

## Truck Transportation

Program 5791



## Regulations

860-323

Student's name: \_

Competency 03

## **Table of Contents**

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#### **Lesson Objectives:**

- Understanding Competency 3
- Recognize the different jurisdictions in which laws and regulations are applied.
- Define the differences between a law, a regulation and a standard.

1- Objective of Competency 3					
To resolve problems stemming from the application of regulations.					
Start Date:	_End Date:				

#### Element of the competency

You will learn how to resolve regulation application problems.

#### Element of the competency

**You will learn** about provincial, federal, and international regulations pertaining to transportation in general, the Highway Safety Code, dangerous goods and the measures provided by the various insurance systems.

Lesson Plans:	Duration
3.1 - Introduction	30 min
3.2 - Select information sources.	60 min
3.3 - Research method	90 min
3.4 - Circle check guide	180 min
03.5 - Law 430	60 min
3.6 - Insurance and accidents	60 min
3.7 - Rights, health, and safety at work	60 min
3.8 - Driving and off-duty time for heavy vehicle drivers	180 min
3.9 - Preventive recovery 1	180 min
3.10 - Load standards and dimensions	180 min
3.12 - Bill of lading	90 min
3.13 - Cargo securement guide	180 min
3.14 - Transport of dangerous goods	90 min
3.15 - Regulatory differences Quebec, Canada, USA	60 min

(3.1)



Evaluation		
Date:		
Evaluation Strategy: Practical (theoretical) knowledge		
Duration: 2 hours		
Passing grade: 80%		
Students are entitled to reference guides and their course notes.	Yes	No

Additional lesson plans:	<u>Duration:</u>
3.09 - Review 1 of 3 3.16 - Review 2 of 3 3.17 - Review 3 of 3 3.18 - Evaluation 3.20 - Review for exam retake	180 minutes 180 minutes 45 minutes 120 min 180 minutes

#### Total number of hours of the competency: 45 hours

You will be able to apply this knowledge during the different practical competencies.





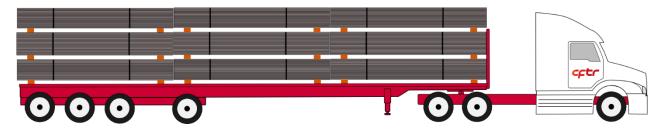
Upon completion of this competency, you should be able to solve regulatory problems that govern the trucking industry.

#### **Example**

Choose the right source of information.



Find the necessary information.



Solve situations.

Would you know what placards to put on your vehicle if you took possession of this load?







## 2. Recognize the jurisdictions for the application of different laws and regulations.



Canada's road network consists of nearly 4,500,000 kilometres of paved roads. Quebec comprises nearly 14% of this area, or approximately 850,000 kilometres.

In Canada, the laws, and regulations applicable to the use of vehicles on public roads fall under provincial jurisdiction. This means that the laws and regulations may differ from province to province.

Canadian provinces have agreed to harmonize certain fundamental regulations [1], here they are:

- Driving and rest hours (HCR)
- Circle Check Guide
- Cargo Securement
- Transportation of Dangerous Goods (TDG)

Other regulations are not harmonized, including the following:

Road Vehicle Load and Size Limits

The U.S. highway network system is harmonized. There are, however, minor distinctions from state to state.

Only one U.S. regulation is harmonized with ours: cargo securement.					

[1] Small distinctions may still exist.

Throughout the competence, you will learn, first, about Quebec laws and regulations. Later, you will learn the distinctions in laws and regulations of other provincial and U.S. jurisdictions.





#### 3. What is a law, regulation, standard and related guides?

#### Laws

In the broadest sense, a *law* is a normative and abstract provision establishing a legal rule of mandatory application.

Laws are rules that aim to oversee life in society. Everyone should normally know and respect the rights and obligations that are provided for in the laws.

Laws are created by the <u>legislator</u>. The word <u>legislator</u> is the name commonly given to the person who has the power to create laws.

In Quebec, this is done by National Assembly. At the federal level, it is the Parliament of Canada.

Can you identify two laws that directly affect us?

#### Regulations

Can you identify the five regulations that affect us?

The role of a regulation is to detail the application of the law. A law can include many regulations that can be revised over the years. For example, the Highway Safety Code has 89 regulations.





#### **Standards**

The drafting of a standard is a collective committee work bringing together manufacturers, users, researchers, public and professional services (Canadian Council of Motor Transport Administrators CCMTA\_http://ccmta.ca/en/).

It is a published document that details the technical or other criteria for use as rules and guidelines. Standards are created for voluntary use and do not impose any regulations. However, laws and regulations may refer to and conform to certain standards. Standards 9, 10, 13, 14 and 15 of the CCMTA are perfect examples of this.

#### Guides

Guides are designed to address an area of knowledge, a practical approach or a specialized activity. They usually come in the form of manuals and provide the guidelines for good practice. They are usually didactic or incentive, but never prescriptive.





#### Information sources

#### **Lesson Objectives:**

- Associate laws and regulations with various road transport situations
- Distinguishing a heavy vehicle from other vehicles (reminder)

The following reference guides will be used for this competency.

It is important to understand that these are guides and that the information contained in them cannot be used for legal purposes.

For legal purposes, consult the official laws on the following website:

http://legisguebec.gouv.gc.ca/

#### **DRIVING A HEAVY VEHICLE**



This document gives you all the information you need to obtain a Class 1 Learner's Permit. It provides references for driver responsibilities, factors that influence driving, vehicle knowledge, air brake system, driving and safety on the road, driving in special situations, transporting people, trucking, methods coupling, uncoupling, and driving a double road train, driving a road train, driving and resting hours and vehicle safety rounds.

#### **DRIVER'S HANDBOOK**



This guide is a summary of the main requirements of the Highway Safety Code (HSC) and its regulations. It contains information related to the driver, the vehicle, road signs, traffic rules, accidents and violations and their consequences.

#### **CIRCLE CHECK GUIDE**



The purpose of this guide is to make you aware of the importance of doing the circle check (safety inspection). It explains the driver's obligations in relation to the circle check. What is a Circle Check, which vehicles are involved, who should do it and when should it be done, as well as several other points that are important for your safety and the safety of other road users. You will also have a suggested method, the list of defects that relate to your vehicle, a reminder on the prevention of accidents at work and many other information all as relevant as the others.

(3.2)



#### Ignorance of the law excuses no one



#### **HOURS OF SERVICE AND REST:**

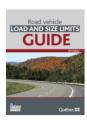
This guide explains the procedure to complete your daily log. It gives you the procedure to follow to respect the law and thus avoid tickets. You will find information on the objectives of the law on hours of service and rest, the vehicles and persons concerned, exemptions, specific situations, work cycles, how to properly fill out your daily log and many other subjects.

#### **CARGO SECUREMENT GUIDE:**



This guide will be very useful to you whenever you need to immobilize cargo on or in your vehicle. It is the driver's responsibility to ensure that the cargo he is transporting remains securely in place and properly secured. In this guide, you will find explanations of displacement forces during vehicle movements, specifications related to securing components and different securing methods for specific cargoes.

#### **LOAD AND SIZE LIMITS:**



In this guide, you will see different vehicle configurations that can be found on the roads of Quebec. You will be able to know the different groups of axles that heavy vehicles have and be able to know the load capacity of these. Finally, you will be able to determine the total mass of different vehicle configurations to be able to drive according to the rules and in complete safety.

#### TRANSPORTATION OF DANGEROUS SUBSTANCES GUIDE:



In the course of your duties, you may have to transport Dangerous Goods (DG). With this guide you will learn the basics of Transportation of Dangerous Goods (TDG). It is important to note that the training you will receive in TDG will serve to make you aware of the driver's obligations when transporting DG. Your future employer will have the duty to give you full training and thereby.

issue you a certificate (Transportation of Dangerous Goods Certificate).





#### Ignorance of the law excuses no one

## CONDUCT REVIEW POLICY FOR HEAVY VEHICLE DRIVERS



This document will make you aware of the extent of the obligations of heavy vehicle drivers. It defines the rules relating to the structure of the files of the latter as well as the methods of evaluation and monitoring of their behavior. It also discusses the scoring system set up, for this purpose. It is like the demerit point system we have for driving.



#### **HEAVY VEHICLE SIGNAGE CHECKLIST**

This document allows you to find all the information quickly and easily on road signs for the use of heavy vehicle drivers.





#### Ignorance of the law excuses no one

When breaking a law, ignoring it is no excuse, in fact everyone must know the laws. And the one who breaks a law without knowing is guilty in two ways, guilty of his gesture and of his ignorance.

#### **EXERCISES**

n which document(s) o	can you find the information	for the following	scenarios?
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1.	You have no turn signal at the rear of your vehicle combination.
2.	You see a traffic sign and want to know its meaning.
3.	You are transporting dressed lumber and you want to know how to secure the cargo properly.
4.	You have committed an offense in connection with the hours of service and rest regulation and you are wondering what the impact on your driving record will be.
5.	The shipper asks to load cargo and it seems to be too heavy.
6.	You must transport dangerous goods and you want to know if your "transportation of dangerous goods" training certificate is still valid.
7.	Your dispatcher asks you to make a special, urgent delivery, but you don't know if you'll have enough hours available to get to the customer.
8.	You want to know what the requirements are for obtaining your "Mention T" for large road trains on your driver's license.



## **Competency 3**



Research method

#### **Lesson Objective:**

 Specify a research and problem method in relation to the various documents in the regulations.

Documentary research is research that involves finding sources of information to learn about a subject, answer a question or do a job. Often this step is done too quickly. Documentary research is essential to the production of quality, efficient and accurate work.

We sometimes forget that the result is directly related to the quality of information found in our research. This is the reason why documentary research is a crucial step in carrying out any work related to regulations.

In other words, when we start thinking about a subject, even if we have a few ideas, we research the document to acquire its knowledge to be able to apply it with accuracy. Our reading provides concepts and information.



**(3.3)** 12



#### Step by step procedure for a thorough information research.

#### 1. Define your objectives.

The first step is to determine the type of work to be done and the research to be conducted.

#### 2. Prepare your research.

The subject must be identified with precision (Circle Check, load securing, load and size limits, hours of service, etc.).

You must define the purpose of the work to be done (answers, references, sources, etc.).

You must search by "Keywords". It is an efficient way to find relevant documents on a specific topic.

#### 3. Choose the types of documents.

It is necessary to know how to choose the documents corresponding to the research needs (guides, books, manufacturer's manuals, official regulations, official laws, fact sheets, etc..).

#### 4. Locate the documents.

Student materials, guides, etc.
Digital documents (Google Docs, Word, PDF, etc.).
On the Internet (SAAQ, MTQ, CTQ, etc.).

#### 5. Evaluate the documentation and information collected.

It's necessary to assess the quality of the documentation and ensure its

relevance in relation to the work requested.				





## Example of a research method applicable to paper and digital documents

#### Scenario:



You have completed loading and securing your cargo of manufactured lumber at the shipper. Before hitting the road, to make your delivery, you ask yourself. When should I perform the next regulatory inspection of the cargo.

What will be your answer and what is the reference to comply with cargo securement standards?

#### Elements of the competency.

Define the situation requiring a regulatory search.

Choose information sources.

Collect information.





#### 1. Define your objectives.

The first step is to determine the type of work to be done and the research to be carried out.

You have completed loading and securing your cargo of manufactured lumber at the shipper. Before hitting the road, to make your delivery, you ask yourself. When should I perform the next regulatory inspection of the cargo.

What will be your answer and what is the reference to comply with cargo securement standards?

#### 2. Prepare your research.

The subject must be identified with precision (circle checks, load securement, load and size limits, hours of service, etc.).

You must define the purpose of the work to be done (answers, references, sources).

You must search by "keyword" It's an efficient way to find relevant documents on a specific topic.

You have completed loading and securing your cargo of manufactured lumber at the shipper. Before hitting the road, to make your delivery, you ask yourself. When should I perform the next regulatory inspection of the cargo.

What will be your answer and what is the reference to comply with cargo securement standards?





#### 3. Select the types of documents.

It is necessary to know how to choose the documents corresponding to the research needs (guides, books, manufacturer's manuals, official regulations, official laws, fact sheets, etc..).

You have completed loading and securing your cargo of manufactured lumber at the shipper. Before hitting the road, to make your delivery, you ask yourself. When should I perform the next regulatory inspection of the cargo.

What will be your answer and what is the reference to comply with cargo securement standards?

Remember the question: When should I perform the next regulatory cargo inspection?













#### 4. Choose the documents format (paper or digital versions)

Student Materials, guides, etc. Digital documents (Google Docs, Word, PDF, etc.). Internet sites (SAAQ, MTQ, CTQ, etc.).

You have completed loading and securing your cargo of manufactured lumber at the shipper. Before hitting the road, to make your delivery, you ask yourself. When should I perform the next regulatory inspection of the cargo.

What will be your answer and what is the reference to comply with cargo securement standards?

Remember the question: When should I perform the next regulatory cargo inspection?





-		





#### 5. Confirm your documents selection by validating the usefulness of the information.

It is necessary to assess the quality of the documentation and ensure its relevance in relation to the work requested.

You have completed loading and securing your cargo of manufactured lumber at the shipper. Before hitting the road, to make your delivery, you ask yourself. When should I perform the next regulatory inspection of the cargo.

What will be your answer and what is the reference to comply with cargo securement standards?

Remember the question: When should I perform the next regulatory cargo inspection?

#### Example 1

1) Choice of document



#### 2) Research information

CHAPTER 8 TRUCKING	191
Load restrictions	193
▶ Protecting the road network	
Vehicle load and size limits	193
Special travel permits	197
Safeguarding bridges and overpasses	198
Rules for securing cargo	200
General rules	201
Special rules for the securement	
of certain types of cargo	205
Securement inspection	212
<ul> <li>Inspection of cargo and the cargo securement system</li> </ul>	212

#### 3) Solution

# Inspection of cargo and the cargo securement system You must also inspect the vehicle's cargo and the cargo securement system used to restrain the load. You must make any necessary adjustments: before driving the vehicle and not more than 80 km from the point where the cargo was loaded onto the truck. You must re-inspect the vehicle's cargo and the cargo securement system regularly. If necessary, you must also make any necessary adjustments, including adding more tiedowns. The cargo must be re-inspected when any of the following situations occurs: Your activities or duty status changes. The vehicle has been driven for 3 hours. The vehicle has travelled 240 km.



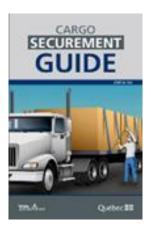


(3.3)



#### **Example 2**

#### 1) Choice of document



#### 2) Research information

TABLE OF CONTENTS
INTRODUCTION1
SECTION 1 GENERAL PRINCIPLES AND DEFINITIONS
1.1 SCOPE
1.2 DEFINITIONS
1.3 GENERAL REQUIREMENTS
General performance criteria
Cargo inspection
Securing devices
Performance criteria
Appropriate system
15 FOUIVALENT CARGO SECUREMENT SYSTEMS

#### 3) Solution

#### Cargo inspection (Standard 10, section 3)

The driver of a vehicle shall inspect the vehicle's cargo and the cargo securement system used and make necessary adjustments:

- · before driving the vehicle; and
- · not more than 80 km from the point where the cargo was loaded.

