

Script 4

What Makes a Personal Story Inspiring?

Humans have been sharing personal stories since the dawn of time. We can presume that the first personal stories must have been very basic, dealing with the success or failure of hunting, for example.

Later, people started writing stories about the lives of mythical heroes and then about the lives of people who were at the basis of modern religions, which have inspired billions of people.

Today, new biographies take up a huge section in libraries, while personal “true stories” make ever more popular TV series and movies.

And with social media, anyone with a smart device can record their story and share it to try to inspire the world.

But what makes some personal stories more inspiring than others?

We are going to look at different stories in order to discover the essential ingredients that make them inspiring.