada*.

Here is a procedure: (which is similar to the Canada to the US procedure)

- A Once the goods have been cleared by the **customs broker**, the **customs department (of the carrier)** will send you a **transaction number** through the fleet management system (ISAAC or other) or by any other necessary means. **THIS NUMBER IS MANDATORY! DO NOT SHOW UP AT CUSTOMS WITHOUT THIS NUMBER!** OTHERWISE, YOU OR YOUR CARRIER MAY BE IMPOSED A SIGNIFICANT FINE, depending on the case.

Then, simply add the important missing information (**transaction number**) and you will be able to show up at customs with this document without concern, along with the **PARS** bar code on one of the shipping documents.

Some carriers will also opt for an **ACI eManifest** to be filled out in the company's name, in which you put the relevant shipping information yourself, making sure to include the **transaction number**.



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Here is another procedure: (which is similar to the Canada to the US procedure)

- B The **customs department** will send you, to an email address of your choice, the **ACI eManifest** document with a **transaction number**, like the one below. You will need to have a portable printer to print this type of **ACI eManifest** and give it to the customs officer, or pick up this document at a designated location (Transflo Truckstop Kiosk).

ACI eManifest

Company: CFTR
Conveyance Reference Number: 1234567



1234567

Port of Entry: Lansdowne, ON
Driver Name: Denis Houle
Fast Card Id:123456789

Truck and Trailer Information

Truck Number: 3301
License Plate: L12345 (QC)
Trailer Number: 5336
License Plate: FB2345 (QC)
Seal Numbers: 180426

Shipments

Shipments	Type	Transaction Number	Consignee
6589PARS1234567	PARS	6211445992649	Lakehead WHRS

***Use ArriveCAN to enter into Canada**

ArriveCAN is mandatory and free!

You must use ArriveCAN to communicate mandatory travel information before you enter into Canada and once you are there. Available for iOS and Android, as well as on the web.



For more information, type “arrivecan” in Google.



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Fast/Express Card (Free and Secure Trade)



The purpose of this program is to secure the supply chain. You can register and follow the procedures to obtain this accreditation at the following Internet address:

[Click on this link](#) (in French only)



You can also access it with the following QR code. The process may take a few months.

Passport



The passport is also a way to cross the border. On the other hand, customs officers are likely to ask you more questions when you pass through. You can access information and apply for a passport by [clicking on the following link...](#)



You can also access it with the following QR code. The process may take a few weeks.



To know the situation regarding in-bond clearance in the country

A truck driver involved in local transportation may also have to clear customs before making certain deliveries. However, he will not cross any border.

In this sense, the procedure for passage at a border crossing will be different, but simpler.

Actually, this procedure will be the same with regards to the merchandise. The driver will have to go to a designated place in the country where there will be customs officers.

At this point, the driver will have to give the officers documents that will be used to clear the merchandise through customs.

After having received the approval from the customs officer, the driver will continue his delivery.

It is therefore important for the driver to pay close attention to the dispatcher's instructions in order to carry out this process correctly.



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Competency 6

Final recovery of the competency

Lesson Objective:

- Recover specific and deficient competency elements with the struggling student(s)

This period will be used to review elements that were shown as not being well understood during the assessment.

The teacher will have analyzed your assessment to identify problem areas.

Depending on your individual needs, the teacher will provide you with the necessary materials (planning grids, bills of lading, delivery tickets, etc.).

If you have passed the assessment, the teacher will provide you with supplementary exercises.





Competency 6

Reassessment of the competency

Lesson Objectives:

- Finalize the recovery
- Determine the student's ability to plan a route through a written assessment of situational scenarios

Reassessment of competency 6.

Assessment time: 2 hours

Course notes allowed: yes

Pass mark: 80%

All the best!