The same requirements apply periodically, including adding more securing devices, whichever comes first:

- · there is a change of duty status of the driver;
- · the vehicle has been driven for 3 hours; or
- · the vehicle has been driven for 240 kilometres.

These inspection requirements do not apply if:

- · the cargo is sealed in a vehicle and the driver has been ordered not to open it to inspect the cargo
- OR
- · the vehicle is loaded in a manner that makes the cargo, or portions of the cargo, inaccessible.





#### Search method for a digital document

**N.B.** In example 1 below, it should be noted that the "Driving a Heavy Vehicle" guide is not available free of charge in its digital version, fees are payable for consultation.

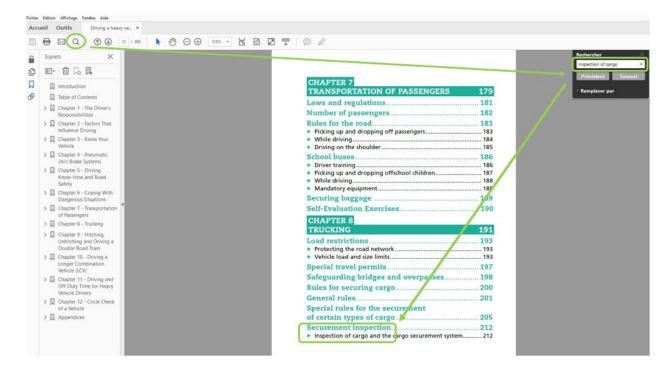
#### Example 1

1) Choice of document





2) Research information

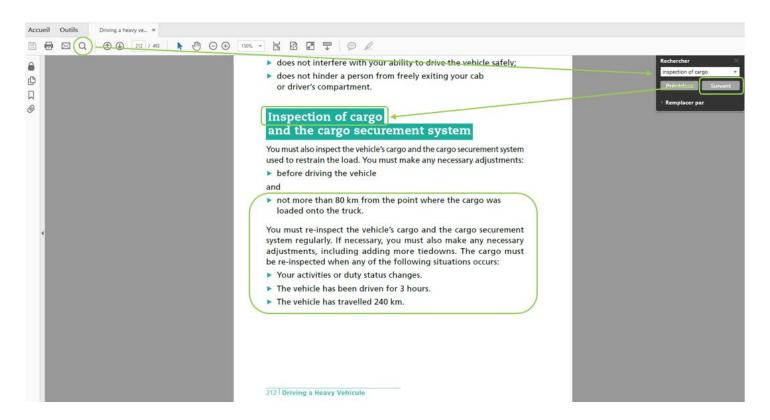




(3.3)



#### 3) Solution





### **Competency 3**



#### The Circle Check

#### **Lesson Objective:**

 Resolve the problems of application of the regulations referring to the security round.

The Circle Check comes under the *Regulation respecting safety standards for road vehicles* and is harmonized with National Safety Code, Canadian Standard # 13.

The SAAQ provides heavy vehicle drivers with documents (sources of information) that guide them in their actions and decision -making regarding Circle Checks.





Driving a Heavy Vehicle (CVL) chapter 12

Circle Check guide

By now, are now familiar with chapter 12 of the DHV, as you have appropriated it to obtain your Class 1 Learners Permit.

For this reason, we are now going to learn how the Circle Check Guide works to become familiar with it. The advantage of this guide is that it is more detailed.

Note that we will **only** stick to what concerns a truck and not what is considered specialized (example: emergency vehicles). The guide also contains elements relating to buses and coaches that will not be discussed.

First, to make this easier to understand, you just need to remember that the guide is divided into three parts which can be found in the table of contents.

- 1. The administrative component.
- 2. The mechanical component.
- 3. Prevention of work-related accidents.

THE USE OF THE TABLE OF CONTENTS IS THE WORKING METHOD TO APPLY. THEREFORE, YOU MUST ALWAYS DO YOUR RESEARCH FROM THIS SECTION.

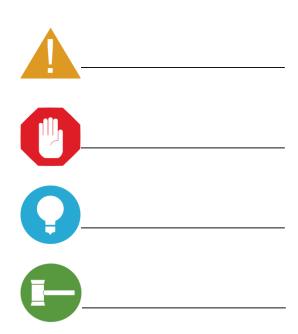
(3.4)



## Let's start your work. Don't forget to use the table of contents!

## To use the guide properly, you need to know the meaning of each icon used in the guide.

#### What does each icon mean?



## Here are some scenarios related to the administrative section of the guide.

Include the guide reference in your answer.

1.	You are going alone for a two-day trip. you do your Circle Check of your vehicle, at the start of your shift (10 AM). When, at the latest, will you have to do another Circle Check?





designated persons to do Circle Checks. You see that the last Circle Check was done 8 hours ago. Do you have the obligation to do another Circle Check before leaving?
During your work shift, on your break, you notice that there is a faulty parking light in the back of your vehicle. You countersigned the Circle Check report before you left, as it was already signed by the designated person.
Are you responsible for reporting defects that occur along the way? Explain your answer.
You must leave with a tractor semi-trailer.  Before leaving, as a driver, what do you need to be sure of regarding defect list 1?
At the beginning of your shift, you take a straight truck and make your circle check. You make a few local deliveries and return to the terminal. Another driver takes the same vehicle to make a few deliveries while you do some work on the loading dock. When this drive returns, your boss asks you to make one last delivery with the same vehicle.
Do you have to do a new circle check report for this vehicle?



You are leaving from Quebec for the state of Utah in the United States. During the trip, you notice the presence of a defect. The license plate light no longer works on the semi-trailer. In addition to recording this defect in your Circle Check Report, what should you do?
While driving, you detect a minor defect on your vehicle. You record this defect in your report and notify the operator. What happens if the defect is not repaired within 48 hours?
You're travelling within 160 kilometers from your home terminal. You do your Circle Check, and no defect is found. Can you then leave without completing a report, as there were no defects found?
You work as a local driver.  Before leaving your home terminal, after having completed your Circle Check, you detected a minor defect and entered it in the report. Your employer asks you to leave your report with him for the day so as not to forget to repair it.  Can you leave without your report for the day?



10.	Before leaving your home terminal, after completing your Circle Check, you start filling out your report. When you get to the section "Semi-Trailer Odometer" you cannot enter anything, since there is your trailer is not equipped with an hubometer.
	In this situation, if you leave without entering a mileage, will you be in violation?
11.	You're a long-haul driver. It has been 20 days since you left your home terminal. You have the original Circle Check reports with you. You will only get back to your terminal in two days.
	Could you wait until your return to submit your original reports to your company?



## Here are some scenarios related to the mechanical section and list 1 of the guide.

Include the guide reference in your answer.

12. You approach your tractor semi-trailer to do a Circle Check and you observe your fifth wheel (Image A). Image B represents what the locking pins should look like.





Determine if this constitutes a minor or major defect. If applicable, refer to the guide and enter the code.

13. You're doing the Circle Check on your tractor you see this section of the frame.







14. The blower controls are turned to these positions and no air is coming out to the windshield.

Video available here





Determine if this constitutes a minor or major defect. If applicable, refer to the guide and enter the code.

•

15. Along your trip you notice that all the horns on your vehicle have stopped working.

Determine if this constitutes a minor or major defect. If applicable, refer to the guide and enter the code.

16. As you're doing the circle checks of your tractor you observe the fluid level in the power steering tank.





17. You only have two triangular reflectors in your truck.



Determine if this constitutes a minor or major defect. If applicable, refer to the guide and enter the code.

18. During your circle check, you notice that all the headlights (low beams) are not working.

Determine if this constitutes a minor or major defect. If applicable, refer to the guide and enter the code.

19. As your doing the Circle Check of the tractor you observe this tire on the steer axle.





20. You are doing the circle check of your vehicle and you observe this wheel.



Determine if this constitutes a minor or major defect. If applicable, refer to the guide and enter the code.

21. You do the circle check for your truck and observe this master leaf.



Determine if this constitutes a minor or major defect. If applicable, refer to the guide and enter the code.

22. During your Brake Test, you notice that the low-pressure warning lights and buzzers activate when the air pressure in the system drops below 50 psi.



#### OCCUPATIONAL SAFETY AND HEALTH PREVENTION.

On pages 139 to 143, you will find more information related to the risk of injury in the workplace.

#### Examples:

- Opening the hood.
- · Getting in and out of the truck.
- The external verification of the vehicle.
- The coupling and uncoupling of the semi-trailer.

You will also find a summary of the most common risks of accidents as well as preventive measures to avoid injury.

At all times in the day, always think about Occupational Safety and Health

"Danger never sleeps."

#### For more information

Companies under provincial jurisdiction

Contact the Commission des normes, de l'équité, de la santé et de la sécurité du travail. 1 866 302-2778 www.cnesst.gouv.gc.ca

Companies under federal Jurisdiction

Contact Employment and Social Development Canada Labour Program. 1 800 641-4049

www.edsc.gc.ca



## **Competency 3**



Law 430

#### **Lesson Objectives:**

- To provide information regarding the obligations of heavy vehicle drivers
- To raise awareness about the impacts and consequences of their conduct record

1.	In what year did the Conduct Review Policy for Heavy Vehicle Drivers come into effect?
2.	The Conduct Review Policy For Heavy Vehicle Owners And Operators applies specifically to which heavy vehicle drivers?
3.	To monitor and assess heavy vehicle driver's behavior, "Monitoring the Conduct of Heavy Vehicle Owners And Operators", the SAAQ maintains records. What happens when a driver works for more than one company at a time?



**(3.5)** 33

(---)



4.	What events are recorded in the driver's file (record) and considered in the driver's behavioral assessment?
5.	The driver behavior assessment is based on events observed during a roadside intervention. How long are these events recorded in the driver's file (record)?
6.	Alcohol impaired driving events remain on the record much longer. How long do they stay there?
7.	For behavioral assessment, events are grouped into different behavior categories. What are these categories?





8.	What action would the SAAQ take, if you reached the threshold of 12 points out of 16 (75%) on your driving record following violations related to road safety (operational safety)?
9.	What action would the SAAQ take, if you reached the threshold of 5 points out of 9 (+50%) on your driving record following your involvement in accidents that you have been responsible for?
10.	What action would the SAAQ take if you drove in a tunnel with dangerous goods?
11.	What action would the SAAQ take, if you did 35 km/h over the legal speed limit?





## Competency 3

#### Insurance and accidents

#### **Lesson Objectives:**

- Know the procedures in case of an accident.
- Fill out the documentation.

#### Four types of accidents can occur to you:

- Collision with property damage to an unoccupied vehicle, a pole, a traffic sign and/or a structure such as a bridge.
- Collision with property damage to one or more vehicles without bodily harm.
- Collision with bodily harm with or without property damage.
- Collision with an unowned domestic animal, a wild animal over 25 kilograms that is on the list of notifiable animals.

#### What to do in one of these situations



All companies must have an accident policy that the driver must follow. Basically, the procedures are the same knowing that insurance companies all ask for the same information. They also must comply and respect the Highway Safety Code. The difference between Quebec, is that it covers bodily injuries versus other provinces or states that don't. This opens the door to lawyers in other districts to try to claim in upwards of 2, 3 or even \$ 5 ooo ooo. This is why it is extremely important to call the Emergency Number of your company to be properly guided.

Here are the CFTR procedures to follow according to the four types of accidents.

- Collision with property damage to an unoccupied vehicle, a pole, sign or structure such as a bridge.

#### You should:

- **Stop** your vehicle.
- Verify if anyone is hurt.
- Call the **Emergency Number** of your company.
- Call **911** to reach the nearest police station, which will come and fill out a **Police Report.**
- Take photos of the damage and of the area in which it occurred.
- Complete the accident form (CFTR)\* (annex 3.



* Taking pictures is a good way to collect evidence (registration, insurance, driver's licence).

(3.6)



#### -Collision with property damage to one or more vehicles without bodily harm.

#### You should:

- **Stop** your vehicle.
- Verify if **anyone is hurt**.
- Call the **Emergency Number** of your company.
- Fill out an Accident Report (Amicable Report) \*
- Take photos of the damage and of the area in which it
- Complete the accident form (CFTR)\* (annex 3)



**PARAMEDIC** 

- Collision with bodily harm with or without property damage:

#### You should:

- **Stop** your vehicle.
- Assist the injured, even if it's minor, by calling 911.
- Call the **Emergency Number** of your company.
- The police will fill out an Accident Report.
- Take photos of the damage and of the area in which it occurred.
- Complete the accident form (CFTR)\* (annex 3
- \* The amicable report is not mandatory; however, you must take the information according to the requirements of the road safety code.
- Collision with a domestic animal or a wild animal weighing more than
   25 kilograms.

#### You must:

- **Stop** the vehicle.
- Assist the owner of the animal if he is injured.
- Call the **Emergency Number** of your company.
- Contact a wildlife officer if the animal weighs more than
   25 kilograms or if the animal is on the Mandatory
   Declaration List\*.
- Complete the accident form (CFTR)\* (annex 3)
- Take photos of the damage and of the area in which it occurred.





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# Appendix 1 (See the scenario of the teacher's presentation and complete this report).

#### **CFTR ACCIDENT REPORT**

You must complete this form in the event of an accident involving property damage, requiring a tow truck, or causing injury. This document must be attached to the amicable accident report completed in due form.

This report will be attached to your file. Once completed, you will need to hand it over to your group leader.

Date:	
Student' name	
Driver's licence number	
Group number:	
Name of the instructor	
Name of the witness	
Truck and trailer number	
Accident location	
. Explain the circumstances of the	accident.





2.	Why did this accident happen?
_	
_	
_	
3.	Can you justify that your speed was reasonable at the time of the accident?
_	
_	
_	
4.	What could you have done to avoid this accident?
_	
_	
_	





5. What do you take away from this accident?	
Draw a sketch representing the accident:	
Signature of student present:	





# Rights and Obligations of Occupational Health and Safety at Work (OHS)

# **Training contents**

- Introduction to OHS
- Work accidents
- Rights and obligations
- · Conclusion in three words



Prepared by: Samuel Laverdière, CRIA Prevention Advisor Via Prevention



# **Introduction to OHS**

# Worker's protection:

# Prevention

It's the elimination, at the source, danger to health, safety and physical well-being of workers.

#### **Examples**

- Procedures
- Training
- Inspection
- Maintenance
- Safety equipment

#### Compensation

It's the repair of occupational injuries and the consequences they entail.

#### **Examples**

- physical, social and vocational rehabilitation
- payment of income replacement benefits, compensation for personal injury
- death benefits

# **Provincial and Federal jurisdiction**

Depending on the normal and usual activities of the company:

- Local transport
   Provincial jurisdiction
- Domestic and international transport
   Federal Jurisdiction

	Provincial	Federal
Prevention and inspection	CNESST	Labour program
Compensation	CNESST	CNESST
Principal laws and regulations	AROHS RROHS, ARIAOD, BBRI	CLC, COHSR ARIAOD

# Some numbers...

# In Quebec, all sectors combined:

- 1 accident every 6 minutes.
- Over 200 deaths per year.
  - o Approximately 60 caused by accident.
  - About 160 caused by occupational diseases.



