



# COMPETENCY 1 DESCRIPTION OF THE 10 COMPETENCIES FOUND IN THE VOCATIONAL TRAINING PROGRAM





- BECOME FAMILIAR WITH THE NATURE OF THE TRADE
- UNDERSTANDING THE TRAINING PROCESS
- CONFIRM YOUR CAREER CHOICE
- BEGIN YOUR INTEGRATION INTO THE LEARNING ENVIRONMENT

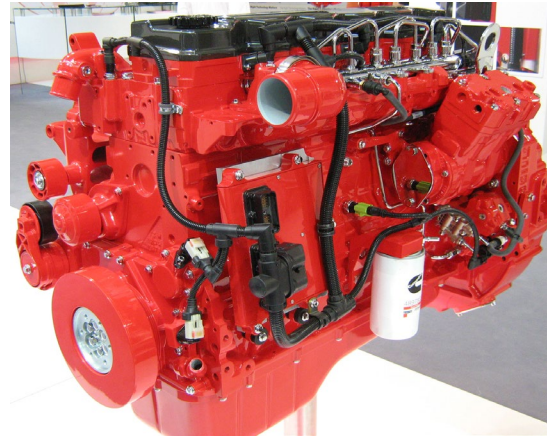
# COMPETENCY 1

## Trade and Training ( 15 HEURES)



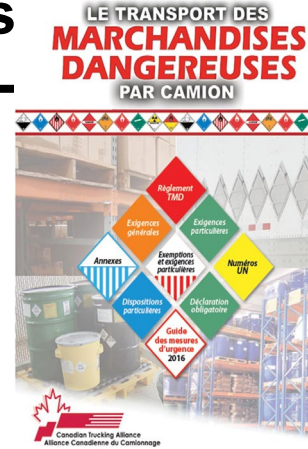
# COMPETENCY 2 : TRUCK SYSTEMS (TO IDENTIFY THE POSSIBLE SYSTEMS THAT CHARACTERIZE SEMI TRAILERS) **45 HOURS**

- ENGINES
- TRANSMISSIONS
- DIFFERENTIALS
- BRAKES
- WHEELS AND TIRES
- ETC.



# COMPETENCY 3 : REGULATIONS (TO RESOLVE PROBLEMS STEMMING FROM THE APPLICATION OF REGULATIONS) 45 heures

- LAW 430
- HOURS OF SERVICE
- LOAD AND SIZE LIMITS
- CIRCLE CHECK
- DANGEROUS GOODS
- LOAD SECURING
- ETC.



# COMPETENCY 4: CONDITION OF TRUCK

## 45 HOURS

TO ENSURE THAT THE TRUCK IS IN GOOD CONDITION

# CIRCLE CHECK

- ❖ PERFORM A VEHICLE INSPECTION
- ❖ FIND POSSIBLE DEFECTS
- ❖ SHOW CONCERN FOR PREVENTION
- ❖ KNOWING MAJORS AND MINORS



# COMPETENCY 5: BASIC DRIVING TECHNIQUES

90 HEURES

## TO PERFORM BASIC DRIVING TECHNIQUES

- CHANGING GEARS...DOUBLE CLUTCH
- AUTOMATIC TRANSMISSION
- COUPLING AND UNCOUPLING
- BACK UP (STRAIGHT LINE)
- TURNS
- PROPER USAGE OF MIRRORS
- ETC.

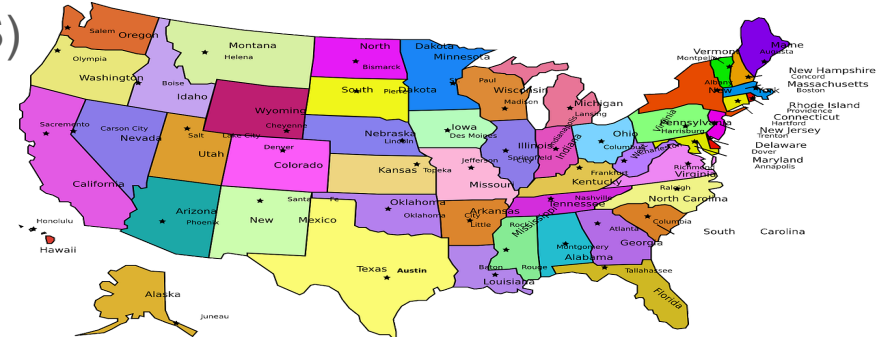
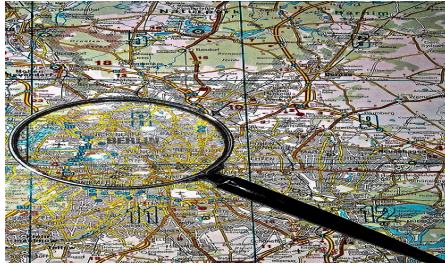


# COMPETENCY 6: PLANNING A TRIP

45 HOURS

TO PLAN A TRIP

- PROVINCIAL, MUNICIPAL AND INTERNATIONAL MAPS
- PLANNING AN ITINERARY
- CALCULATIONS USED FOR PLANNING A TRIP
- ELECTRONIC DEVICES (GPS)



# COMPETENCY 7: LOADING AND UNLOADING

45 HOURS

TO HANDLE THE LOADING AND UNLOADING OF A TRUCK

- SECURING THE LOAD
- MOVING THE AXLES AND FIFTH WHEEL
- LOAD DISTRIBUTION
- ETC.





# COMPETENCY 8: RURAL AND HIGHWAY DRIVING

(TO DRIVE A TRUCK ON RURAL AND HIGHWAYS)

60 heures



# COMPETENCY 9: DELIVERY TRIPS

135 HEURES

TO MAKE A TRIP WITH A DELIVERY

- MAKING MULTIPLE DELIVERIES WHILE USING AN ITINERARY
- CROSSING TOWNS AND MANEUVERING HILLS
- BACK UPS IN THE INDUSTRY (DOCKS AT COMPANIES)
- ECONOMICAL DRIVING
- PROBLEM SOLVING



# COMPETENCY 10: INTERNSHIP

90 HOURS

- 78 HOURS OF INTERNSHIP WITH A COMPANY
- 9 HOURS THEORY (INTERNSHIP PREPARATION)
- 3 HOURS (RETURN OF INTERNSHIP)

- INTEGRATION INTO THE WORKPLACE