**Click on this link** 



#### Transportation and warehousing

- Approximately 25% of accidental deaths each year.
- More than 2,000 work-related accidents per year.
- In 80% of accidents, the driver is doing something other than driving the vehicle.

#### **Transportation**

- 30% of injuries = back.
- 40% = sprains / strains / tears.
- 50% = falls.





# Accidents at work.

# **Perception of performance**

For many, prevention is related to the following equation:

In fact, the greater the exposure to risk, the greater the probability of an accident.

# **Definition**

#### In a context of prevention

An unforeseen and sudden event that results or could have resulted in:

- personal injury.
- · property damage.

The concept of an accident is therefore independent of the consequence that follows.

#### Causes of accidents

The principle of multiple causes.

Rarely the result of one single cause.



# **Causes of accidents**

# Organization

- Corporate culture.
- Organization of work.
- Prevention program.
- Staff selection and training.
- · Supervision.
- Etc.



# The individual

- Training.
- Experience.
- Habits.
- Health status.
- Safe attitudes.
- Etc.



#### Task

- Training.
- · Work methods.
- The postures adopted as well as the actions taken.
- The pace of the task.
- Etc.





# **Equipments**

- Tie-downs:
- Forklifts.
- Protective equipment.
- Tractors and semi-trailers.
- Etc.



#### **Materials and substances**

- · Their nature.
- Dangerous goods.
- The Quantity.
- Containers.



# The moment

- Early morning/night.
- · Start/end of work shift.
- Start/end of cycle.
- Peak hour/traffic.
- Late.





#### **Environment**

- Noise.
- Lighting.
- State and condition of the road.
- Clutter and cleanliness of the site.
- Temperature and weather conditions.
- Etc.



# Hierarchy of prevention means.

- 1. **Elimination**: Eliminating the danger from the work environment or substitute less hazardous materials or machines with other, less hazardous ones.
- 2. **Engineering measures:** Design or modification of plants, equipment, ventilation system and processes, so to reduce the source of exposure.
- 3. **Administrative Actions:** Modify work execution; work schedule; policies, standards and procedures; training; equipment maintenance and housekeeping.
- 4. **Personal protective equipment:** Helmets, boots, safety glasses, gloves, bibs, masks, etc., all in order to reduce exposure and increase visibility.

# **Rights and obligations**

#### **Employer's rights**

#### **Management rights**

The right to manage employees and make decisions for the company's profitability:

- control mechanisms
- behaviour and performance supervision

Concerning prevention, the employer as the right to.

- Training and information services
- Advice on occupational health and safety advice









#### **Employer's obligations**

- Identify, control, and eliminate potential hazards.
- Equip establishments with equipment, proper tools, and safe working methods.
- Train and inform workers of the risks and means of prevention.



Réglementation (3.7)

# **Employer's obligations**

- Supervise the work and ensure safety standards are met.
- Provide protective equipment.
- Provide on-site first-aid kits.
- Establish a prevention program.
- Etc.

# Worker's rights

- Safe working conditions
- Training, coaching, supervision
- Refusal to perform a task.
- Preventive withdrawal of pregnant and breastfeeding workers
- Compensation for work-related injuries

# Worker's obligations

#### Prevention

- Protect their health, safety, and physical integrity.
- Do not endanger that of others.
- Participate in identifying and eliminating risks.







# Worker's obligations

#### Prevention

- Learn about the prevention program.
- Collaborate with the health and safety committee.
- Report accidents and other dangerous occurrences



#### Worker's obligations

#### Compensation and rehabilitation

- Submit medical certificate and other medical reports.
- Submit yourself to medical experts required by the employer.
- Follow treatments recommended by your doctor.
- Avoid actions that could delay healing.





# In conclusion

#### To prevent accident at work, the worker must:

- Know:
  - Risks,
  - Working methods.
- Participate:
  - Risk Identification,
  - OHS Committee.
- Report:
  - Dangerous situations,
  - Accident: with or without injury, with or without property damage.

#### **Conditions for success**

- Employer commitment.
- Respect and trust.
- Involvement of people in the field.
- Problem-solving approach.
- Recognition of the work accomplished.

Réglementation (3.7)





**Hours of Service and Rest** 

#### Lesson Objectives:

- Know the general and specific regulations.
- Resolve enforcement issues related to the hours of operation and rest regulations.

#### For your information:

The hours of driving and rest are covered by the Hours of Service and Rest Regulation (Heavy Vehicle Drivers) and are harmonized with Standard 9 of the National Safety Code for Motor Carriers.

#### In context

The SAAQ provides heavy vehicle drivers with a document that guides them in their actions and decision-making regarding the **Hours of Service and Rest**.

Rules on driving, working and resting hours help limit fatigue among heavy vehicle drivers. A tired driver poses a risk to his own safety and that of other road users. These standards are contained in the regulation on Hours of Service and Rest.

#### The guiding principles are as follows:

- to allow drivers of heavy vehicles to have a minimum of hours of rest before setting off:
- to establish a maximum number of **driving and working hours** after which the driver must stop driving.

All this to minimize the effects of fatigue.

#### **USE OF THE TABLE OF CONTENTS**

Like all other regulatory guides, you should always research this section to find a solution to a problem regarding driving and resting hours.

#### INSTRUCTIONS FOR PERFORMING THE FOLLOWING TASKS

For the following scenarios, you must associate key words from the problem raised in the scenario with the table of contents and select the right section to search in the guide (Hours of Service and Rest), to find the solution.

You must include as reference to your answer to the problem the section and page number of the guide.



(3.8)

1. You must leave with this vehicle's combination today.



GVWR: 5,000 kg GVWR: 2,000 kg

As the driver of this vehicle, are you covered by the hours of service and rest regulations?

2.

Your new employer allows you to drive home with your truck at the end of your work shift. Your home is **60 kilometers** from your home terminal.

How do you record this distance in your log or are you exempt from recording this distance?

3. Based on the 14-day rule, how many hours of work are available on day 14?

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
hours of service	11	9	10	9	8	11	8	9	10	11	8	9	10	?	

THE REAL PROPERTY OF THE PROPE



You are using Cycle 1.How many hours are available on day 8?

Days	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
hours of service	12	12	9	10	9	10	8	?							

5. You regularly do trips in **Western Canada and use Cycle 2.** Your employer is asking you to switch to Cycle 1 since you will be travelling in the Maritimes.

What condition must you meet to switch to Cycle 1?

6. You start your shift regularly at 3:00 p.m. and your shift usually ends at 3:00 a.m.

To avoid having to stop on the way at midnight to start another log sheet, it is preferable for you to change your **24-hour work shift starting time**.

To be able to make this change, referring to the Hours of Service and Rest Regulation, what must you do before you can take advantage of this benefit?



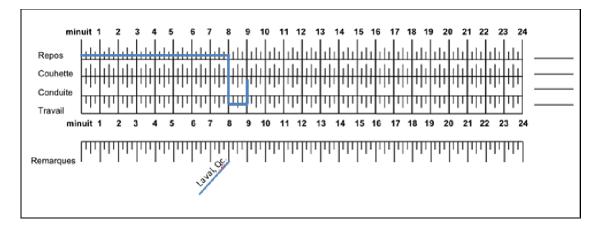


7.	You are carrying explosives and have been parked for a few minutes at a truck stop to take your 8 consecutive hours of rest, since you have reached your 13 hours or driving. Suddenly a forest fire breaks out nearby!  According to the description of an emergency in your guide on Hours of Service and Rest, do you have the right to leave to truck stop?
8.	A During your work shift, after a few hours from your departure, an <b>accident</b> occurs in front of you and makes you fall an hour behind from your planning.
	Given this <b>unforeseen situation</b> , can you do 14 hours of driving this day to make up for lost time?
9.	You arrive at the boarding dock to take the <b>ferry</b> to Newfoundland with your truck. You must wait in your <b>sleeper berth 3 hours</b> before boarding. The duration on the <b>ferry was 5</b> hours.
	Can you combine the <b>5 hours</b> spent on the ferry to your <b>3 hours</b> spent in the sleeper berth to have your <b>8 consecutive hours</b> of rest which, would allow you to start a new work shift as you get off the boat?





10. You are driving your truck and it is 11:00 AM when a **truck inspector** stops you. The inspector asks you to show your daily log. **See log sheet below.** 



Regarding the obligations of keeping your **log sheet up to date**, could the inspector blame you for not having kept it up to date?

11. You meet all the requirements to be exempted from completing a daily log.

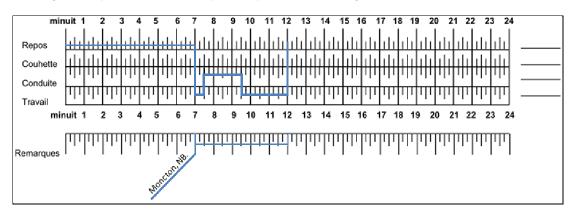
If so, are you required to meet the hours of service and rest regulations?





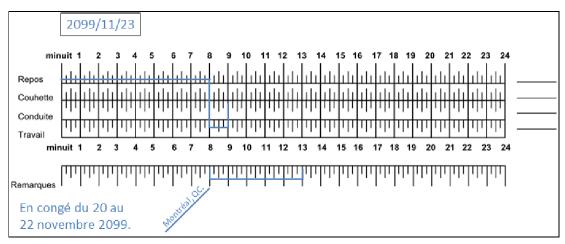
12. You left **Quebec City** (home terminal) to go to **Moncton, NB.** You make your delivery, and you take your **8 consecutive hours of rest.** 

When you start your new work shift, your dispatch asks you to make **several pickups and deliveries in this city** for part of the day. To make it easier for you to indicate your time on the log sheet you use the **multiple stops** rule in the log sheet below.



Looking at the log sheet above, are you in compliance with the rule?

13. Monday morning, November 23, 2099, you start your daily log after being off duty for 3 days.

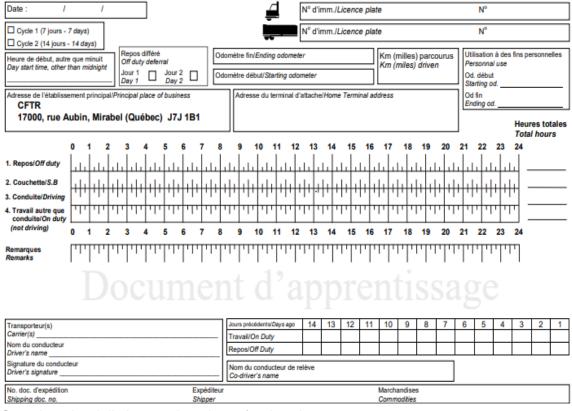


Is this the correct way to record you 3 days off-duty time?





14. You work locally every week, but today your dispatch is asking you to make an urgent delivery that requires you to go outside the 160 km radius.



Complete the daily log section above for that day.

15. You fill out a daily log every day since you do long-distance transport regularly.

Are you required to fill out the Monthly summary sheet (recap) to ensure that you respect the number of driving hours available each day?

16. It is **December 10th**, and you are leaving for **Newfoundland**. Should you have a copy of the daily log sheets for the **entire month of November** with you during this trip?





17.	At the end of your work shift, a truck inspector intercepts you and you have 14 hours and 30 minutes of on duty time accumulated.  The inspector is likely to put you out of service immediately.  How many hours are you at risk of being taken out of service?
18	. If you are the operator of a transport company, how long do you have to keep you driver's daily logs?
19.	You're doing local deliveries in Montreal with a day cab. Today your boss asked you to deliver a load to Quebec City and then come back the following day. Your boss provides you with a plank of wood that you will have to install on both seats of your truck so that you can sleep before returning the next day.  Can you use the sleeper berth section of your daily log sheet to record your hours of rest?





#### **ADDITIONAL INFORMATION**

\*THE AMERICAN REGULATIONS REQUIRE ANY COMPANY THAT PERFORMS LONG-DISTANCE TRANSPORT IN ITS TERRITORY TO USE AN ELECTRONIC DEVICE FOR THE DRIVER'S DAILY LOG AND FOR THE ACCUMULATION OF THEIR HOURS OF DRIVING AND REST.

FOR FURTHER INFORMATION VISIT THIS SITE:

www.fmcsa.dot.gov.

- \* A similar regulation should take effect shortly in Canada as well as in Quebec. the year 2019 had been targeted for the establishment of the "Electronic Register". To be continued...
- \* Regardless of the service provider that the carrier chooses, the device supplied must be tested and comply with the regulations on driving and rest hours, both on the Canadian side "HOS" Hours of Service and Rest than on the American side "FMCSR" (Federal Motor Carrier Safety Regulation)

\*

THE ELECTRONIC DEVICES USED FOR THE DAILY LOG AND THE ACCUMULATION OF THE HOURS OF SERVICE AND REST OF THE DRIVER.

Here are some models of electronic devices that can be used as a daily log and to accumulate Hours of Service and Rest.

#### **GEOTAB**



#### MCP 200



#### **ISAAC**



CELL PHONE (Smart phone)





(3.8)

#### Lesson Objective:

• Review specific, deficient competency elements of previous lessons for students in difficulty.

This 180-minute (3-hour) period is designed to review the content of lessons 3.1 through 3.8 to prevent learning problems.

- 3.1 Introduction
- 3.2 Information sources
- 3.3 Research methodology
- 3.4 Circle check
- 3.5 Law 430
- 3.6 Insurance and accidents
- 3.7 Occupational rights, health and safety
- 3.8 Driving and Off-Duty Time for Heavy Vehicle Drivers

Depending on the difficulties and/or needs related to lessons 3.1 to 3.8, the instructor will provide you with the necessary materials (quizzes, exercises, etc.) to review elements of these lessons.





Vehicle Load and Size Limits

#### **Lesson Objective:**

 Apply rules related to the load and size regulation.

62

# **DEFINITIONS**

See section 2 of the guide.

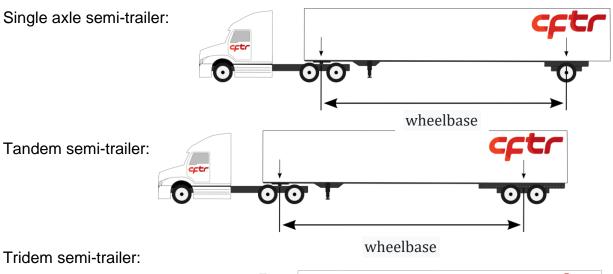
Dolly:

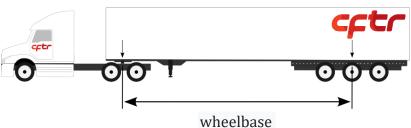


# **Wheelbase**

Tractor:









(3.10)



#### **GVWR versus GAWR**

#### **GVWR**

The Maximum safe capacity of a vehicle according to Motor Vehicle Safety Regulations. (Vehicle, passengers, and cargo)

• GVWR: Gross Vehicle Weight Rating

.

#### **GAWR**

The Maximum capacity of an axle according to Motor Vehicle Safety Regulations.

GAWR: Gross Axle Weight Rating

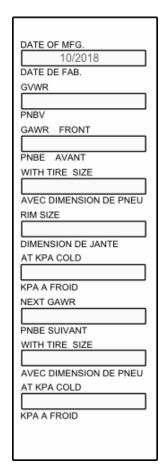
#### info-camionnage

#### **P MTQ information PNBV**

#### **Examples of labels**

		KILOGRAMS	/ POUNDS	SUITABLE TIRE -	
	THE RESERVE OF THE PARTY OF THE		53200	TIRE SIZE	
		2410210		295/75R22.5H	125
TURED BY	FR. GAWR	5987.5	10200	293/ 73K22.55	12:
OTORS CO.	2ND. GAWR	9072.0	20000	295/75R22.5F	-
ACCAR INC.			20000	295/75R22.5F	122
	3RD. GAWR	9072.0	20000		
11/2017	4TH. GAWR			LABEL 22-0	+ 45

6	MANUFACTURED BY:	DAIMLER VEH. COME	RC. MEXICO	GAWR/PNBE KGS	GAWR/PNB LBS	E TIRES	RIMS	KPA COLD	PSI	"S"
FREIGHTUN	DATE OF MFR: GVWR/PNBV-KG: GVWR/PNBV-LBS:	02/18 14,968 33,000	FRONT AXLE 1ST INT AXLE 2ND INT AXLE 3RD INT AXLE	4,536	10,000	11R22.5(H)	22.5X8.25	827	120	S
	VEHICLE ID NO: 3ALA TYPE: INCOMPLETE COUNTRY OF ORIGIN	VEHICLE-TRU/CAM	5TH INT AXLE 5TH INT AXLE 6TH INT AXLE REAR AXLE:		23,000	11R22.5(H)	22.5X8.25	827	120	D





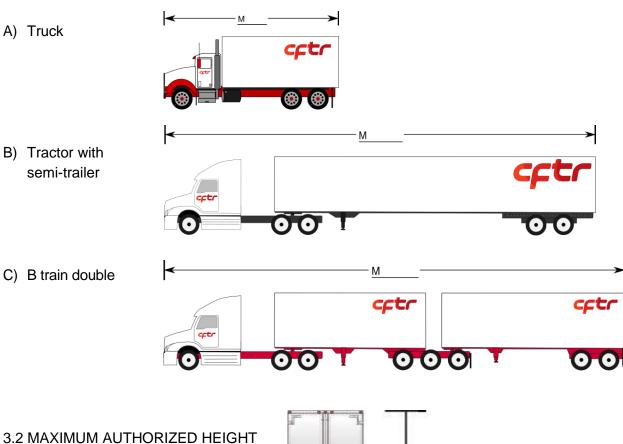


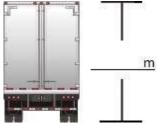


# **MAXIMUM AUTHORIZED DIMENSIONS**

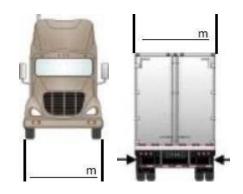
See section 3 of the guide.

#### 3.1 MAXIMUM AUTHORIZED LENGTHS





#### 3.3 MAXIMUM AUTHORIZED WIDTH







# The symbols

x < y = means that x is smaller than y.

x > y = means that x is greater than y.

x < y < z = means that y is greater than x and smaller than z x  $\leq$ 

y = means that x is smaller than or equal to y.

 $x \ge y$  = means that x is greater than or equal to y.

#### **MAXIMUM AUTHORIZED LOAD BY AXLE CATEGORY**

See section 4 of the guide.

#### A) Front axle: Class B.1



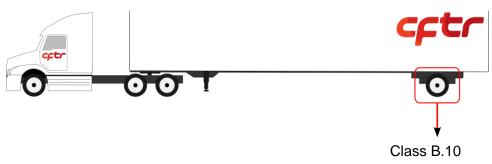
Class B.1

Normal period	Т	haw period								
	_KG	!	KG							
The load capacity of a front axle or the sum of the load capacities of the front axle (GAWR) is: for a class B.1 axle.										
The axle capacity may be higher when indicated by										
and the sum of t	he capacities o	f all	the axle allows	it.						





B) Single axle: Class B.10

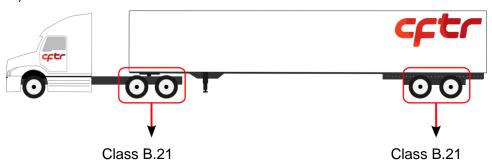


Normal period

Thaw period

\_\_\_\_\_KG \_\_\_\_KG

C) Tandem axle: Class B.21



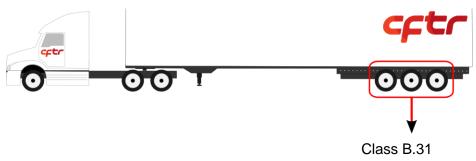
Normal period

Thaw period

KG

KG

D) Tridem axle: Class B.31



Normal period

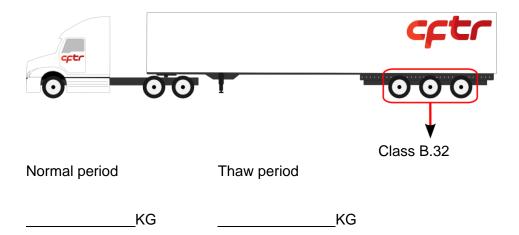
Thaw period

\_\_\_\_\_KG \_\_\_\_KG

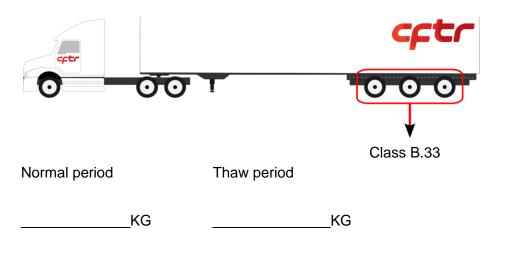




#### E) Tridem axle: Class B.32



#### F) Tridem axle: Class B.33



Equivalent tridem axles: Class B.31 - B.32 - B.33

#### Definition

An axle group is equivalent to a tridem axle when it is made up of 3 equally spaced axles, comprising \_\_\_\_\_.

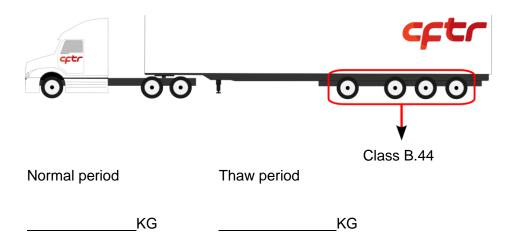
These are attached to the vehicle by suspensions designed to equalize, without possible adjustment, to within 1,000 kg when the lift axle is lowered; the mass can be measured under the wheels of each axle.

The maximum load limit set out in the regulation during normal and thaw periods is reduced by \_\_\_\_\_kg in the case of an equivalent tridem axle.

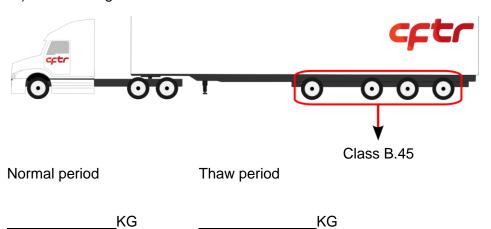




# G) Self-steering axle in front of a tridem: Category B.44



# H) Self-steering axle in front of a tridem: Class B.45







#### **MAXIMUM AUTHORIZED GROSS WEIGHT**

See section 5 of the guide.



Maximum Total Loaded Mass (Table 1):

Normal period \_\_\_\_\_KG Thaw period \_\_\_\_KG

#### Compared to (Table 2):



Maximum Total Loaded Mass as per regulation (Table 2):



Class B.1 Category B.21 Class B.21

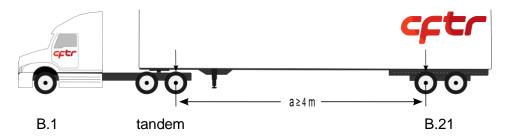
Maximum Total Loaded Mass (Table 1):

Normal period \_\_\_\_\_KG Thaw period \_\_\_\_KG



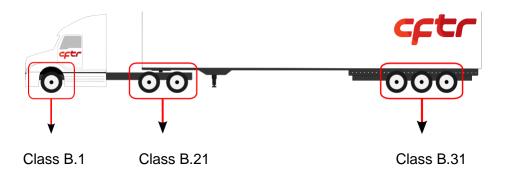


Compared to (Table 2):



Maximum Total Loaded Mass as per regulation (Table 2):

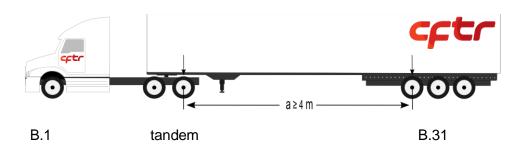




Maximum Total Loaded Mass (Table 1):

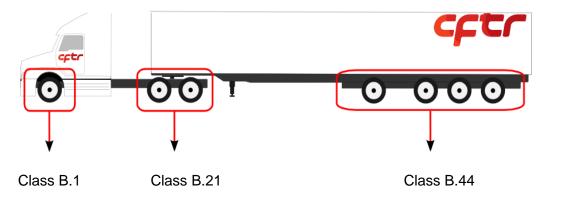
Normal period \_\_\_\_\_KG Thaw period \_\_\_\_KG

# Compared to (Table 2):



Maximum Total Loaded Mass as per regulation (Table 2):

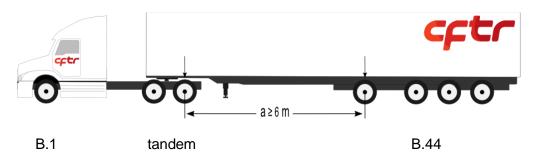




Maximum Total Loaded Mass (Table 1):

Normal period \_\_\_\_\_KG Thaw period \_\_\_\_KG

# Compared to (Table 2):



Maximum Total Loaded Mass as per regulation (Table 2):



### **THAW PERIOD AND ZONES**

See section 6 of the guide.

The dates of the thaw period are published on	
	s, which normally begin at
	(zone 1) to end towards the end of the
month of	(zone 3).
In which areas are the following cities located?	
VAL-D'OR:	
GATINEAU:	
RIMOUSKI:	
SHERBROOKE:	
MONT-TREMBLANT:	
ÎLES-DE-LA-MADELEINE:	



The bill of lading

### **Lesson Objective:**

 Recognize the essential information contained in the bill of lading.

### What is a bill of lading?

A Bill of Lading is a contract for the transport of goods, a legal document between the **Shipper of the goods, the Carrier and the Consignee**, for remuneration. This document is an integral part of the Transport Act in the regulations on the requirements applicable to Bills of Lading (T-12, r.6)

This document is commonly referred to as a "Bill of lading" and the abbreviation is B/L.

For your personal information and for legal purposes, please consult the official texts of the law: Bills of Lading Requirements Regulation

(This document has official value).

It is **mandatory** for the truck driver to have this document duly completed in his possession when travelling on public roads, except for certain exemptions. Failing to comply, the Carrier will be **in violation** and the Carrier must keep the Bills of Lading for a period of 2 years.

### **Exemptions from having a Bill of Lading:**

Certain types of transport or in some cases the Carrier does not need a Bill of Lading to operate on the road.

### Here are some examples.

- A vehicle used exclusively for the use of a shipper.
- Used household goods.
- Courier and parcels weighing less than 45 kg.
- Empty containers and trailers.
- Bulk materials.
- Milk.
- Metered petroleum products with a maximum total of 18,200 litres.
- Scrap automobiles.
- Waste and recycling materials.
- Vehicles towed by a tow truck.
- Fertilizers.
- Vehicles hitched to "Piggy-Back".



(3.12)



### Some definitions

<u>Shipper:</u> The company that ships the goods. The point of origin of the property.

<u>Carrier:</u> The operator of heavy vehicles who agrees to take possession of the goods to transport them by the road network to a company that will receive them

<u>Consignee:</u> The company that receives the goods. The commodity is dedicated to this address, and to which must be delivered. The driver will use this address to do his route planning.

### Carrier's liability

By affixing his signature, the Carrier becomes responsible for loss or damage to the goods on board the vehicle. Following loading, the shipper will hand over the Bill of Lading and the Carrier's driver, (or his representative) is responsible for checking the count of the items listed and their condition. The driver will have to make the necessary corrections if needed.

Once the Carrier is satisfied with the shipment, the driver will give a signed copy to the shipper as proof of the transport agreement between the two parties and then he can leave with the shipment.

### Contents of a bill of lading

Several elements are mandatory, and a multitude of information can be found on a Bill of Lading. It is the driver's responsibility to check these items and enter the information relating to the Carrier.

The front of the Bill of Lading includes all the information relevant to the transport, which is to be conducted:

- Sender.
- Consignee.
- Customs broker (if applicable).
- Date: (YYYY-MM-DD) \_\_\_\_\_\_\_.
- Numeric code (required).
- Information about the carrier (name, RIN, vehicle number, etc.).
- Description of the goods (value, quantity, nature, weight, dangerous goods? etc.).
- Special instructions.
- Signatures of shipper, carrier, and consignee.





CONNAISSEMENT NON NÉGOCIABLE NO DE CONN. :

Expéditeur ou agent (nom & adresse) /	Consigner or agent (name & address)		No opte expéditeur / Consig acct no.	ners 3. Date 2014-12-04	4. No ref. expéditeur / Consignor's ref. no.	
			5. None du transporteur / Nam 17 500, rue Aubin Mirabel (Guebec) JTJ 181 Talisphone: (453) 435-0167 Telecogieur: (450) 435-0933	CFTC	6. NR. transporteur / Carrier's RIN. R-543051-8	
7. Consignataire (nom & adresse) / Consi	gree (namo & address)		Reçu au point d'origine, à le en bon état apparent (le con que d'après martionnis, que l destination si ce point se trou autre transporteur autrerise à Il est mutuellement convenu e	tenu des colls et se condition étant inconn o transporteur consent à transporter et à d re sur la route qu'il est autorisé à desservir se faire et ce, aux taux et à la classification	, sinon à faire transporter et délivrer par un en vigueur à la date de l'expédition. es manthandises en tout et en partie sur le	
9. Partie à notifier - Courtier en douanes*	Motilly party - Custome broker*		prohibbes par la toi, incluant le pour lui-même et ses ayants o Received at the point of origin described, in apparent good o marked, consigned and destin	holts, non the data specified, from the consignor order, except as noted jourtants and condi- sed as indicated below, which the carrier as	entes qui sont acceptiles par l'expéditeur mentionned herein, the property iterain tiens of contents of package unknown) prest to carry and to deliver to the	
16. Point d'origine / Point	of origin		consignee at the said destination, if on its own authorized must or otherwise to cause to be contrict by another carrier on the ruse to said destination, subject to the sates and colessication in effect on the date of shipment. It is mutually agreed, as to each carrier of all or any of the goods, over all any portion of the route to destination, and as to each harry of any time interested in all or any of the goods, have very service to be performed harriands shall be subject to all the conditions not probable doly low, whether printed or writins, including conditions on back here of wich are hereby conved by the consistent and ascopt for himmal leaf his sessions.			
11. Et route / Destination and			supérieure n'ait été déclarée a Maximum liability of 4,41 \$ pe	A1 \$ per kilogramme selon le poids total d la recto per l'espéditour (Conditions 9 et 11 riklogram, depending on the total weight o I front of the bill of lading (Conditions 9 ans	) au verso). If the shipment, unless the shipper has	
13. Marques et numéros" / Marks & numbers"	14. Norebre total de colls* / Total no, of peckages*	15. Descript Genetal	ion générale de l'expédition" / description of shipment*	16. No. du withicule" / Vehicle no."	17. Poids brut et cubage" / Total weight & cubage"	
18. Nombre et type de paquets! Number and type of packages	<ol> <li>Description des marchandies et perioularités / Particulars of goods, marks and exceptions</li> </ol>	20. Poids / Weight	21. Taux / Rale	22. Montant / Amount	23. FRAIS DE TRANSPORT / FREIGHT CHARGES A percevoir / Collect	
					Payés d'avence / Prepaid	
					Les frais seront à percevoir à moins d'avis contraire.) Fraight charges will be collected unless market propoid	
					24. Si au risque de l'expéditeur, indiquez-le ici i if at consignors risk, write or stemp here	
Instructions spéciales :					25. Envoi contre remboursement / C.O.D. SHPMENT Finis de necouverement / Collection charges A parcovoir / Collect	
					Payé d'avance / Prepaid Mostant / Arrount	
26. Entente spéciale entre l'expéditeur Special agreement between consig	et le transporteur, y faire référence ( nor & carrier, advise hans				C. \$ Frais de recouvrement / Collection charges O.	
transportées qui sont décrites au connaise	entes, de domnages ou de relands aux manchandises sement, qu'à la condition qu'un avis à cint précisant l'origina des d'expédition elle montant approximaté néclamé en réporation	notice thereof setting or	ut particulars of the origin, destinati	ds carried under the Bill of Lading unless on and date of shipment of the goods and or delay is given in writing to the original		
de la perte, des dommages ou du retard n destination, dans les seixante (60) jours s de non-lieraison, dans un délai de neuf (9 b) La présentation de la réclamation finale	ne eoit signifié au transporteur initial ou au transporteur de uivernit adata de la lienaisen des marchandises ou dans les cas ij mois suivernit a date de l'expédition. a accompagnée d'une prayve de palement des frais de	carrier or the delivering failure to make delivery	carrier, within systy (90) days after , within nine (9) months from the da if the claim must be filed within nine	the delivery of the goods or, in the cae of	Inbound' \$ 29. Au-dold' / Beyond'	
SII. N.B. VEUILLEZ PRENDRE CONNAIS	ur dans un divisi de neuf (B) mole suivant la date de l'explotition. SSANCE DES CONDITIONS AU VERSO, QUI SONT ACCEPTÉE NS ON BACK HEREOF WHICH ARE HEREBY ACCEPTED	I ES PAR LES PRÉSENTES	ii.		\$ 31. Autres (principez)*/ Others (specify)* \$	
12. Expéditeur / Consignor	33. Transporteur / Carrier	13	34. Consignatoire / Consignee		S 35.	
Date* Date*			Date* Par / Par	Total des frrais* / Total charges*		
					5	





The reverse side includes all the legal terms relating to the conditions of transport. The infamous fine print of a contract.

Details that the law requires, such as liability, claims, remedies, delays, freight charges, return of goods, weights of goods and many others. There is no information to fill in on this side of the document.

#### CONDITIONS DE TRANSPORT

- Responsabilité du transporteur. Le transporteur des marchandises décrites au connaissament est responsable de la perto ou du dominage des mainthandises acceptées par lui ou son représentant, sous réserve des sépulations ci-
- agrito.

  2. Responsabilité du transporteur initial et du transporteur de destination: Lorsque des transporteurs successafis bassporteur un même chargement, le transporteur qui érret le consissement jéterement diagrite le transporteur initial et chair qui ausures le responsabilité de l'inver les mancherdeux au consignation déformante diagrite le transporteur de destination à seul en sesponsabilité de l'inver les mancherdeux au consignation déformante de la responsabilité deut les peuvent être trans en vertu du présent control, responsabilité deut les peuvent être trans en vertu du présent control, responsabilité deut le présent de destination suivant le case de la responsabilité deut le peuvent être transporteur en vertu du présent control, responsabilité deut de la responsabilité deut de la responsabilité de la perio, du domarque du de responsabilité décrite de la consignataire. Les articles 2 ou 3 ne peuvent avoir pour effet d'empêtiteur un expériteur un consignataire d'obtaine des domarques enfertités de quelque transporteur.

  5. Ecospitions: Pour les manchandess décrités su comissionement, le transporteur n'est pas responsabilité de la perio, du domarque du d'estant d'une forte majoure ou attitutable à des ensents de la Courne, à des entre des des peuts de la respet de la responsabilité de la peut de la responsabilité de la peut de la responsabilité aprie. 2. Responsabilité du transporteur initial et du transporteur de destination: Lorsque des transporteurs successite 3. Responsabilité du transporteur initial et du transporteur de destination: Lorsque des transporteurs successite

- transporteur pour toute perio ou donninge aux marchandises, su'il y ait eu négligence ou pas, doit être catoulé sur la

- tilanoporticur pour touto perto ou donninge aux manthamenes, que y on eu magageme ou pas, ou ne se tense advantés:

  a) la valeur des manchandises à l'endroit et au moment de l'explicition incluant les finis de transport et autres finis polyée, 619 y à leur, ou

  b) lorsuptines valeur inférieurs à celle visée au paragraphe a est inactie par l'explicitiour sur le conneissement ou a dés musellement convenue, ceté valeur inférieurs représentes la reoprosabilité mastinate du transporteur. Il Responsabilité mastinate le montant de toute partie ou des financies de paragraphes a ou b de l'article 9, se doit pas exocider 4.41 5% petins le poste total de l'explicition si moitre qu'une valeur sepréseure nich été déclarde su le recte disformatière par l'explicition.

  11. Responsable par l'explicition 50 est convenu que les manchandises aont transporties aux niques de l'explicition de la convenu que les manchandises aont transportes aux niques de l'explicition de celle orderée no couvre que les risques du se ficultés discontrations au transporte de partier nécessions responsable des pertos, donninges ou retains susceptibles de résulter d'une négligence ou d'un management de les parts, de celle de ses agents ou de ses employées. La transporteur doit alors prouver qu'il n'y a pas ou régigence.
- manquement de las part, de celle de lass agents ou de lass employés. La transporteur doit alors prouver qu'il n'y a pass ou régispece.

  12. Avis de réclamation:

  12. Avis de réclamation:

  12. L'un transporteur n'est responsable de peries, de dommages ou de retards aux rearchandises transportées qui sont décrites au conneissement, qu'à la condition su'un avis évrir précision? Enrighe des manchandises, lour destination, leur date d'expédition et le montant approximant réclamé en réparation de la peries, des dommages ou de retard, ne soit signifié du transporteur iritait ou au transporteur de destination, foire les 60 jours selvant la déce de la intraben des manchandises, our derni les cas de non-lentaises, cara un télus de 9 notes selvant la date de l'expédition.

  2º La présentation de la réclamation finale accompagniel d'une preuve de passenel des freis de transporteur des un déce de l'expédition.

  3. Articlas de bits grande valeur. Nat intempereur n'est les une transporteur des sur autre de la construit des accidents de les destinations de la réclamation de

- Fairbie 10.

  14. Final de transport:

  15. Si la transporteur l'exige, les finals de transport et tous les autres trais légitimement faits à l'égand des manchandisses dévent être sersés avont la linetaison et s', lors de l'impredient, il d'arbère que les montraindes expédiées ne sont pas calles mendient au constainament, la mise de transport dévent d'un payée pour les montraindes effectivement expédiées indusent fousites autres frais oupplémentaires légistrement expédiées indusent fousites autres frais oupplémentaires légistrement expédiées.

  2 Los finals de transport servoit à percevoir, à moins que l'expéditour ne donne un avis pontraire sur le

- t" Si, sans qu'il y ait faule du transporteur, les biens ne peuvent être lurés, le transporteur duit immédiatement aviser l'expéditeur et le consignataine que la luvraison n'a pas âté faits et il doit demander des instructions aur la façon de
- 17-30, como qui y articula du transporticui, les berés ne pouvent été provis, le transporticar dout immédiatement avisor l'expédition et le consignatione que la livrision mi pas aité habite et il doit d'emmédiate de la inviscions sur la façon de disposor des biers.

  2. En admentat de recevir les instructions sur la façon de disposor des biers, le transporteur pout, a) les comenver dans son entrepôt, insystement des frais d'entreposage statorreables; ou le pour pour la disposer des biers. Si commentation de des ses le commentations de l'expédition de des la commentation de commentation de l'expédition de des la commentation de l'expédition de commentation de l'expédition de des la commentation de l'expédition de des la commentation de l'expédition de l'expédition de des la commentation de l'expédition de la margoristic de l'expédition de l'expédition

- Le transporteur doit séparer les sommes payées à la livraison des autres recettes et fonds de son entreprise en les
- conservant dans un compte en fidéicommis distinct. Le transporteur doit inclure dans son barênne de taux les frais de recouvrement et de vinement des sommes payées.
- . Toutes les autres diputations convenues entre les parties doivent être indiquées ou conneissement. 1/38-39, Ann. 2. TRÉTRIBUCES.
- D. 1198-99, 1999 G.O.Z. 5172

#### CONDITIONS OF CARRIAGE

- (i) Liability of carrier: The carrier of the goods herein described is liabile for any loss of or derivage to goods accepted by hir or the agent except as hereinating provided.

  (2) Liability of originating and delivering carriers: Where is shipment is accepted for carriage by connecting carriers, the carrier insuring the bid of liability, hereinather called the originating carrier, and the carrier who assumes responsibility for delivery to the corregions, hereinather called the originating carrier, in addition to any other liability herearder, are liable for any loss of or derivage to the goods while the goods when they are in the caractery of any other carrier is written the goods we or have been hardened and them which liability the other carrier is not releved.

  (3) Recovery from one carrier to extract the special profits of the delivering carrier, as the case may be, is entitled to recover from any other carrier to whom the goods are or have been transferred, he amount of the loss or derivage that the originating carrier or delivering carrier, as the case may be, may be required to age from the carrier who so or derivage that the originating carrier or delivered damage distinct shall be provided on the basis of revenues received, residing from loss or derivage to the goods while they were in the carrier of make of revenues received.

  (4) Rememby by shipper or consigned. Nothing in section 2 or 3 deprives a shipper or a consigned of any fifth he may have against any carrier.

  (5) Exemptions from Easibility. The carrier shall not be liable for loss, desire, strike, at dear or intersect vice in the bid of liable gaussed by superior force, the Guern's or public enemies, rick, strikes, a defect or intersect vice in the bid of liable gaussed by superior force, the Guern's or public enemies, rick, strikes, a defect or intersect vice in the
- (or paragraphic oral madely), the current scale risk selected or the state of the oral process of the selected or the selected oral process of the selected oral process of the selected oral process or the selected oral process or the selected oral process or the selected oral process oral p
- (ii) Time. No carrier in bound to transport goods by any particular vehicle or in time for any particular market or otherwise than with due dispatch, unless by agreement specifically endorsed on the bill of lading and signed by the
- parties therein.
  (f) Rosains by carrier in case of physical necessity where the carrier forwards the goods by a conveyance that is not a locerated resids vehicle, the fashing of the carrier is the same as though the entire carriage were by licerated resids.

- a licensed iretial verificit, the liability of the control is the same as though the celler carriage were by (control or retail verificit.

  (ii) Stoppage in harmit: Where goods are alsopped and held in transit at the request of the party entitled to do so, the goods are held at the rick of that party.

  (iii) Valuation: Subject to section 10, the amount of any loss or damage for which the carrier is liable, whether or not the loss or damage receists term regispene, shall be computed on the basis of:

  (iii) the value of the goods at the time of stippment voluting the freight and other cods if paid; or

  (iii) where a value lower than that referred to in prangraph a has been represented in verifing by the shipper or has been agreed upon, out hower value shall be the months liability. The amount of any loss or damage computed in excentionce with the provisions of paragraph as or his auction 9 must not second \$4.4 falls, depending on the bold weight of the artiprient, indees the airport has doubted a higher value or the form of the bill of falling.

  (11) Shipperin risk: Where it is agreed that the goods are carried at the risk of the shipper of the goods, such a governord covers only such risks as or necessarily incidental to transportation and the agreement covers only such risks as or necessarily incidental to transportation and the agreement doubt the carrier from liability for any loss or damage or delay which may result from any negligence is and or orisistion of the carrier, its agreement or entry the support of the doubt of the carrier. (1) No carrier is liabile for loss, demage or delay to any goods carried under the bill of lading unless notice thereof sorting out particulates of the origin, declination and date of slippered of the goods and the estimated amount observed sorting out particulates of the origin, declination and date of slippered of the goods and the estimated amount observed sorting out particulates of the origin, declination and date of slippered of the goods and the estimated amount observed
- (2) The final statement of the claim must be filed within 9 months from the date of shipment together with a copy of the
- (2) The final statement of the claim must be filed within 3 months from the date of shipment logatine with a copy of the paid insight sit.

  (13) Articles of cutsoedinary value: No carrier is bound to carry any documents, specie or any other articles of contractinary value unless by a special agreement to do so. If such goods are carried without a special agreement and the nature of the goods is not disclosed hereis, the carrier shall not be liable for any loss or damage in excess of the monthmal habity shipsisted in section 10 above.

  (14) Project changes:

  (14) Project thy the carrier, the fleight and all other lawful charges according on the goods shall be paid before delivery and, if upon inspection, it is assortanted that the goods shipped are not those described in the full of laiding, the fleight charges must be paid upon the goods according shipped with any additional charges lawfully apyable thereon.

- thereon.

  (2) Preight changes are projection delivery, unless otherwise specified by the unispect on the bill of lading.

  (15) Deragnous goods. Every person, whether as principal or agent, shaping explosives or dangerous goods without previous hid delicious to the career as required by less, that indestruity the career agents all loss, durings or delay caused thereby, and such goods may be werehoused at the shipper's risk and experies.

  (16) Undelivered goods.

  (1) when, through no healt of the career, the goods cannot be delivered, the career shall transdictely give motion to the obligation or consignes that delivery has not on these mode, and shall request disposal instructions.

  (2) persing receipt of such disposal instructions.

  (3) the goods may be standed in the warehouse of the career, subject to a reasonable change for shoops; or (b) provided that the careier has notified the objiger of his intention, the goods may be reviewed to, and stored in public or licenseral wavehouse at the experse of the shaper which liability on the gard of the carrier and subject on licenseral wavehouse at the experse of the shaper which liability on the part of the carrier and subject on licenseral wavehouse storics has been given by the carrier in accordance with purpoport of of section 16, and

- lian for all height and other level of charges, including a relationable charge for storage.

  (17) Return of goods: Where notice has been given by the cartier in accordance with puregraph 1 of section 16, and no deposal instructions have been received within 10 days from the date of such notice, the cartier may return to the objects of the objects as such as the stripper's expense of underlevend stipments for which such notice has been given.

  (18) Alterations: Subject to suchan 16, any investion on the current's lability on the lift of lating, and any abstration, or addition or ensures in the lift of lading shall be signed on the interface of the spect and the originating currier or he agent and niceless or advanted egod shall be without effect.

  (19) Wagable 11 shall be the responsibility of the shipper to show correct shipping weights of the shipment on the bill of lading. Where the actual veight of the stipment does not agree with the weight shown on the bill of lading. The weight oftom thereon is subject to correction by the certifier.
- (20) C.D.D. shipments:
  A context shall not deliver a C.O.D. shipment unless payment is received in full.
  The charge for collecting and mentiting the amount of C.D.D. bits for C.D.D. shipments must be collected from the consequence she shipper has otherwise as the decisted and enhanced on the bit of lading.
  A context shall be seen all C.D.D. montes to the originar or his agent within 55 days other collection.
  A context shall be seen all C.D.D. montes a sparsate from the other revenues and burds of his business in a separate trust
- A carrier shall include as a suparate item in his tariff of rates the charges for collecting and remitting money paid by
- raigness. OTHER SPECIFICATIONS
- ... Or non-communitation (21) All other specifications agreed to by the parties shall be indicated on the bill of lading O.C. 198-49, Sch. 2. December 2015

- REFERENCES O.C. 1198-99, 1999 G.O. 2, 3751





### Abbreviations and expressions

Several abbreviations are used by the sender. The driver can add them to the bill of lading to indicate observations or remarks useful for the load.

### **Pro Bill**

The goods can be taken directly to the Consignee or directed to the company's (Carrier's) terminal for redistribution in loads that go to different destinations. When the shipment leaves the home terminal of the company (the carrier), the Pro Bill substitutes the Bill of Lading as the official transport document.

The Pro Bill is an abbreviated version of the Bill of Lading, but it contains several similar information. It is a provisional transport invoice to certify that the goods have arrived at their destination. The reference number (numeric code) of the Bill of Lading is written on the Pro Bill.

All information is entered by the Carrier. All that remains is to validate the information, have the Consignee sign and give him a copy of the document (Pro Bill).



### **ABBREVIATIONS AND EXPRESSIONS**

Abbreviations	English expressions	French expressions
AS A FULL LOAD	Considered a full load for special deliveries	Expédition considérée comme une charge entière même si elle ne remplit pas la semi-remorque
BDL	Bundle	Paquet, ballot
B/L (BOL)	Bill of lading	Connaissement
B/T	Bobtail	Solo, haut le pied (tracteur seulement)
COD	Cash on delivery	PSL (payable sur livraison)
COLL	Collect	Frais à percevoir (transport et/ou marchandise)
DELY	Delivery	Livraison
LOAD AND GO	Directly from a shipper to a consignee without going through a terminal	Chargé chez l'expéditeur et livré directement chez le consignataire sans passer par un intermédiaire
LTL	Less than truckload	Lots brisés, charge partielle
MIN	Minimum	Minimum
N/C	No charge	Sans frais de transport et/ou de
N/C	-	marchandise
PACKING SLIP	Document detailing the content of a package or bundle	marchandise  Document qui décrit le contenu de l'expédition
		Document qui décrit le contenu de
PACKING SLIP	package or bundle	Document qui décrit le contenu de l'expédition
PACKING SLIP PCS	package or bundle Pieces (number of)	Document qui décrit le contenu de l'expédition Pièces (nombre de)
PACKING SLIP PCS PKG	package or bundle Pieces (number of) Package	Document qui décrit le contenu de l'expédition  Pièces (nombre de)  Colis
PACKING SLIP PCS PKG PPD	package or bundle Pieces (number of) Package Prepaid	Document qui décrit le contenu de l'expédition  Pièces (nombre de)  Colis  Payé à l'avance
PACKING SLIP PCS PKG PPD PRO No.	package or bundle Pieces (number of) Package Prepaid Freight bill number	Document qui décrit le contenu de l'expédition  Pièces (nombre de)  Colis  Payé à l'avance  Billet de livraison
PACKING SLIP  PCS  PKG  PPD  PRO No.  P/U	package or bundle Pieces (number of) Package Prepaid Freight bill number Pick-up	Document qui décrit le contenu de l'expédition  Pièces (nombre de)  Colis  Payé à l'avance  Billet de livraison  Ramassage, cueillette
PACKING SLIP  PCS  PKG  PPD  PRO No.  P/U  RO	package or bundle Pieces (number of)  Package Prepaid  Freight bill number Pick-up Routing order	Document qui décrit le contenu de l'expédition  Pièces (nombre de)  Colis  Payé à l'avance  Billet de livraison  Ramassage, cueillette  Acheminement, route désirée
PACKING SLIP  PCS  PKG  PPD  PRO No.  P/U  RO  RUSH, ASAP	package or bundle  Pieces (number of)  Package  Prepaid  Freight bill number  Pick-up  Routing order  Urgent, as soon as possible	Document qui décrit le contenu de l'expédition  Pièces (nombre de)  Colis  Payé à l'avance  Billet de livraison  Ramassage, cueillette  Acheminement, route désirée  Urgent

Here is an example of a delivery note.





DATE A.Y. MO. J.D. ORIG. DEST N° FACTURE FRET FREIGHT BILL NO. PAGE 17 000, rue Aubin Mirabel (Québec) J7J 1B1 Téléphone : (450) 435-0167 Télécopieur : (450) 435-0933 Nir : R-543051-8 CONSIGNATAIRE - CONSIGNEE
Canadian Tire (Crémazie) (303)
2225, boul. Crémazie est,
Montréal, Québec CONNAISSEMENT - B/L CFTR Mirabel 17000 Aubin Mirabel Québec UNIT # CARGO # CUEIL. # TAUX - RATE REÇU DE - RECEIVED FROM QUANT. DESCRIPTION **POIDS - WEIGHT** FRAIS - CHARGES 2 1000 0.00 0.00 concrete block INFORMATION SUPPLÉMENTAIRE TAXE Quitter à l'arrivée de d'autre transporteur. (Luc Williams).d VEUILLEZ PAYER CE MONTANT PLEASE PAY THIS AMOUNT



 Solve problems in the application of the regulation referring to Tie-downs:

### **Research from the Cargo Securement Guide**

For each question, indicate the page where you found the answer.

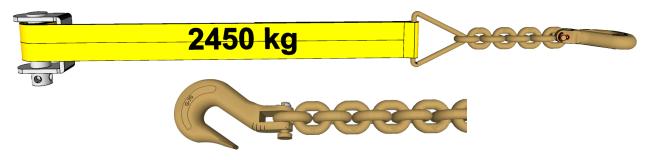
1.	Give an example of a tie-down device.
2.	Give an example of a tie-down.
3.	What do the letters WLL stand for?
4.	According to the regulation, what's the difference between a light and heavy vehicle?
5.	After loading my load, I drove 50 km to stop for lunch. Do I have to inspect my Cargo Securement?



### Minimum requirements of tie-downs.

For the following exercises, refer to the following chart for tie-down and anchor point capacities.

APPLIANCES	CAPACITY IN POUNDS	CAPACITY IN KILOGRAMS
STRAP	5,400 LBS	2450 kg
CHAIN	6,600 LBS	2990 kg
TENSIONER	5,400 LBS	2450 kg
ANCHORAGE	5,500 LBS	2500 kg



From the following illustrations, how many tie-downs are required?

### Cargo securement by weight (art.10)

- \* Total Working Load Limit (WLL) = Sum of capacities of all tie-downs
- \* 50% of load weight = Addition of weight of all items in the load  $\div$  2

Procedure: Item weight  $\div$  2  $\div$  (WLL) of tie-downs or Total weight of article group  $\div$  2  $\div$  (WLL) of tie-downs



Answer:\_\_\_\_\_ Page:\_\_\_\_\_







Answer:\_\_\_\_

Page:\_\_\_\_\_



Answer:\_\_\_\_\_

Page:\_\_\_\_\_



Answer:

Page:\_\_\_\_\_

### Cargo Securement by length (art.22)

Procedure:

If the cargo is blocked:

Item length ÷ 3.04 metres = Total number of tie-downs

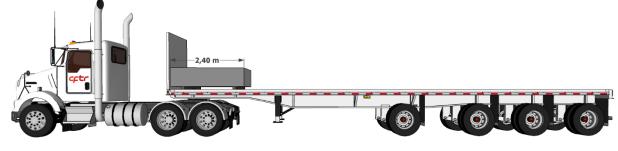
If the cargo **is not blocked**:

Item length ÷ 3.04 metres = Total number of tie-downs and add one





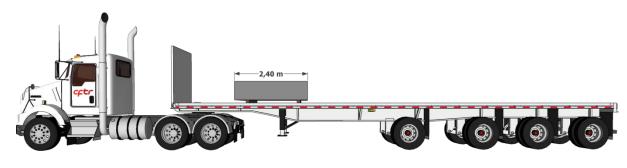
10.



Answer: \_\_\_\_\_

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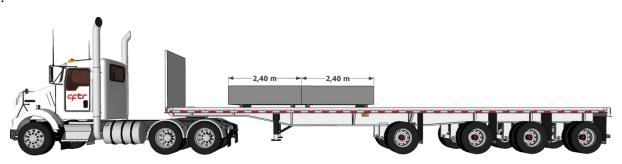
11.



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12.



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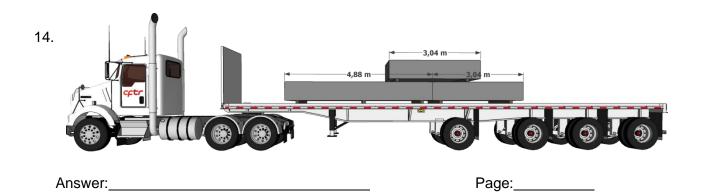




13.



Answer:\_\_\_\_\_ Page:\_\_\_\_



### Cargo Securement according to weight (Art.10) and length (Art.22)

Procedure: Determine the minimum number of tiedowns required depending on the weight and length of the cargo article to be secured and select the one that requires the most tie-downs.

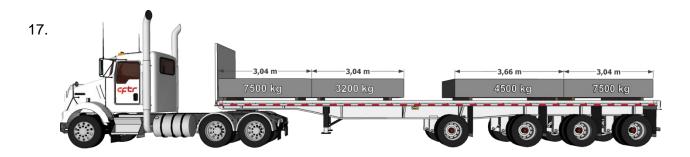




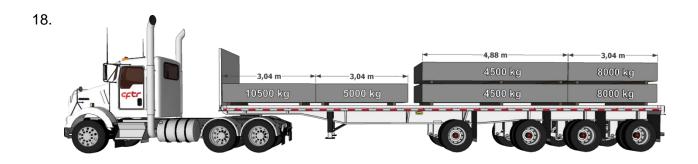




Answer:\_\_\_\_\_ Page:\_\_\_\_\_



Answer:\_\_\_\_\_ Page: \_\_\_\_\_



Answer:\_\_\_\_\_ Page:\_\_\_\_\_





19.

	<b>2,40 m</b> 4800 kg 4800 kg	<b>2,40</b> m 2400 kg 2400 kg	<b>-2,40</b> m-4800 kg	<b>2,40 m</b> 5100 kg 5200 kg 5300 kg	<b>2,40 m</b> → 4800 kg

Answer:\_\_\_\_\_ Page:\_\_\_\_

20.



Answer:\_\_\_\_\_ Page:\_\_\_\_\_





### **Competency 3**

Transport of dangerous goods

#### **Lesson Objective:**

 Resolve enforcement issues related to the Transportation of Dangerous Goods Regulations

Transportation of Dangerous Substances falls under the Transportation of Dangerous Goods Act 1992. This is a federal law that leads us to the *TRANSPORTATION OF DANGEROUS GOODS REGULATIONS*.

The SAAQ provides heavy vehicle drivers with a document that guides them in their actions and decision-making regarding the Transportation of Dangerous Substances.

Here is a series of exercises and scenarios to familiarize yourself using the guide.

### USE OF THE TABLE OF CONTENTS

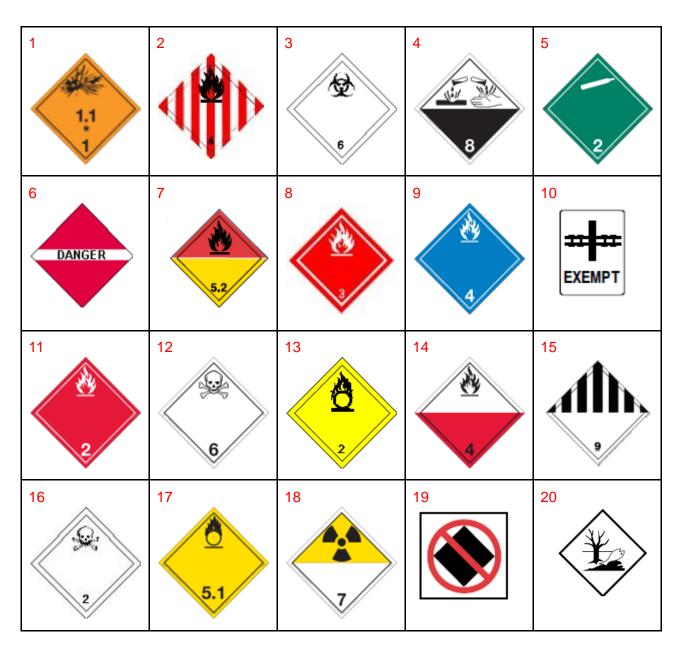
As with all other regulatory guides, you should always do your research by starting with the **Table of Contents.** It is the quickest way to find a solution to a problem regarding the Transportation of Dangerous Substances.

### INSTRUCTIONS FOR COMPLETING THE FOLLOWING EXERCICES

For the following scenarios, you must associate key words from the problem raised in the scenario with the table of contents and select the right section to search in the guide (Transportation of dangerous substance guide), to find the solution.

You must include as reference to your answer to the problem the section and page number of the guide.





Give the class name of each of these pictograms or their meaning and the page of the guide connected to it.

1	2	3	4-	
5	6	7	8	
9-	10	11	12	
13	14	15	16	
17	18		20	





1.	You are picking up a load of dangerous goods. After loading, your customer gives you a handwritten shipping document regarding the dangerous goods that you just picked up in your semi-trailer.
	Can you accept this document?
	Justify your answer by giving the reference.
2.	Referring to the situation at question 1, you notice that the shipping name of the dangerous goods is placed before the UN number on the shipping document.
	Is it an important detail that should be corrected or can you still leave with the load?
	is it all important detail that should be corrected of early od still leave with the load?
3.	On your way to the consignee with a shipment of dangerous goods. You stop at a truck stop to go to the bathroom.
	go to the bathroom.
	Where do you have to place the chipping documents before leaving your truck?
	Where do you have to place the shipping documents before leaving your truck?
4.	You pick up a load of liquid dangerous goods in a 500-litre container.
	In the process of affixing <b>placards or labels</b> , you must determine whether the containers in
	which the goods are located are in a <b>small or large container.</b>









	According to the regulation, are your 500-litre containers consider a small or large container?
5.	Your dispatch asks you to leave with a tractor and a tanker-trailer. The tanker is loaded with dangerous goods, and you will have to go make the delivery to the consignee.  Your tractor is not equipped with a device to track driver behavior, which records large changes in speed and relevant data regarding date, time and speed.  It is also not equipped with an electronic vehicle dynamic stabilization system that assists the driver in critical maneuvers.  Are you allowed to leave with this equipment?
6.	You're doing the circle check on your tractor, and you know you'll have to hitch a tanker of petroleum products.  In your circle check, what are the two items you must ensure are in or on your tractor before you leave?
7.	You are a driver of a tanker with petroleum products. You have arrived at your consignee. Are you allowed to leave the parking brakes removed on the tanker while unloading?





	Referring to the situation on question 7, but this time you are hauling liquefied petroleum gas.  In this case, are you allowed to leave the parking brakes removed on the tanker while unloading?
9.	You pick up a load of 4 small boxes (small means of containment)
	When loading the boxes in your semi-trailer what indication of danger (placard or label) should you make sure that shows on the boxes and on how many sides must this indication be affixed?
10.	You are picking up this tote tank.
	The shipper gives you the shipping documents that show there are 275 gallons of dangerous goods inside.
	As a driver, it is your responsibility to ensure that there are danger signs affixed on this tote
	What indication of danger (placard or label) must be affixed to this tote and on how many sides of the tote must they appear?



11. You unload 500 small containers of dangerous goods.



These placards are affixed on all 4 sides of your trailer.



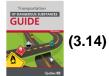
After unloading, what should you do?

12. You are driving towards your consignee with a load of **large means of containment** of dangerous goods requiring the affixing of placards on them as well as on the semi-trailer. You stop at a truck stop to go to the bathroom.



You realize that a placard is missing from the rear of your semi-trailer.

Can you still leave with this shipment and head to your customer.?





For the next few questions, you will need the table, "Display of safety marks on a large means of containment (or on a vehicle)" on page 25 of the guide.

13. Based on the shipping document below, determine (if applicable) whether if it's to affix the primary and subsidiary class placards (if applicable) to your semi-trailer.

CFTR			ORIG. DEST	DATE A.Y MO. J.D.	№ FACTURE FRET FREIGHT BILL NO.	PAGE
Centre de formation of Jérôme 17 000, rue A Mirabel, Quebec J7J Telephone: (450) 435	1B1		Châteauguay	2019/04/17	435126	1
SEN	IDER - SHIPPER	CONSIGN	EE - CONSIGNEE		BILL OF LADING	G - B/L
	Safe Chemicals 1355, 1st Avenue Châteauguay, Quebec		Plaspak Warehouses 550 de Normandie Blvd. Saint-Jean-sur-Richelieu, Quebec J3B 4W9			
REÇU DE - RECEIVI	REÇU DE - RECEIVED FROM			UNIT # CARGO # COLLEC		
QUANT.	DESCRIF	PTION		TOTAL VEIGHT	RATE - RATE	CHARGES
5 BOXES	UN 2841 DI-n-AMYLAMINE, class 3 (6.1), GE III 24-hour number: 450 435-0167		3	875 kg		
ADDITIONAL INFOR						
Thank You!				Veuillez payer ce montant Please pay this amount		





14. Based on the shipping document below, determine (if applicable) whether it's necessary to affix the primary and secondary class placards on your trailer.

CFTR			ORIG. DEST	DATE A.Y MO. J.D.	№ FACTURE FRET FREIGHT BILL NO.	PAGE
Centre de formation Jérôme 17 000, ru Mirabel, Quebec de Telephone: (450)	7J 1B1		Mirabel	2019/04/18	453671	1
9	SENDER - SHIPPER	CONSIGN	EE - CONSIGNEE		BILL OF LADIN	IG - B/L
Entrepôts du 0 17 000 Aubin 3 Mirabel, Queb J7J 1B1	Street	Les Produits de F 2323, rue de L'Er Vaudreuil, Québe J7T 2H8	nvironnement			
REÇU DE - RECE	EIVED FROM				UNIT # CARGO # COLLEC TION #	
QUANT.	DESCRI	PTION		WEIGH T	RATE - RATE	EXPEN SES
2 barrels 205 litres	ONE 1866, RESIN IN SOLUTION, class 3, GE I 24-hour number: 450 435-01	67		525 kg		
ADDITIONAL INF	ORMATION  . Keep the temperature above 4 °c.				TAX  Veuillez payer ce montant	
			KEEP FROM FREEZING ÉVITER LE GEL		Please pay this amount	

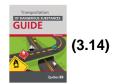




# 15. Based on the shipping document below, determine if it is necessary to affix the primary and secondary class placards (if applicable) on your trailer.

CFTR	ORIG. DEST	DATE A.Y MO. J.D.	№ FACTURE FRET FREIGHT BILL NO.	PAGE		
Centre de formation Jérôme 17 000, rue Mirabel, Quebec J7 Telephone: (450) 43	1B1		Montreal	2019/04/19	456212	1
SE	NDER - SHIPPER	CONSIGN	EE - CONSIGNE	E	BILL OF LADIN	G - B/L
Associés Transp Québec 8577, ru Montreal, Quebe H1P 1Y6	ıe Pascal-Gagnon	Les Acides Amin 2350, rue de la P Boucherville, Que J4B 0A6	rovince			
REÇU DE - RECEIV	ED FROM				UNIT # CARGO # COLLEC	
QUANT.	DESCRI	PTION		WEIGHT	DATE DATE	EXPEN SES
5 tote tanks (1000 litres)	5 tote tanks UN 1807 5575 kg 1000 PHOSPHORIC ANHYDRIDE,					
ADDITIONAL INFORMATION						
delivery without appointment from Monday to Thursday 24 h / day    KEEP FROM FREEZING EVITER LE GEL						

Answer:		
_		





## 16. Based on the shipping document below, determine if it is necessary to affix the primary and secondary class placards (if applicable) on your trailer.

CFTR	ORIG. DEST	DATE A.Y MO. J.D.	№ FACTURE FRET FREIGHT BILL NO.	PAGE		
Centre de formation Jérôme 17 000, rue A Mirabel, Quebec J7J Telephone: (450) 43	2019/04/19	468777	1			
SEI	NDER - SHIPPER	CONSIGN	EE - CONSIGNE	E	BILL OF LADIN	G - B/L
La Peinture des 2505 de la Métro Boucherville, Qu J4G 1E5		Les Déménageu 17 001, de la Côi Mirabel, Québec J7J 2B2	te-St-Pierre			
REÇU DE - RECEIVED FROM						
QUANT.	DESCRI	PTION		WEIGH T	RATE - RATE	EXPEN SES
1200 buckets	uckets UN 1263			21,875 kg		
					TAX	
ADDITIONAL INFOR	ADDITIONAL INFORMATION					

Answer:		
-		





17. Based on the shipping document below, determine (if applicable) whether if you need to affix the primary and subsidiary class placards to your semi-trailer.

17,000 Aubin Street Mirabel, Quebec J7J 1B1 Telephone: (450) 435-0167 Fax: (450) 435-0933 BILL OF LADING NOT NEGOTIABLE CONN. NO. BILL OF LADING NOT NEGOCIABLE B/LNo.

Expéditeur ou agent (nom & adres (name & address) AKZO-NOBEL	se)/Consignor or agent	2. No cpts expéditeur/Consignor's acct no 254-6987-001-4		3. Date: (YYYY-MM-DD) 2019/04 22		4. No ref. expéditeur/Consignor's ref. no. rz-36720-9
7. Consignee (name & address) Les Ateliers Mécaniques Beaulieu inc. LAMBI 555 Dollard Street			5. Name of carrier CFTR f		6. No ref. transporteur/Carrier's ref. no 536227-3	
Lasalle, Quebec H8N	3P2 			8. Received at the point of origin, on t in apparent good condition (the contents of and intended for such as	the date and from the shipper n the packages and their conditio	named herein the goods hereinafter described on being unknown) marked, countersigned
Party to be notified - Customs brok	er*/Notify party - Custom:	s broker*		if such point is on the route which the o another carrier authorized to do so and It is mutually agreed that each carrier of	carrier is authorized to serve, ot d at the rates and classification carrying said goods in whole an	d in part over the entire route or any portion
10. Point of origin / Point of origin  AKZO-NOBEL 274 St-Louis Street, Suite 6 Warwick, Quebec J0A 1M0 819 555 2121			thereof to destination and that any interested party to said shipment for any service to be effected hereunde be subject to all printed or written conditions not prohibited by law, including the conditions contained on the re side hereof which are accepted by the shipper for himself and his assigns. Received at the point of origin on the date specified, from the consignor mentioned herein, the property her described, in apparent good order, except as noted (contents and conditions of contents of package unknow marked, consigned and destined as indicated below, which the carrier agrees to carry and to deliver to the consignees at the said destinations, if on its own authorized route or otherwise to cause to be carried by an carrier on the route to said destination, subject to the rates and classification in effect on the date of shipme It is mutually agreed, as to each carrier of all or any of the goods over all or any portion of the route to destination, and as to each party of any time interested in all or any of the goods, that every service to be performed hereunder shall be subject to all conditions not prohibited by law, whether printed or written, including conditions on back here of, which are hereby agreed by the consignor and accept for himself and his assigns.			
11. Et route / Destination and				12. DECLARED VALUATION / VALEUR DÉC Maximum liability of \$4.41 per kilogram bass been declared on the face of the shipment b Maximum liability of \$4.41 per kilogram, dep declared a higher value on the front of the b	ed on the total weight of the shi by the shipper (Conditions 9 and pending on the total weight of the	d 10 on reverse). ne shipment, unless the shipper has
13. Marks and numbers* / Total no. of packages *	<b>14.</b> Total number of p Marks & number				7. Gross weight and cubage* / Total weight & cubage* / Poids brut et cubage	
**	Description of goods and speci Particulars of goods, marks an	·	<b>1.</b> Rat	e / Taux 22. Montant / Amount		23. FREIGHT CHARGES EXPENSES To be collected / □ Collect
jerry cans Ol cl: 2 <sup>2</sup> Ei	ass 5.2, GE II 1-hour number: 450	se Plan: EIP: 1234567			375 kg	Prepaid /  Prepaid    Fees will be collected unless contrary opinion /  Freight charges will be collected unless marked prepaid     24. If at the risk of the sender, indicate it here /  If at consignors risk, write or stamp here







2 barrels 205 litres UN 1866

RESIN IN SOLUTION,

class\_-3, GE I

24-hour number: 450 435-0167

525 kg

25. Cash on delivery / cash on delivery C.O.D. SHIPMENT Collection fees / Collection charges
To be collected / □
Collect
Prepaid / □
Prepaid





5 tanks tote tank (1000 Lts.)	ONE 1807, PHOSPHORIC ANH class 8, GE II 24-hour number: 450 Emergency Respons ERP phone number:	) 435-0167 se Plan (ERP): 7863229	5,575 kg  KEEP FROM FREEZING EVITER LE GEL	
26. Entente spéciale entre l'expéditeur Special agreement between consig				Montant / Amount C. \$ Collection fees / Collection charges O. \$ TOTAL D.
27. NOTICE OF CLAIM  a) The carrier shall not be liable for los notice specifying the origin of the good damage or delay is given to the origina in cases of non-delivery, within nine (9 b) Submission of the final claim along (9) months of the date of shipment.	28. On arrival* / Inbound \$ 29. Beyond* / Beyond*			
30. N.B. PLEASE NOTE THE CONDITION.B. NOTE CAREFULLY CONDITION	ONS ON THE REVERSE SIDE, WHICH ARE		months from the date of shipment together with a copy of the paid	31. other (specify)*/Others (specify)*
32.sender / Consignor Date* By /Per		33.carrier / Carrier Date* Par / Per	34.consignee / consignee date* Par / Per	35. Total expenses* /Total charges* (%)
You You <b>Certi</b>	ır employer has n i <b>ficate</b> . He tells yo	ment is to deliver a shipm ot yet made you do the couthat it is okay and that he	• •	
_				





19.	You have been working for the same Carrier for 4 years now. 4 years ago, you completed the training and received your <b>Training Certificate</b> concerning the Transport of Dangerous Goods.
	Is your Certificate still valid?
20.	You are driving a tractor-trailer (tanker) loaded with fuel and someone hits the side of the tractor-trailer. A valve breaks, the fuel begins to leak quickly, and you estimate that more than 200 litres will most likely be lost.
	Who should you notify immediately?
21.	You are driving towards your consignee with a load of large containers of dangerous goods requiring the affixing of placards on them as well as on the semi-trailer.  You approach a tunnel and see this sign.
	What do you do?





22. You are driving with a load of dangerous goods that requires placards to be affix. You see this sign.



What do you do?

23. You are camping and have 4 bottles of propane in your RV. You know you won't have to go through a tunnel.

Are you subject to the Transport of Dangerous Goods regulations?

24. You must leave with a tractor semi-trailer hitched to a double train tanker. Both tanks are loaded with dangerous goods that are corrosive.

According to the specific safety standards and rules related to the Transport of Dangerous Goods, do you have the right to use this equipment for this transport?

25. You must leave for the United States with a load of dangerous goods.



You want to know if there is a special requirement for the truck driver in order to be able to do this trip.

Is there a specific requirement?





26. Before you leave for the first time with a load of dangerous goods, you wonder if the same information that you should be aware of concerning safety and security.	Ü
be some information that you should be aware of concerning <b>safety and security during transport.</b>	measures

On which page of the guide do you find this information?

27. Among the **suggestions aimed at enhancing security**, there are means of communication to be put in place.

How many suggestions are there in this section of your guide?

Constant vigilance remains the best way to counter any deliberate act or potential terrorist attack.

This training on the Transport of Dangerous Substances is intended to provide an overview of the regulations.

Remember that you must follow a **comprehensive training** which will be given by **your employer** and that he will be the issuer of your **Training Certificate** for the Transport of Dangerous Substances.







### **Competency 3**

Regulatory differences between Quebec, other Canadian provinces and territories, the United States and Mexico

#### **Lesson Objective:**

 Resolve enforcement issues related to regulations in other provinces and the United States

Thousands of trucks criss-cross North America, and the territory of a single transport company can be several thousand kilometres long. This vast world requires several regulations to govern all these heavy vehicle movements carrying all the foodstuffs, raw materials and manufactured products necessary for the proper functioning of our economy.

Carriers are required to comply with the various laws of the jurisdictions they pass through, no matter which regulation. The company is required to check for differences between each province or territory in Canada and for differences in the United States and Mexico to comply.

In the previous lessons of competency 3, various transportation regulations applicable in Quebec were explored: including the requirements on circle checks, cargo securing, driving hours and rest periods, load and dimension standards and the transportation of dangerous goods. When a company transports to other jurisdictions in Canada, the United States or Mexico, it must ensure that it complies with the equivalent versions of these regulations in each of these jurisdictions.

Who are the governmental authorities in transportation in North America? Contrôle routier Québec (CRQ) is a law enforcement agency attached to the SAAQ. Its mandate is to monitor and control the road transportation of persons and goods by road in Quebec.

Its mission is to enforce the laws and regulations governing the transportation industry and any other law enacted by the government, to improve the safety of road users and to ensure the protection of the road network. It is responsible for enforcing transportation regulations in Quebec. Of course, similar or equivalent organizations exist in every province and territory across Canada.





In the United States, the Federal Motor Carrier Safety Administration (FMCSA) is the primary federal government agency responsible for regulating and overseeing commercial vehicle safety. FMCSA's mission is to reduce accidents, injuries and fatalities involving trucks and buses.

FMCSA was created as a separate administration within the U.S. Department of Transportation (US DOT). FMCSA partners with industry and state governments to keep roads safe and to improve commercial vehicle safety through regulation, education, enforcement, research and technology. The FMCSA and the DOT are, respectively, the equivalent of Contrôle routier Québec and the SAAQ in Quebec.

In Mexico, the federal government's transportation authorities, under the Dirección General de Autotransporte Federal (DGAF), work to implement regulations to manage the transportation industry, improve the safety of road users and ensure the protection of the road network.

The Mexican limits for weight and dimensions of commercial vehicles are defined in the NOM-012-SCT-2 standard, which applies to vehicles on federal highways in Mexico. The latest revisions to this standard in 2014 became effective in January 2015. In August 2018, Mexican authorities instituted the first-ever regulation on hours of service and rest.

According to the OECD, Mexico has one of the worst road safety records among OECD member countries in terms of the numbers of people killed and seriously injured per capita and per vehicle. A lack of resources to enforce regulations and inadequate coordination among agencies are common features in Mexico.

The Organisation for Economic Co-operation and Development (OECD) is an international organization whose objective is to promote public policies that foster prosperity, equal opportunities and well-being for all. Nearly 40 countries are members of the OECD, including Canada, the United States and Mexico.





## Other organizations or agencies are important players in road transportation standards and regulations.

The Canadian Council of Motor Transport Administrators (CCMTA) is an organization responsible for the coordination of all aspects of the administration, regulation and control of motor vehicle transportation and highway safety in Canada. Its members include representatives of the federal, provincial and territorial governments.

CCMTA values reciprocity and harmonization of standards and regulations for the benefit of drivers and vehicles and, as such, maintains and supports enforcement of Canada's safety code. **The National Safety Code (NSC)** consists of several standards to promote road safety and the safe and efficient movement of passengers and goods in Canada. The code establishes minimum safety standards for road transport of passengers and goods. It provides a legislative, regulatory and administrative framework with three components: drivers, vehicles and carriers.

The National Safety Code (NSC) includes, among others, the following standards.

- Standard 9 Commercial Vehicle Drivers Hours of Service
- Standard 10 Cargo Securement
- Standard 13 Trip Inspections
   Standard 16 Entry Level Training (Class 1)

These standards are the result of reciprocal agreements between Canadian provinces and territories and are applied nationally across the country.

The Commercial Vehicle Safety Alliance (CVSA) is a non-profit association of local, state, provincial, territorial and federal commercial vehicle safety officers and industry representatives. The Alliance aims to ensure consistency, compatibility and reciprocity in commercial vehicle inspections. Its mission is to improve commercial vehicle safety and consistency across Canada, Mexico and the United States by providing guidance and education to law enforcement, industry and policy makers.





### What organizations or agencies are responsible for enforcing the regulations?

As previously mentioned, carriers are required to comply with the various laws of the Canadian, U.S. and Mexican jurisdictions. Reciprocal agreements have been developed to facilitate the work of Canadian and U.S. carriers operating on both sides of the Canada-U.S. border.

The same types of agreements also exist to simplify the transfer of goods between the United States and Mexico. Although so-called "North American" agreements exist, Canadian carriers do not travel to Mexico to make deliveries, and Mexican carriers do not come to Canada to transport. Some "North American" agreements exist to standardize certain standards for commercial vehicle transportation. For example, the CVSA aims for uniformity, compatibility and reciprocity of vehicle mechanical inspections across Canada, Mexico and the United States. The goal is to improve the safety and consistency of heavy commercial vehicles across North America.

Below is a chart representing some of the national and international reciprocal arrangements.

	National or international reciprocal agreements					
	National	International	International	Organizations affected by standards, regulations or		
	Canada	Can/USA	Can/USA/Mex	reciprocal agreements		
Circle Check	Yes	Yes	Yes	CRQ, CCATM, CVSA, FMCSA, DGAF		
Cargo Securement	Yes	Yes	Yes	CRQ, CCATM, FMCSA, DGAF		
Hours of service and Rest Time	Yes	No	No	CRQ, CCATM, FMCSA, DGAF		
Vehicle Load and Size Limits	Yes	No	No	CRQ, CCATM, FMCSA, DGAF		
Transportation of Dangerous Goods	Yes	Yes	Yes	CRQ, FMCSA, DGAF		

(CRQ) Quebec Road Control

(FMCSA) Federal Motor Carrier Safety Administration

(DGAF) Dirección General de Autotransporte Federal

(CCMTA) Canadian Council of Motor Transport Administrators

(CVSA) Commercial Vehicle Safety Alliance





### With all this information, how do you find your way around?

Here are the sources of information to consult and the regulations that you must apply depending on where you wish to drive your commercial vehicle (semi-trailer truck) in Quebec, elsewhere in Canada or in the United States.

Regulations	In Quebec	Elsewhere in Canada	In the United States
Circle Check	Circle check guide CVL Guide Source SAAQ or MTQ	Standard 13 Source CCMTA	FMCSR Part 396 Source: FMCSA
Cargo Securement	Cargo Stowage Guide CVL Guide Source SAAQ or MTQ	Standard 10 Source CCMTA	FMCSR Article 393 Source: FMCSA
Hours of service and Rest Time	Driving and Off-Duty Time for Heavy Vehicle Drivers and Driving a Heavy Vehicle Source SAAQ or MTQ	Standard 9 Source CCMTA	FMCSR Article 395 Source: FMCSA
Vehicle Load and Size Limits	Road Vehicle Load and Size Limits Guide Source SAAQ or MTQ	Memorandum of Understanding (MOU) Source Council of Ministers Responsible for Transportation	Source: Each state's website1
Transportation of Dangerous Goods	Hazardous Materials Guide Source Canadian Trucking Alliance	Hazardous Materials Guide Source Canadian Trucking Alliance	FMCSR section 397 49 CFR 105 to 199 Source: FMCSA

The sources of information are official sources to obtain details of regulations or laws to be enforced or complied with.

1- Loads and dimensions standards may differ from state to state, please refer to each state's website (e.g.: weights and dimensions Wyoming)





## Regulation of Loads and Dimensions of Heavy Vehicles Used in Interprovincial or Territorial Transportation - Memorandum of Understanding (MOU)

The regulations with which a professional trucker must comply when crossing Canadian provinces or passing through customs to enter the United States include the regulation of loads and dimensions of commercial vehicles. Even today, this is probably the regulation with the most differences. The complexity of this regulation is caused by the particularities and needs of each territory.

#### Carriers have two distinct realities:

- Designing equipment for their reality.
- ❖ Allow this equipment to be used in interprovincial transport.

In February 1988, the (then) Council of Ministers Responsible for Transportation and Highway Safety endorsed a **Memorandum of Understanding** (MOU) to improve the consistency of provincial and territorial regulations governing the weights and dimensions of commercial vehicles used in interprovincial and territorial transportation on the national highway system.

Since then, the MOU has been amended several times. The objective was to adapt to the different transportation needs of the provinces and to include the new equipment configurations being modernized over the years.

Although reciprocity agreements have been developed to standardize load and dimension regulations among provinces and territories in Canada, it is important to note that there are differences in the application of these regulations between the provinces in which carriers may operate.

For example, the maximum allowable tandem axle load (B.21) in Quebec in normal times is 18,000 kg, compared to a maximum limit of 17,000 kg in some western Canadian provinces, such as British Columbia and Alberta. As another example, this type of axle is limited in Saskatchewan to 17,000 kg over the course of the year and increased to 18,000 kg in the winter period only.

In the same example, to standardize this regulation, the MOU sets a 17,000 kg limit for this type of axle so that carriers from Quebec, Ontario or the Atlantic Provinces can proceed to Western Canada in full compliance. In addition, it should be remembered that load limits are reduced during thaw periods, so there are several factors to consider when planning a transport.





In the United States, the regulations for loads and dimensions of commercial vehicles are completely different from the standards that apply in Canada. On the one hand, there is no thaw period in the United States: the limits are the same throughout the year.

On the other hand, there is a certain standard regarding the configuration and load limits of semi-trailer trucks in the United States. Although there are states where multiple configurations and various loads are allowed, the standard configuration is a 5-axle tractor-trailer with a gross vehicle weight of 80,000 lbs. for most of the United States. This mass is approximately equivalent to the limit allowed in Quebec during the thaw period for the same equipment configuration.

To comply with U.S. size and load limits, carriers must consult U.S. regulations, especially since the allowable limits may vary from state to state. The U.S. Rand McNally Company publishes the Motor Carriers' Road Atlas each year. This Road Atlas contains all the necessary and up-to-date information regarding loads and dimensions allowed for each U.S. state. It is the reference book for the transportation industry. All standards listed in the Road Atlas are taken from individual state regulations as well as the Federal Motor Carrier Safety Association (FMCSA).

### Regulation of Hours of Drive and Rest: Differences between Canadian and American Standards

Like the commercial vehicle size and load limit regulations, the Canadian hours of driving and rest regulations (Standard 9) have several important differences from the rules that apply in the United States.

As previously mentioned, the **Canadian Council of Motor Transport Administrators (CCMTA)** values reciprocity and harmonization of standards and regulations that are applied in each province and territory in Canada. Canada's **National Safety Code (NSC)** is made up of several standards, including Standard 9, which refers to hours of service regulations for commercial vehicle drivers.

In the United States, the **Federal Motor Carrier Safety Administration (FMCSA)** is the primary federal government agency responsible for regulating driving and rest hours. **FMCSA** in addition to the **U.S. Department of Transportation (DOT)** and the **Code of Federal Regulations (CFR 49)** are the U.S. government entities mandated to enforce several regulations applicable to commercial vehicles, including driving and rest hours regulations.





The following table represents the major differences in applicable limits between the Canadian federal standard and the U.S. regulations regarding driving and resting hours.

Hours of service in Canada	Hours of service in the United States	
Consecutive hours of rest: 8 hours	Consecutive hours of rest: 10 hours	
Daily rest hours: 10 hours		
Driving hours: 13 hours	Driving hours: 11 hours	
Hours of service: 14 hours	Hours of service: 14 hours	
Elapsed time: 16 hours accumulated	Elapsed time: 14 hours accumulated	
	Driving break: 30 minutes before 8 a.m.	
Cycle 1: 70 hours / 7 consecutive days	60 hours / 7 consecutive days	
Cycle 2: 120 hours / 14 consecutive days	70 hours / 8 consecutive days	
Reset: 36 consecutive hours cycle 1	Reset: 34 consecutive hours	
Reset: 72 consecutive hours cycle 2		

Note that there may be some differences between provincial or territorial regulations. For example, in Alberta and Saskatchewan, the hours-of-service limit is 15 hours for these two provinces, compared to 14 hours for Quebec. The 16-hour elapsed time in Quebec (amplitude) is not applicable in these two provinces and there is no cycle to comply with. The mandatory 10-hour rest period (daily) in Quebec is also non-existent in these provinces. A trucker who transports extra-provincially must comply with federal regulations (Standard 9).

Some Canadian provinces have chosen to maintain the same regulation on hours of service and rest that was applied in Quebec before 2007. For these reasons, the National Safety Code sets out the minimum standards for federal hours of service and hours of rest regulations so that carriers can operate across the country in full compliance.

**In Mexico**, in 2018, Mexican authorities instituted the first-ever regulation on hours of service and rest. This seems to be largely modelled on the U.S. regulations. Several similarities can be observed between the two regulations, including the mandatory break period before reaching 8 consecutive hours of driving from the start of the work shift.





### Requirements for driving a heavy vehicle.

Requirements	In Quebec	Elsewhere in Canada	In the United States
Organizations	Société de l'assurance automobile du Québec (SAAQ)		FMCSR Article 391 Source: FMCSA
e.g., Physical conditions	The W condition written on a Class 1, 2, 3 or 4B driver's licence, does not prevent its holder from driving a vehicle across Canada.  Any disease or functional deficit must be declared in within 30 days of the change in health status.		The W condition is included on a driver's license if its holder suffers or has previously suffered from epilepsy, has a moderate or total hearing loss that cannot be corrected by a device, obtained one of the licence classes 1, 2, 3 or 4B by virtue of our discretionary power. He refused to submit to examinations medical frequency provided for in U.S. regulations. He did not undergo a required medical examination.

 Recover specific and deficient skill elements from the struggling student(s) encompassing the previous lessons.

This 180-minute (3-hour) period is designed to review the content of lessons 3.10 and 3.13 to prevent learning difficulties + other lesson plans (as needed).

- 3.10 Road Vehicle Load and Size Limits
- 3.13 Cargo Securement Guide
  - + the whole competency seen before.
- 3.1 Introduction
- 3.2 Information sources
- 3.3 Research method
- 3.4 Circle Check
- 3.5 Law 430
- 3.6 Insurance and accidents
- 3.7 Rights, health, and safety in the workplace
- 3.8 Driving and Off-Duty Time for Heavy Vehicle Drivers

Depending on the difficulties and/or needs associated with lessons 3.12 to 3.15, the instructor will provide you with the materials (quizzes, exercises, etc.) necessary to review the concepts of these lessons.





 Retrieve specific and deficient skill elements from the struggling student(s) encompassing the previous lessons.

The purpose of this 45-minute period is to complete the review of the contents of Lesson 3.12 to prevent learning difficulties + other lesson plans (if needed).

### 3.12 The bill of lading

- + the whole competency seen before, as needed.
- 3.13 Stowage standards
- 3.10 Road Vehicle Load and Size Limits
- 3.1 Introduction
- 3.2 Information sources
- 3.3 Research method
- 3.4 Circle Check
- 3.5 Law 430
- 3.6 Insurance and accidents
- 3.7 Rights, health and safety in the workplace
- 3.8 Driving and Off-Duty Time for Heavy Vehicle

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• Determine your level of competence in solving enforcement problems.

### **Evaluation**

Evaluation time: 2 hours

Notes allowed: Yes.

### Regulatory guides (on paper)

- Driver's Handbook
- Driving a Heavy Vehicle
- Road Vehicle Load and Size Limits
- Cargo Securement Guide
- Transportation of Dangerous Substances Guide
- Circle check guide (SRG)
- Driving and Off-Duty Time for Heavy Vehicle Drivers (SAAQ)

Calculator: Yes Cell phone: No

Passing grade: 80 points out of 100

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Review for exam retake.

**Lesson Objective:** 

• Determine your level of competence in solving enforcement problems.

Evaluation time: 2 hours Course

notes allowed: Yes.

### Paper regulatory guides

- Driver's Handbook
- Driving a Heavy Vehicle
- Road Vehicle Load and Size Limits
- Stowage standards Guide.
- Transportation of Dangerous Substances Guide
- Circle Check guide (SRG)
- Driving and Off-Duty Time for Heavy Vehicle Drivers (SAAQ)

Calculator: Yes Cell phone: No

Passing grade: 80 points out of 100

**(3.20)**